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TO ALL GAY AND BISEXUAL MEN WHO HAVE NOT TAKEN THE HIV ANTIBODY TEST:

THINK ABOUT IT.

Seriously Consider Voluntary, Anonymous Testing.

Times change.
Testing today has a different meaning than it did in the past. Take another look at antibody testing and the crucial difference it could make.

Earlier is better.
If you test positive, you have medical options today that weren’t available before. Close medical supervision is strongly recommended. Your doctor can evaluate your health with additional tests. One of these tests, the “T-helper cell count,” can give your doctor a good idea of how well your immune system is working.

If your T-helper cell count falls too low, you are at risk of developing Pneumocystis carinii pneumonia (PCP), the most common cause of death among people with AIDS. Preventative treatment can slow or prevent PCP.

Under a doctor’s care, AIDS-related symptoms or infections can be detected earlier. If you get treated earlier, you may be able to slow or prevent illness. You and your doctor can discuss AZT. Experimental drug trials are also available.

If you know whether you’re infected, these choices are open to you.

Fear can be overcome.
We have a strong community with health care and legal professionals who can help you work through your concerns about getting tested. Your friends and the community will support you.

Testing is a start.
The HIV antibody test only shows whether you’re infected with the HIV. But studies show that you are more likely to become sick the longer that you are infected. Think about the test. You can start now to gather information and make a well-informed decision that’s best for you.

For more information (in Spanish or English), call the San Francisco AIDS Foundation Hotline:

In San Francisco 863-AIDS
In Northern California 800-FOR-AIDS
TDD (for hearing impaired only) 864-6606
Monday – Friday, 9 a.m. – 9 p.m.
Saturday – Sunday, 11 a.m. – 5 p.m.

For Asian language/community information:
Asian AIDS Project – 929-1304
PUNISHMENT PRACTICES AT METHADONE CLINIC STOPPED

by Dennis Conkin

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A controversial behavior modification program at Westside Methadone Clinic that punishes clients who fail to mandate AIDS education classes was discontinued the day after a Sentinel report on the practice.

Eleanor Jacobs, executive director of the agency operating the clinic announced on April 21 that the punishment program will end immediately.

"It's over now," is continuing to conduct an investigation into how the Health Department has ordered a treatment clinic's penalty practices. The programs withhold methadone from heroin and opiate addict clients for a variety of disciplinary reasons.

The programs were the first major shift in public health regulations regarding the methadone treatment of opiate and substine addicts. is San Francisco in over two decades. Jacobs, who heads the program of executive director of the agency that operates Westside Methadone Clinic, a month ago, calls her action "part of a reevaluation" occurring within Westside

Community Mental Health Services, Inc.

"Westside has gone through a lot of turmoil. This is a part of new effort to resolve that turmoil and get us on the business that we are here for. The goal is to provide high quality methadone for the benefit of sensitively delivered services," Jacobs said.

Health Department director David Werdegard says that the practice of withholding medication from patients meeting certain city-funded clinic criteria for disciplinary reasons is "absolutely unacceptable.

"It is yet to learn to this was a practice. As a family physi- clin the practice is forgivable to me. I understand that the practice is common in methadone programs. I regard it as an unacceptable approach. It's very much in a position," Werdegard said.

According to Werdegard, AIDS education must by mandatory. "It should do all things to encourage AIDS education. Some may just not want it. That's still their privilege. Then, I learned that for other disciplinary reasons that methadone doses are adjusted. This is absolutely unacceptable.

While the practice may be unacceptable to Werdegard, it is a common practice in all methadone clinics for infractions or serious violations of clinic rules ranging from tardiness to drug use.

"D.J.," another heroin addict who is receiving treatment at San Francisco General Hospital's Methadone Maintenance Clinic used to "shoo" 200 worth of heroin a day. In the process, he contracted HIV infection from the shared use of AIDS infected needles. He was diagnosed with ARC in 1985. Severely ill, he could not change his daily routine, but was not able to change his daily routine.

Community Substance Abuse Services Inc., which operates the clinic, has a policy to remove from treatment any addict with a new AIDS diagnosis.

The agency was rocked several years ago by a series of reports regarding the practice of a controversial methadone clinic in the Tenderloin.

Health Commissioner Naomi Gray expressed the view that the AIDS education classes were mandato- ry. As a Commissioner, Gray must approve new programs forwarded to the Health Department by Community Substance Services.

"I want to look at the contracts that say they have to do that. I don't sup- port that. I think that we cannot have this type of situation pre- vailing," she said.

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Punishment Protocol

To the Editor:

I have, with consuming interest, the cover story of April 20, by Dennis Conkin, and found the veracity the story holds to be astonishing. I am one of the many HIV positive patients receiving methadone at the Behavioral Clinic and can vouch firsthand for the myriad of abuses and subterfuges employed on a daily basis. While federal and state funding ensures the continued operation of drug abuse clinics, falsification of records and statistics about the program, the so-called “money-grab” that such funding elicits.

The hassles and wholesale abuses by staff towards the very clients these funds are designed to assist, create an atmosphere of distrust and dissent, not unlike the netherworld of heroin addiction itself. It is apparent that the operational system turn a blind eye to the completely inappropriate and inpatient "modification" that prevail at most publicly funded clinics. To withhold the truth about programs so that an addict's desire and quest for illicit substances is tantamount to condoning the use of such drugs, renewing the vicious cycle of addition that methadone is designed to shut.

While debates have raged for years concerning the feasibility of maintaining an addict on drugs at all, it is quite clear that methadone therapy must be carried along with appropriate counseling, can and does provide a positive alterative for many addicted technique that conjure up images of the cart and stick is prepotent and purely self-defining in view of the negative effects such products produce. Particularly in HIV infected addicts are then those who are chosen to receive and (needles) to supplement the therapy being given. This practice, and others like it, must be eliminated.

Inadequate methadone maintenance could form the very cornerstone of stability in the lives of many addicts which they so desperately seek for their distracted lives. Current practices are not all conducive to this notion. They tend to lend toward adversing institutions which create additional need and needles which in many of the clients they purportedly serve.

Dennis O'Leary

Bean Commended

To the Editor:

Congratulations on printing something that really poisons to the heart and core of the truth regarding the "AIDS" phenomenon: the article Co-Products and "The Sufferer of AIDS" by Joseph W. Bean in your April 13 issue.

Since appearance last August of recoveries Wil Garcia and George Melton and Project Survival (covered by the "Big Beautiful Women") we have more truth about the "AIDS" scenario has been emerging. In the article written and in dealing with recoveries personally, the following points seem to be the distillate of the truth:
1) HIV is not the cause of AIDS.
2) Race is not a co-factor and not even a major co-factor
3) Immune disorders have been in existence since ancient times, mental immorality, and AIDS is nothing new.
4) AIDS is a vast hoax, oppor-
Deukmejian, obviously presumed several weeks ago to indicate support of the bill in the aftermath of the Stockton school shooting, really deep down does not want to go against the powerful NRA. His hope, it is now apparent, is to force changes in the bill so that it has to go back to the Assembly. If he goes back to the bill in the Assembly, it may likely be defeated, given the fact that it has barely passed the first time around. Thus, the governor is off the hook. We won't even receive a bill to which he will have to say yes or no. We just can't afford to let that happen. The gay community needs to get out front on this issue of life and death. Write your state senator; write your representatives in the Assembly; even write to Senators Wilson and Cranston and your members of Congress because despite the fact of California's assault gun ban, the subject most definitely is going to become a national debate in Washington in the near future, probably this summer. And then, again, is another reason why California's legislative action is so important now. If California bans the sale and possession of assault guns, in the face of the NRA and a Governor who naturally would be inclined to side with the NRA, it will go a long way in Congress to an immovable boost. Write your representative now. We need to get behind this and try to keep Deukmejian from getting off the hook so easily.

**POINT OF VIEW**

**GAY BASHING**

by John Caldwell and Andy Ives

Every day, another person is a victim of a hate crime. Stunts are shouted from a passing car in a chorus of drunken voices, followed by a heaving body. Or worse, the scene unfolds in a dark alley, a baseball bat connecting with the face of the victim. For gay men and lesbians in America, violence is a common experience, and San Francisco is no exception. In 1987, the last year for which complete statewide statistics are available, 258 assaults on gay men and lesbians were reported to Community United Against Violence, a group responding specifically to this problem. The real numbers are surely higher, however. Randy Schell of the Victim Services Advisory Committee of the Department of Public Health estimates that there is at least one victim of anti-gay violence in this city, every day.

Hate crimes invariably originate in stereotypes concerning the victim. It's especially distressing to see such stereotypes perpetuated by the media. On March 27, the Chronicle ran a feature on Bay Area residents' perceptions of San Francisco. A poll solicited responses to descriptions such as "cultural center," and "gay paradise." "Gay," "gay," "gay," was the response, "too many gays." Imagine the outcry if a poll asked whether there are too many Asians, blacks, Jews. Such a question would strike an emotional blow in any community, and the adverse response formulated by the media is not diminished by our general perception of media deformation.

Talk show host Morton Downey once called for a change in the constitution to "get rid of sick perverts like you." KSD's ex-DJ, Perry Stone, regularly ridiculed gay men and lesbians, in public and on the airwaves, with comments like: "he was a homo...he deserved to die." Comedian Danno Weyan, on an HBO program, parodied a gay man enjoying being beaten in a homophobic attack.

Fundamental to discriminatory attitudes against gay men and lesbians is the continuing misconception that certain sexual orientation is a matter of choice. Planting intolerant notions, and tolerating violent repression, results in a mentality that believes he does not have a place in America today.

It is not only the scientific understanding of homosexuality that has evolved, but the gay and lesbian community as well. The new depth of our familial relationships, by blood or choice, the breadth of our business and social interests, the unparalleled suffering of our community due to AIDS, the belatedly recognized plight of gay youth, all these factors would find a place in the hearts and minds of the public.

San Francisco faces enough serious challenges. No one is served when its media fans the flames of intolerance and invent problems where there are none. We hope that through realistic portrayal of our lives, and the absence of the media's hair-splitting, the semenad protest, discrimination, and violence will be suppressed. We want to help.

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AIDS and STD-prevention education, because the statistics really indicate that the patterns reflected in the number of teen pregnancies and the rates of sexually-transmitted diseases among teen-agers and the increasing number of AIDS cases being diagnosed for people in their twenties indicate that a lot of adolescents are contracting AIDS in their teen years and are at risk for being exposed to the disease based on their sexual activity, much of which is going on prematurely — without condoms," Spokane says.

In California, sex and health education usually falls to a nine-week course called “Family Life.” That is an equiv­ alent in mandatory at the elementary school level and encouraged at the middle school and high school levels. Ac­ cording to Spokane, a vast variety of is­ sues must be covered in such curricula, and AIDS is only one of dozens of issues.

In 1988, two bills on AIDS education were passed by the same senate. Senator Gary K. Hart's SB-2840 called for mandatory AIDS education for grades 7-12. That bill was vetoed by Governor Deukmejian. SB-2394, authored by Senator Newton Russell, often referred to as “The Abstinence Bill”, is a model of inadequacy and safe legislation that went into effect on July 1.

Under SB-2394 all public schools, elementary through high school, that teach Family Life are required to ensure that abortionis the only one hundred percent sure way to avoid AIDS, STDs, teen until they’re eighteen or older and/or married are poorly sexually educated. These facts are a constant source of frustration for many educa­ tors, administrators, and social services personnel.

Michael Spokane says that San Fran­ cisco and other school districts that have gone further than required are see­ ing some results, but worry about child­ ren in other school districts getting less. "[In San Francisco, classroom] activi­ ties are taught in the context of really encouraging [students] to avoid from sexual activity and that’s it really okay not to be sexually active, but at the same time to recognize that there are a lot of teenagers out there having sex. But if they are choosing to be sexually active, or if it is some point further down the road they choose to be sexually ac­ tive, we have not really seen edu­ cation that equips them to make re­ sponsible, healthy decisions that protect them from all sexually-transmitted dis­ eases, including AIDS."

Kindergarten and STDs

Spokane points to countries whose deve­ lopment and culture are similar to those of the U.S. to indicate that ex­ plicit sex education as early as elemen­ tary school can reduce the rates of STDs and pregnancies among teenagers rather than increase them as many parents and conservatives fear. The U.S., he says, has the highest rate of teen pregnancy per capita of any coun­ try in the developed world, and Swed­ en, with its extensive sex education at elementary levels, has one of the world’s lowest rates for these problems.

It is, of course, the fear of making things worse that is the barrier to more effective AIDS education efforts. Ear­ lier this year the Palo Alto school dis­ trict made headlines when kindergarten teachers protested a mandatory AIDS education unit for their curriculum. Teachers said they felt fine with reassuring kids about all the ways they couldn’t get HIV, but worried that certain they or the parents would be comfortable answering the inevitable question: "Wid, how come you get it then?"

The fear can be much greater than merely at what age to bring up AIDS and other sexually-transmitted dis­ eases. Spokane recalls, "I was at a na­ tional teacher’s training where a teacher from Georgia said they got pressure from church groups not to use the word AIDS in the classroom. So, laws have been proposed everywhere from the State of California to throughout the South to ban sex education from schools."

San Francisco began incorporating AIDS education into its high school family life classes in early 1986, amidst persistent recommendations that the school extend the classes to include junior and senior high school students.

Activists acceded the school of foot­ dragging. "Would an AIDS education program in the public schools begun in 1982 have saved the lives of a significant number of young people who may now be HIV positive?" asked Pat Norman in 1986. Norman was then the city’s coordinator of lesbian/gay Health Services.

Tom Ammann, a gay activist, active in the AIDS Education Project for Youth, says San Francisco has taken some positive steps, but the rub is the resistance to AIDS educa­ tion in the District from some principals and administrators.

"AIDS Education needs to be a priority, we’re lacking — we need more. There’s a lot of institu­ tional homophobia. It’s a life and death issue."
Athough San Francisco's supervisorial race is still more than a year and a half away, three gay candidates are working behind the scenes to line up financial and political support. Roberta Achtenberg, Todd Dickinson and Carole Migden are all considering a run for the five seats up for re-election in 1990. Currently, the five seats are held by Nancy Walker, Bill Maher, Wendy Nelder, Doris Ward and Richard Hongisto.

Hongisto is considering a run for supervisor, and if he wins that race next June, Mayor Agnos would be able to appoint his successor. That potential appointee would then have to run in November if he/she wanted a full term. Rumors are floating around city hall that Nancy Walker may not run for re-election, which would leave any gay candidate an increased chance of winning. Both Walker and Hongisto have enjoyed solid support from their constituents.

Migden, Dickinson and Achtenberg are all well qualified candidates who have extensive political experience both in and out of the gay community. None have announced, but all three told the Sentinel they were considering the race.

"I don't think it will happen," said political consultant Dick Paich. Paich believes none of the three will win if they all run, such a move would be "self-defeating and stupid,"

Political analyst Dave Binder believes all three possibilities are pledging to the proliferation of gay candidates. "It's not purely name recognition, it's positive name recognition." Binder claims support from small business, Democratic clubs and the political community in general. "I have the ability to reach out to other constituencies. ... I appeal across a wide spectrum," said Dickinson. She has ties to downtown interests and the slow-growth movement, and considers himself a pro-business person.

Roberta Achtenberg's political star rose when she did surprisingly well in her race against John Burton. Even though Burton had legendary name recognition, newcomer Achtenberg shocked observers when she garnered 38% of the vote. She was able to raise $300,000 — an incredible feat for a first try at elective office. Her campaign energized the lesbian community, and in the runoff she captured a third of the vote without campaigning. Achtenberg remains one of the most popular gay leaders in the country, and her name recognition was boosted considerably by her campaign, even though she was largely ignored by the straight press.

Achtenberg's drawback is a substantial political base on which to run. As an aide to supervisor Harry Britt, past political base on which to run. As an aide to supervisor Harry Britt, past political experience both in and out of the gay community. None have announced, but all three told the Sentinel they were considering the race.

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PARTNERS CROSSING THE COLOR BARRIER

by Kris Ballou

Gay and interracial: Guess Who’s Coming to Dinner?

Evelyn White and Catherine Lyons met at a picnic organized by a mutual friend; they have been lovers for a year and a half. John Teamer and Michael Foo met at the Phoenix Bar in the Castro; they have been lovers for almost seven years. Typical couples? Hardly. The partners have crossed the color barrier and become involved with someone of a different race. White is a black woman; Lyons is white. Teamer is a black man; Foo is Chinese.

White believes it may never dawn on some people that she and Lyons are a couple. "The concept of interracial immunity is so beyond them that they just wouldn't ever get it. They think that we're business partners or whatever," she said. "It's hard enough for them to think of us as potential lovers." Although no statistics are available on the number of gay interracial couples, they undoubtedly are a minority among a minority.

Another aspect of racism can be an enriching experience. Each partner can gain a deeper understanding of another's culture. But because we live in a racial society, these couples also encounter unique challenges.

Special Rewards

In an honest and mature mixed relationship, the couple can break down racist stereotypes. "By being involved with a white person, I get to see that people are individuals," White said. "Sure, that's not to deny the history of black and white relationships in this country. But it's just like I don't want all white people to look at me and think that because a black man robbed them, I kind of am a criminal." Both Teamer and Foo have enhanced their awareness of each other's ethnic heritage. As an anti-racist activist, Teamer is "always talking about other people's racism." His relationship with Foo has "opened me up to accepting some of the faults they see in me, and I'm getting over seeing people as a black or a group." Teamer added, "Our relationship helps me to feel comfortable talking about blacks, and I have a lot of black friends now."

Growing up in North Carolina, Teamer saw few Asians. He first became acquainted with Asian culture during his stint as a Peace Corps worker in the Philippines. But he had never envisioned himself as having an Asian lover. "It was sort of surprising when we met and I found I was attracted to him," Teamer said. "It has been a real growing experience."

Similarly, as a youth in Hawaii, Foo knew only a handful of black people. The biggest hurdle he has overcome is his fear of being seen with a black man. He was afraid white women would reject him and think, "If you're black, you must not like white men," Foo said.

Besides demystifying differences, an interracial relationship offers "an opportunity to see the differences," White explained. "All of the mysticism just kind of leaves you. You find a real deal ... you find out a lot of stuff because you can't hide." Lyons, who has never had a non-white lover before she met White, has learned that her partner has "a lot of different fears that I never thought about before ... a lot of fear of being outed, in the woods," she said. "That would never have occurred to me that I would be afraid to go out in the woods because it wasn't safe for me because I was an African American."

When she is a crowd, Lyons does not stop and feel uncomfortable because of her skin color. "That's something about Evelyn I've learned to respect and acknowledge and not pretend it isn't happening," Lyons said. She has not tried to make Evelyn "not black."

Neither Teamer nor Foo has experienced difficulties maintaining their cultural identities. Because Foo is of mixed ancestry, he "could almost pass for a white man." When he was younger, he acknowledged wanting to be "less Asian." Since he and Teamer have become lovers, Foo has grown in closer touch with his own culture. "I don't run away from it anymore," he said.

Catherine Lyons and Evelyn White

Unlike Teamer and Foo, some minorities have difficulty maintaining their cultural identities in a mixed relationship. Because our society sends a message to people of color that they are not good enough, White explained, individuals who "just don't know what they are ... are highly likely to say, 'I'm just going to be somebody else.'"

The partners have crossed the color barrier and become involved with someone of a different race. White is a black woman; Lyons is white. Teamer is a black man; Foo is Chinese.

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Besides demystifying differences, an interracial relationship offers "an opportunity to see the differences," White explained. "All of the mysticism just kind of leaves you. You find a real deal ... you find out a lot of stuff because you can't hide." Lyons, who has never had a non-white lover before she met White, has learned that her partner has "a lot of different fears that I never thought about before ... a lot of fear of being outed, in the woods," she said. "That would never have occurred to me that I would be afraid to go out in the woods because it wasn't safe for me because I was an African American."

When she is a crowd, Lyons does not stop and feel uncomfortable because of her skin color. "That's something about Evelyn I've learned to respect and acknowledge and not pretend it isn't happening," Lyons said. She has not tried to make Evelyn "not black."

Neither Teamer nor Foo has experienced difficulties maintaining their cultural identities. Because Foo is of mixed ancestry, he "could almost pass for a white man." When he was younger, he acknowledged wanting to be "less Asian." Since he and Teamer have become lovers, Foo has grown in closer touch with his own culture. "I don't run away from it anymore," he said.
All gay and bisexual men should consider taking the AIDS antibody test. The San Francisco AIDS Foundation is now urging.

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The San Francisco AIDS Foundation urges federal and state legislators to enact legislation prohibiting discrimination against persons who are seropositive or are presumed to be seropositive for HIV.

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AIDS INSURANCE
BENEFITS MADE EASIER
by Christopher Alexander

As an agency that provides direct social services to men and women with AIDS and ARC, the San Francisco AIDS Foundation has worked with people with various financial and insurance situations from the onset of the AIDS epidemic. Contacted by one hundred and fifty to two hundred new clients each month, the client services department provides a wide range of services: housing, a food bank, information and referral, advocacy, long and short-term case management; groups for women, Spanish-speaking persons, and heterosexual/bisexual men with HIV; and a discount card good at various merchants in the City. The AIDS Foundation also publishes AIDS & ARC: A Resource Manual. The majority of clients, however, contact the Foundation for help with financial and insurance situations.

The AIDS Foundation strongly encourages persons with AIDS or ARC to come in for a review of their benefits before they leave work because of disability.

In providing these services for the AIDS/ARC community, it also has become clear that people at risk for developing HIV disease (i.e., people who have tested HIV positive) can take steps prior to actually being diagnosed to maximize their disability income and insurance coverage. While not all of the options discussed below will permit every reader, they will serve as a guide to assess an individual situation and identify action that can be taken now.

Social Security Disability Insurance

Social Security Disability Insurance is probably the disability benefit program most familiar to people. It also generates most of the calls and questions the Foundation receives in Client Services. Like most government programs it has many complexities, but only the basics will be outlined here.

Social Security Disability Insurance (SSA, SSDI, FICA) is a "pay-in" program — you must have a history of having paid into SSDI in order to get any money out of it. People usually pay into SSDI through an employer, and self-employed people also have the option to pay into SSDI. A quick look at one's pay-stub will indicate if the employer is paying into SSDI. In order to receive benefits, SSDI also requires that an applicant must have paid into SSDI for approximately five of the last ten years of their work history. (The first five years, then, can be cumulative, bridging breaks in employment, or periods of not having paid into SSDI; if you paid into SSDI more than ten years ago and haven't since, though, you may be ineligible for benefits.)

Having determined the "pay-in" eligibility, an applicant must also meet SSDI's definition of "disabled" (or the person must be at least sixty-five years of age to be eligible). Someone who has been diagnosed with AIDS as defined by the Centers for Disease Control (KS, PCP, AIDS dementia, Kaposi's sarcoma, etc.) is generally considered to be disabled, and is eligible to receive benefits as long as they're no longer working (thus, receiving taxable income). An ARC diagnosis, however, sometimes fails to meet the "disabled" definition. In reviewing a PWARC application, Social Security will look for the specifics of the applicant's diagnosis and health that would prevent that person from working for at least twelve months. If Social Security feels that the applicant will be unable to do even the simplest of tasks (e.g., typing and filing) they will usually approve the application. To improve the odds of having a fair and comprehensive evaluation done by SSA, therefore, the AIDS Foundation has a program to assist persons with ARC in filling out Social Security applications.

Once approved for Social Security Disability benefits, a person can receive upwards of $1,100 a month, although benefits average around $630 a month. Medicare coverage twenty-nine months after the date of disability. Persons interested in learning more about Medicare can consult with the Social Security Administration or the AIDS Foundation.

In summary, it is important to remember that Social Security Disability benefits are available only if the applicant has paid into the SSDI program as outlined above. If you are self-employed double-check to see if you are currently paying into SSDI; and if not you may want to start doing so. Others are encouraged to review their pay-stubs and/or to check with their employers regarding their own situation. SSDI eligibility is independent of the applicant's assets.

Supplemental Security Income

The Social Security Administration also has a program called Supplemental Security Income (SSI), which currently provides approximately $428 a month, depending upon a person's living situation. SSI is a needs-based program, rather than a pay-in program. While an applicant needn't have paid into Social Security or any other fund, they do need to meet income and asset requirements; disability for instance, include marital status and situation, living rent-free, living in a place that doesn't have a kitchen, having succs or bonds, etc. Currently, one's liquid assets must be under $2000 in order to qualify for SSI benefits. SSI is typically available to the applicant much sooner than SSDI benefits, if he or she is eligible, and the benefits are retroactive to date of application. A brochure explaining SSI in depth is available from the Social Security Administration.

State Disability Insurance:

State Disability Insurance (SDI) is similar to SSDI in that it is also a pay-in program. SDI is also paid into through one's employer, and self-employed people must elect to pay into SSI. Unlike SSDI, SDI benefits are available within two weeks after applying and will

Continued on page 14
DOwNey: CONvERsion OR Con?

by Dean Kinley

I was just too much for one day. Shock television personality Morton Downey Jr., face-to-face with a skeptical press in the middle of San Francisco Bay on April 23; a bomb threat blacked out 35 minutes of his "reformed" show on KOYF TV; and several things, who boarded the yacht with great skepticism and mistook him at an SFO airport, best him, tried to shave his head and painted swastikas on his face, pants and shirt.

The gay community, targets of Downey's homophobia for years, it, for the most part, looking at Monday's bizarre events as a media circus. The others, especially those from the mainstream media who joined Jim Gubben of KOYF on his yacht Monday night to observe first-hand Downey's conversion which, incidentally, the controversial TV personality refuses to call a conversion. He broke away from Sausalito feeling pretty good about the guy.

The obvious question: Just what's going on? The answer for many lesbians and gays who found out about all these bizarre events on Tuesday morning. Who cares?

Pure Media Event

Monday was to have been a media event, pure and simple. No one made any bones about it. Even Mother Nature played her part, halting a late afternoon downpour to create a backdrop for the Bay Area just before Gubben's yacht Defiance, filled with reporters ready to jump down on Downey's every word, set sail from Sausalito.

But it worked more the way that Downey obviously planned it. He talked about his gay brother Donald, who he says has AIDS. He talked of being molested by his family doctor when he was seven and that was the beginning of his hatred. He went to people to at least accept gays, even if they don't believe the story about Donald Downey.

Trash TV's terror talker Morton Downey Jr.

The prelude to his return to San Francisco television at 11 p.m. Monday on KOYF (Channel 20) — his show was banned from the KRON (Channel 4) airwaves last summer, largely in part of gay protests — worked its way from a converted to the man who has hung gay blacks and other ethnic minorities at every opportunity, at least hoped at ship's docking that maybe his messages of love would reach some who the gay community has no hope of reaching. Downey
AIDS/ARC

A drug or alcohol problem doesn't magically go away when a person is diagnosed with AIDS or ARC. Living clean and sober can help stabilize health and improve the quality of life.

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18th Street Services

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TAOIST EROTIC MASSAGE CLASS

By JAY P. PAUL, PH.D.

Today in the Bay Area the massage market is rapidly expanding in terms of styles offered, the numbers of people receiving massage and the number of practitioners offering this service. The field of practitioners ranges from classical types to those offering "sexual healing" and it seems increasingly appropriate to distinguish that segment of the market known as "erotic massage therapy." What is massage therapy and what are its benefits? Who uses this service and what are their motivations? Who are the practitioners and why do they offer it?

Before going further, it might be helpful to restate our definition of massage in its proper context. Massage in general has been used to relieve many different ailments throughout the centuries and across many cultures to promote health and to bring about healing. Massage has often been used as a means of communication to stroke another in discomfort or to massage an aching muscle. In fact, massage has been valued among many spiritual and healing traditions throughout history and in cultures as diverse as those practicing Egyptian, India, China and the South Pacific. In the West, the modern Western world has come to understand "massages" as the manipulation of soft tissues for therapeutic purposes. Today in Western Europe, for example, doctors will write a prescription for the "standard massage therapy" for a bottle of tranquilizers and — that massage is covered by their national health insurance. In this health care profession has evolved, the term "massage" and "massaging" have generally been given way to the designation massage therapist, which denotes a well-trained, ethical practitioner.

Styles and Benefits

Here in the U.S. we are most familiar with Swedish style massage which is an attempt to mimic the massage styles offered by the Japanese and Chinese as a means of treatment for many different ailments. Depending on the therapist's skill and the needs of the client, those massage styles may be done very much like a very light to very deep pressure. Other massage forms exist such as Deep Tissue, Hawaiian Lomi Lomi, Japanese style Shiatsu ("finger pressure"); and Parsons (a self-massage using finger walking or massaging aligned with transcendental meditations). One may find most of these styles offered by advertisers in the Sentinel's holistic pages. Parsonskaras is offered by Ayurveda Health Center on Dolores Street in San Fran­isco. While outward styles may differ, all accomplish many of the same basic effects. Soothing sore muscles, increased circulation, ridding the body of toxins, calming the mind and relaxing the mind, body and spirit are some of the best known effects of massage.

Our Western culture currently recognizes two models of health, the wellness model and the biomedical model. Unfortunately, most Americans subscribe to the latter, waiting until "disease" sets in before they consider treating their body from a doctor or get better. But if we were to take the time to understand our own role and power in maintaining our individual "wellness," the wellness model believes that health is more than the absence of disease and that each of us must take responsibility for our own health. An impor­tant factor in our wellness is a regular program of stress reduction, and massage therapy can help accomplish this.

Who Gets Massage and Why?

There are almost as many reasons for seeking regular massage therapy as there are those who receive it. Many receive it to promote general well-being. Massage therapy counteracts the immune compromising effects of stress and can promote immune func­tioning. Others seek massage therapy as a remedy to chronic muscle tension. Many seek massage therapy after a gym workout or athletic competition to ease muscle soreness and restore flexibility. Some receive massage to increase blood flow to an area which may sometimes improve healing after some form of surgery. Still others attend regular massage therapy sessions on the advice of their doctor, chiropractor or psychotherapist. Here might be an appropriate place to allow clients and colleagues to speak for themselves.

Botanist Jim Hickman attends regular massage therapy sessions. He states, "Massage allows a reconnection with my body that I don't get elsewhere. The gym is one very important way to re-establish that connection, but it doesn't provide the 'a-e-a-b-b' of massage. It also provides an emotional letting go that I (and perhaps many people) don't quite understand. It allows me to let go of the junk and the demons about which I obsess. It's an important part of taking care of myself. At my last session, all of the junk from this week came up and floated out. I could especially feel that muscle in my body when my feet and hands were worked on. Plus it's great to discern what it is that I really want to take care of. The real challenge is to not treat it as a luxury, but to receive it regularly, to relax into it, and to trust my massage therapist to do what he does — to let it work — and it does!"

The Castro's "Back Doctor," Mike Ward, claims, "My patients find that a well-timed massage can be a source of great relief, comfort and healing. Massage therapy can help relax muscles and increase the ease and effectiveness of my work with them. Massage therapy is an important adjunct to chiropractic which I highly recommend."

Bill Folk, MFCC, a counselor and psychologist on 14th Street, comments, "I encourage all my clients (and in some cases insist that they have a massage on a regular basis). It's an important way of building self-esteem. Especially now, so many people are not getting their needs met. It's a natural way for them to receive the affection, touch. Massage therapy is an important way for them to meet some of these needs in a loving, caring way."

Sexual or Sexual?

During its long history, massage has attracted those who combined it with eroticism leading to sexual

organism. While this type of massage fills a need for some (otherwise it wouldn't exist), it is not a service which our clients can feel sexual without being sexual. However, it is not uncommon, nor should it be a source of embarrassment, if a client becomes sexually aroused during a massage. Rather, such an occurrence opens up a dialogue about the blocks of body energy (including sexual energy) and can exemplify a trusting relationship between client and practitioner. Sexual arousal is not a problem to be learned at the school of massage.

The Bay Area still remains one of the best buys in the nation for massage therapy. Rain or Sunshine, all hour Swedish-style sessions range from $25 to $60. A massage therapist's rates may depend on many factors such as his/her level of training, years of experience, additional income sources (e.g., office rental, equipment, professional dues, etc.) and how much a therapist is willing to pay. Nevertheless, in a search of a "good deal," many cost-conscious clients have found that it can be true: "You get what you pay for."

Additional considerations in one's search for a qualified specific massage agency can be found in the Sentinel's Nov. 4, 1988 Buyer's Guide or "The Masseur's Guide to the Massage Arts."

Massage at the Workplace

Today's pressured work environments can produce high stress and chronic tension. Some massage therapists are now implementing body acupuncture massage at the workplace generally costing no more than $20. This is a 15 minute massage usually takes 10 to 15 minutes and releases tension in the head, neck, shoulders, arms and back. Typically, no off or special equipment is used, and it requires no removal of clothing. Regularly scheduled appointments can soothe muscular tension and increase creativity, improve memory, increase employee productivity and morale, and reduce stress-related problems (such as colds). The ideal type of massage is ideal for coffee breaks, lunch breaks and breaks during the workday. No matter how much we may value massage, there are times when our fast-paced lifestyle precludes the luxury of getting one. hectic careers requiring overtime, caring for ill in the family, visits from family or friends, changing residences, and exhaustive home repairs are some examples of periods which make demands on our mental, spiritual, emotional and physical resources. Many of us feel a massage is a well-deserved "reward" we treat ourselves to after the stressfull period has passed, but it is a productive way of coping with these periods of stress. During these periods of stress we should encourage our friends to help us cope with these periods of stress. In short, a well-timed massage can lift the mood of a worker and boost one so heavily during stressful periods. We respond to massage with additional well-being, the more we use it, the more we want it, the more we depend on it, and the more we experience it. After all, massage is one of the most effective ways to relax, rest and return to work in top form. Tim Sally is a Certified Massage Therapist with a full-time professional practice in San Francisco. He is the owner and director of Hathayoga, offering full-body studio sessions as well as a 15-minute on-site massage at the workplace. He may be reached at (415) 826-5972.
Faith must conform to the belief that the people free and help them to behave," he said.

"Of course the sheriff's deputy has rights. But, those rights should be balanced with the rights of the arrested. Everyone knows there is no credible scientific information on the plantation. AIDS is transmitted by saliva," he says. Meeks is expected to make a ruling on the evidence in May.

GAY RELIGIOUS GROUP MEETS

The internationally-renowned founder of The Institute For The Study Of Human Sexuality spoke at a dinner sponsored by The Council on Religion and The Homosexual, on April 22. The group, one of the oldest of its kind in the world, also elected five gay religious activists and spiritual leaders to its board of directors.

"In 1963, I proposed that we needed to radically rethink human sexuality. In 1964, I proposed to the churches that we really had to deal with the sexual rights of people. They weren't going to be able to change homosexuals into heterosexuals," McIver said.

He explained that during the pre-Stonewall years, churches were exploring ministry to homosexuals — but with the idea of making gays "straight".

During his talk to the general membership on the history of the Council in Gay/Lesbian, Human Rights and Liberation, McIver, a founder of two, redefined the notion of the gay liberation movement as deep roots in the Council — and that an understanding of the history of the gay liberation movement is important to gay activists.

According to McIver, he didn't originally start out to support the sexual rights of homosexuals — and that ministers during the Kennedy era were basically trying to "solve the problem of homosexuality." But, he says that after meeting with gays and learning about their sexuality, he became a supporter of the sexual rights of all human beings.

In 1976, Community on Stone­

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In 1976, Community on Stone­

Roonies says that the law "creates a right on the books. Even if someone doesn't have a problem, they can use the law to the government or to their parents. It belongs to you," he said.

Following McIver's talk, Rev. Terry Redick, an MCC minister, Lynn McG, MCCs chaplains director, Wayne April, a Dignity official, Fred Milten, a Council member, a gay Episcopal group and Richmond Young, a CCH member who is also president of Stonewall Gay Democratic Club were elected to the board.

Jim Wright STOPS TO GO BAITING

by Michael Colbruno

The April report to the House Ethics Committee on the activities of House Speaker Jim Wright reveals that Wright attempted to have Joe Selby, regulator of the Dallas Federal Home Loan Bank Board, fired, because Selby was a "homosexual (and) established a ring of homosexual lawyers," who Wright feared he would have to deal with.

However, the Ethics committee dropped the charges, finding that Wright may have been "intemperate" but that the Committee has no reason to believe that he exercised "undue influence" in the incident.

"Should a man sitting in the Speaker's chair, second in line to the Presidency, be allowed to use gay baiting as a tactic against his enemies? Clearly not," said Selby's attorney.

Former Controller of Currency for the State of Texas, Selby says that he came out of retirement to clean up the savings and loan mess in Texas — and had no idea of the "mess" he was getting into. He told the Subcommittee that the pressure from Wright and his friends in the S&L industry began almost instantly when he assumed the Home Loan Board post.

Selby says that Wright told him that he was the most feared person in Texas and — was using a hammer to destroy the savings and loan industry. Selby declined to discuss his sexual orientation with the Subcommittee, saying that the question was insignificant.

"(I) was asked to resign. Fired. I guess a rose by any other name is still a rose," said Selby.

A Gingrich aide said that "pressure from Wright's wife was kept up to this day," with the House Ethics Committee members.

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ART'S PROFILE

LESBIAN/GAY CHURCH SINGS "MUSIC OF OUR OWN"

by Joseph W. Bean

The San Francisco Lesbian/Gay Chorus learned to be singing at a young age. With Rodger Peetjohns, a crazed gay composer, conducting, they had to. That spirit of dues is still very much alive and well under the direction of the current conductor, Pat Parr.

Actually, Parr may be taking the chorus farther into the musical ethos than they have ever gone before with their present program, "Music of Our Own."

The program, which will be performed this Sunday in Berkeley and next Friday in San Francisco, is a rigorous exercise in Twentieth Century vocal music. Virgil Thomson's "Passages from the Saints' Procession" (from his setting of Gertrude Stein's "Four Saints in Three Acts") is the oldest music planned: 1933. The newest is a piece by SFLG Chorus member Robert Kirst, arranged by Parr. The Kirst song is from a musical called "Shall We Dance," composed in 1968 and not yet produced.

To compose a program that reaches back through only the past fifty-five years, and draws only on the music of "known homosexual" composers would have been very difficult not too many years ago. But, with Rod Neem very much alive and well under his leadership, the Society of Gay and Lesbian Composers has become a reality. The Society of Gay and Lesbian Composers is the result of a simple love affair: people who happen to love music and to love each other. And the SFLG Chorus, the women's chorus, is the result of a complex love affair: people who happen to love music and also happen to love each other.

A major factor in the selection process was the philosophy of the chorus. Together in Harmony, the motto says, and for the gay men and women of the chorus, and the community that means lesbians and composers, performers, and listeners. A few pieces, like Ned Rorem's settings of Sappho and Virgil Thomson's settings of Gertrude Stein, are especially apt. And yet, in terms of the philosophy, the most perfect piece might be Berkeley composer Kenny Rose's Don't Shut My Sister Out. This song, which will be performed by Menage as the concert, has become a standard on the women's music and sister singers scene. Originally compos- ed for women's voices, Parr made a new mixed-voice arrangement of the song, giving non-academic women an opportunity to join feminist women in a genuine anthem of the women's movement.

Among the many other works of New Music by lesbian and gay composers on this very special program are Matthew McQueen's "Pentatone," Kristin Norderval's "Passengers of Infinity," which was debuted at the Cable Car Award-winning 1986 concert produced by the SFLG Chorus and the Society of Gay and Lesbian Composers. The Rorem music is Four Madrigals (Fiora/Sappho) and Grow All To Love. Besides the procession from Four Saints in Three Acts, Virgil Thomson will be represented by his setting of Edward Lear's "One Alphabet." Chorus member Jess Madsen's "Dona Doma" and The Tao Song by David York, conductor of the Portland Gay Men's Chorus, fill out the men's side of the mix.

From a strictly musical point of view, this may well be the most important single concert program ever mounted by a gay chorus. And, from the point of view of a simple music lover who happens to believe that music doesn't have to be hundreds of years old to be both good and serious, Music Of Our Own could easily be the most enjoyable.

Anyone who is familiar with the vocal art music of the twentieth century will want to hear this concert, if only to celebrate the gay/lesbian contribution to the enduring music of our time. Anyone unfamiliar with this repertoire should hear Music Of Our Own just because at no future time will there be a more gentle, more loving, more in­ volving group of performers to help you discover this outstanding music.

The Berkeley concert, April 30 at Trinity Chapel, begins at 8:00 P.M. The SF Gay Men's Chorus, weekend of May 1, 3:00 P.M. The San Francisco Gay Women's Chorus, beginning of May 2, 8:00 P.M. The Portland Gay Men's Chorus, begins at 8:30 P.M. Tickets are available from STBS in Union Square, Word Processing Services in The Castro, or by calling 552-3656.

"MUSIC OF OUR OWN"

San Francisco Sentinel • April 27, 1989
AN OPERA FOR THE AGE OF AIDS

by Bill Hock

AIDS has come to the operas. The burning social issue of the eighties has already wasted thousands of lives across the homonegative world created by Matt and Lucas's love for their son Billy, and in the process forced the situation. Of course that would have changed the tenor of the opera, but really it's about love and family. Matt is dying, and his mother has come up with the story of the Virgin, the music is very much a part of the drama to underscore the verbal. "As the piece begins, with the story of the Virgin, the music is very much a part of it. We have tried to make us see the point of all that musical treatment."- Briggs agreed, "It's been a tremendous experience that surrounds these characters and the love that surrounds them. It's not exactly simple, but it is clear and relatively unchallenging to the material for the two guys. Lucas after all earns his living as a magician, and so he sings in a pretty flashy idiom, while Guadalupe brings with her a rich heritage of Mexican folk music, which is part of her belief structure. "When she comes into the world of the two lovers, she encounters a cultural vernacular entirely foreign to her way of thinking. There is therefore a conflict of musical styles that reinforce the dramatic conflict between Lucas and Guadalupe. It's not simply a matter of consonance versus dissonance, but a difference of musical sounds. There's something of a pop-music idiom in the universe that I know."

In Least Of My Children composer Lynn Larnard and librettist Donald Briggs have created a story of two gay men, Matt and Lucas who live in Chicago. Matt is dying, and his mother has come up with the story of the Virgin, the music is very much a part of the drama to underscore the verbal. "As the piece begins, with the story of the Virgin, the music is very much a part of it. We have tried to make us see the point of all that musical treatment."- Briggs agreed, "It's been a tremendous experience that surrounds these characters and the love that surrounds them. It's not exactly simple, but it is clear and relatively unchallenging to the material for the two guys. Lucas after all earns his living as a magician, and so he sings in a pretty flashy idiom, while Guadalupe brings with her a rich heritage of Mexican folk music, which is part of her belief structure. "When she comes into the world of the two lovers, she encounters a cultural vernacular entirely foreign to her way of thinking. There is therefore a conflict of musical styles that reinforce the dramatic conflict between Lucas and Guadalupe. It's not simply a matter of consonance versus dissonance, but a difference of musical sounds. There's something of a pop-music idiom in the universe that I know."

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**SUPPORT**

GROUP — Most Holy Redeemer Support Group. In need of new volunteers to continue and maintain Project Open Hand meal-delivery routes. Call Regan Chapman, 963-1581. Routes include the Castro and Market Street areas. If you need to secure practical assistance with house cleaning, laundry or shopping, call the same number.


VIDEO

ATA — Artists’ Television Access, Hot Box, The Texas Show, 8:30 pm. $4. 922 Valencia, 824-3890.


**WEEK AT A GLANCE**

**ART**

SPACES — Recent paintings and monotypes by Elizabeth Chandler. Opening reception, 6:30-9 pm today, Pj Gallery, 393 Hayes. Show through May 20. 255-9907.

RECENT WORKS — By Claudia Bernardi. Miller/Brown Gallery, 355 Hayes. Reception 5:30-7 pm. Show through May 27. An artist lecture 7-8 pm May 21. Open Tuesday through Saturday, 11 am to 5 pm.

MIXERS

DANCE PARTY — Every Thursday and Saturday, mixed club for gay men and women, 9 pm to 2 am. $3-4 Thursday, $5-6 Saturday. The Box, 628 Divisadero.

KYM JACKSON BAND — At Colors, bringing you the black beat and hot salsa all in one. A night not to miss, featuring Diane mixing at the turntables. Colors 745 Sloat, 22 Fourth St. (between Mission and Market). Party from 9 pm to 2 am Thursday.

OLDER GAY MEN — Friendship group, for 60 and over. 2-4:30 pm. Friendship Room, 711 Eddy St. Free. Sponsored by Operation Concern’s Gay and Lesbian Outreach to Elders (GLOE). Lively discussions, outings to various locations in the Bay Area, etc. Call GLOE: 626-7000.

‘N TOUCH — Feathers and Flesh (GLOE). Lively discussions, outings for the elderly. Friendship Room, 711 Eddy St. Free. Sponsored by Operation Concern’s Gay and Lesbian Outreach to Elders (GLOE). Lively discussions, outings to various locations in the Bay Area, etc. Call GLOE: 626-7000.

**THE BALCONY — The Studio at Theatre Rhinoceros, through May 7.**

Market). Party from 9 pm to 2 am Thursday.

**OLDER GAY MEN — Friendship**

**SUPPORT**

GAY AND LESBIAN OUTREACH TO ELDERS (GLOE). LIVELY DISCUSSIONS, OUTINGS TO VARIOUS LOCATIONS IN THE BAY AREA, ETC. CALL GLOE: 626-7000.

**28 APRIL FRIDAY**

DANCE BALLROOM — And Latin dancing for gays and lesbians. Swing $7 per class. 7:30-8:30 pm for beginners, 8:30-9:30 pm for intermediate. John Sima Center for the Performing Arts, 1151 Mission (at 11th, across from Coca-Cola Buildings) 995-4962.

LITERATURE

SOCIAL STUDIES — Tobia Schneebaum, author of Where the Spirits Dwell and Keep the River on Your Right, slide show lecture and book signing. A Different Light, 489 Castro, 431-7312.

PERFORMANCE

CONCERTO COLLECTIVE — Instrumentalists and singers in chamber works. 8 pm. Dancers’ Stage, 60 Brady, south of Market between Gough and South Van Ness. $5.

**SHANTI** — April Emotional Support Group. Every Saturday, 11 am to 5 pm. Metropolitan Community Church of SF, 150 Eureka, 865-6792.

MEN TOGETHER — Rap night for gays and lesbians. Swing. $7 per night. Dancers’ Stage, 60 Brady, south of Market between Gough and South Van Ness. $5.

**SUPPORT**

EVENING AT LA CAGE — Famous cabaret show comes to SF. On Broadway, 435 Broadway, open-ended run. 864-2335.

**RECREATION**

WALKING TOURS — Free. City Guides, free walking tours year round in historic areas of SF, rain or shine. For schedule send SASE to City Guides, Main Library, Civic Center, SF 94102. 558-3981.

RUN — EastBay FrontRunners, Strawberry Canyon. Info: 955-3679 or 866-7679.

VIDEO

ATA — Other Cinema at Artists’ Television Access, Hot Box, The Texas Show, 8:30 pm. $4. 922 Valencia, 824-3890.

**BENEFIT**

NOISY CELEBRATION — For Life. Marin AIDS Support Network and a coalition of Marin youth groups. Benefits Martin AIDS Fund and the WHO’s Global Programme on AIDS. Skits, songs, and visual art from high schools, Marin’s Ensemble Theatre Co.’s play Touch Me, featuring eight teen-agers. Two performances, 4 and 8 pm. Pickleweed Community Center, San Rafael. Adults $10, students $5. Call Alissa, 456-AIDS, Carson or Ken, 924-0113, or evenings, Jessica, 453-6036.

LITERATURE

GAYLE REMICK — An evening of comedy and split personalities. ClaireLight, 1110 Petaluma Hill Road, #5, Santa Rosa. (707) 575-8797. 8 pm. Admission $5-10, sliding scale.

MARCH

IN SF & D.C. — We Won’t Take Four More Years! Campaign for a People’s by an educational/historical look at Fightback. Assembly in SF at 11 am, UN Plaza, Civic Center. (415) 821-6444.

MIXERS

PASTA NIGHT — MCC of the Redwoods. $8, all you can eat. Followed the hymns we sing. 8 Olive St., off Throckmorton, at the Community Church in Mill Valley, 388-2315.


SINGERS INC. — Operatic arias. Dancers’ Stage, 60 Brady, south of Market between Gough and South Van Ness. 8 pm. $5.

**RECREATION**

WALKING TOURS — Free. City Guides, free walking tours year round in historic areas of SF, rain or shine. For schedule, send SASE to City Guides, Main Library, Civic Center, SF 94102. 558-3981.

RUN — EastBay FrontRunners, Strawberry Canyon. Info: 939-3579 or 866-7679.

VIDEO

ATA — Other Cinema at Artists’ Television Access, 8:30 pm. $4. 922 Valencia, 824-3890.
A simple definition of the power exchange would be a great help to anyone coming into the leather scene. Sadly, it is not possible to give a simple definition. The best we can do is to take a tour of the subject instead:

The power exchange is a psychological-spiritual-sexual contract between two men which defines their roles and their relationship. It can last for a few minutes or for a lifetime. Unlike any other contract though, this one is never "signed." It's terms are never settled.

Every gesture, every sound, every audible breath can either a confirmation or a negation of the essence of the contract. Consciousness for the more experienced, less consciously for the novice, the power exchange is the content of every leather act, including the unspoken fantasies that have their subtle effects on the actual scene at hand.

The power exchange is the entirely voluntary process by which a bottom relies on trust first to express his will, then to relinquish it. It is the system through which a Top consents to the responsibility of his bottom's surrender and promises to trust that surrender according to the ever-changing terms of the arrangement between the two of them, within the bounds of the scene. It is also the matrix of relevant facts and desires that make it possible for a top's rights to be set and respected, in effect giving too much. A simple definition of the power exchange is easy. Without even thinking of it, Top and bottom are constantly revealing their experience of the exchange to progress. Less verbal scenes require a more experienced Top, a less intense level of SM action, or a much slower pace to remain safe. Obviously, the way to learn about the intricacies of the power exchange is through experience, but a novice bottom ought to remember from the first that there is an exchange in progress. And he should be ready to encourage and actively (but submissively) participate in it.

The power exchange is a psychological-spiritual-sexual contract between two men which defines their roles and their relationship.

Both men must enter into leathersex equally dedicated to delivering themselves and each other into the greatest possible fulfillment the scene permits. Otherwise, there is no power exchange. If the Top's sadism is only self-serving, his actions become brutality, not sex. If the bottom's masochism is only self-focused, he invites either brutality or dominance. If the Top's sadism is only self-serving, his acts become brutality, not sex. If the bottom's masochism is only self-focused, he invites either brutality or dominance. If the Top's sadism is only self-serving, his acts become brutality, not sex. If the bottom's masochism is only self-focused, he invites either brutality or dominance. If the Top's sadism is only self-serving, his acts become brutality, not sex. If the bottom's masochism is only self-focused, he invites either brutality or dominance. If the Top's sadism is only self-serving, his acts become brutality, not sex. 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they love to do
the wild thing

by Maryhope Tobin

One of Lec's Wild Thing has gone triple platinum and has outsold any other single since We Are The World, which shows that besides wanting to help a worthy cause, the American record-buying public loves to do the wild thing. What else do they like to do? You tell me. Send me any suggestions of what you'd like to see in this space, interviews, reviews, whatever.

Maybe someone could tell me why Madonna has stopped washing her hair for publicity photos.

Are we still boycotting Donna Summer? I know a lot of people were pained off when she said some awful things about gay people, but I don't know if she's been forgiven. Even if she hadn't said those things, though, there's another reason not to buy her new single: it stinks. This Time I Know It's For Real (Atlantic) is mediocre, tempestuous lyrics at worst. Love To Love You hardly had lyrics, but Summer's voice is much better suited to moaning than to whining. "I say I love you with a neon sign, anything to make you mine." Her beautiful voice is buried under layers of synthesized keyboards and a monotonous bass line.

This is a great album for a cold, foggy summer night, or for any other time you want to dress up in sequins and feather boa, drape yourself across a piano and lip-synch in front of the mirror. Four bats.

Save Our Children, 4/30, Union Square, noon: No More Secrets is the theme of this gathering sponsored by the Women's Spirituality Forum, which is intended as a message to past and would-be abusers of children: no longer will the victims be silent. The event is open to all, and will include a speak-out by survivors of abuse, story telling for children, and a ritual to help banish the horrible instruments of abuse. Speakers will include representatives from Mayor Avalos' office and the Council on Child Abuse. Bring pots and pans to use as noise-makers and the secrets you want to banish.

Voice Farm & Chiong Rhoads, M-1 Alternative, 4/23, 1-Beam, $10 advance/$11 show, 9:00: This quality show is brought to you in part by BMJ. Voice Farm are aesthetically pleasing, to say the least. (1748 Haight, 668-6006).

Dead Milkmen, MCM & The Monsanto, 4/29, Fillmore, $10 advance/$11 show, 9:00: The only reason I can think of to see this show is to see MCM & The Monsanto. But they're opening for the Dickies tomorrow night at the Berkeley Square. So there you are. (1805 Geary, 922-FILL).

The Proclaimers, 4/30, Fillmore, $10 advance/$11 show, 8:00: These two swarthy geeks just can't get enough of the Bay Area. But seriously, you'll like their music. (1805 Geary, 922-FILL).

Caterwaul, 5/1, 1-Beam, 10:30: They have been described as part folk and part psychedelic, and CMJ calls them "enigmatic and ambient." No, I don't get it either but it should be a great show. (1748 Haight, 668-6006).

David Crosby, 5/3, Fillmore, $10 advance/$11 show, 8:00: (922-FILL).


TAYLOR AT AIDS Benefit

"The people of San Francisco have set an example for the whole nation with their response to AIDS," said Taylor. "I'm delighted to have the opportunity to express my gratitude, in person, to those who are committed to making Art Against AIDS such a tremendous success."

Among those attending the reception were artists Robert Rauschenberg, Dr. Joel Weisman, AmFAR Chair, and Gretchen Berggruen. Proceeds from the San Francisco Art Against AIDS will benefit AmFAR, The AIDS Minority Coalition and other local groups.
A Therapy Group for Sexually Addicted Gay Men

If your sexual behavior is causing you problems in the area of relationships, jobs, health, money or self-esteem, and you have tried unsuccessfully to change, then you may need the understanding and support of others in regaining control of your sexuality.

Michael Bettinger, Ph.D.
563-6100

Edwin Williams, Attorney at Law
22608 Market Street, San Francisco
255-4992

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Movies

Ideal Indiana Jones and the Last Crusade officially opens the summer movie season on May 24, the late-spring doldrums will bring only a few new major-studio releases to theaters. The independents will take some of the slack and San Francisco will have no shortage of "art" films to choose from.

Although a raft of expensive fantasies hit the screen in June, the only one with the guts to go up against Indy Ill on Memorial Day weekend is Clint Eastwood, with a tide borrowed from last year's Natalie Cole dance-floor favorite, Pink Cadillac.

May 4:
Directed by Andrzej Tarkowski: — A Swedish-made profile of the late Soviet filmmaker, some of whose films will be shown later in the month: The Sacrifice (5/11), Nostalgia (5/22-23) and The Mirror (5/28-29). (York).

May 5:
Big Man on Campus: — Allan Katz is a reclusive hunchback who lives in a university bell tower until the psycho department "Pygmalionizes" him and puts him in the middle of a romantic triangle.

Little Ferry: — Natalya Negoda stars as a bored, willful teenager in a small town in Vasily Pichet's drama that's aroused interest as the first Soviet film with nudity and explicit sex. (Lumiere).

Listen To Me: — Abortion becomes the subject of debate on a college campus where Roy Scheider coaches the debating team, in a drama starring Kirk Cameron and Janet Evanowsky. (Roxie).

May 6:
Heartbreak Hotel: — Drunken floozy Anita Morris has a few days to shape up or lose her young daughter (played by Gena Davis) in a comedy that features Mark Robson as a transvestite.

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**COUNTRY MUSIC**

**KATHY MATTEA’S “WILLOW IN THE WIND”**

by Ronald Vieth

In my less than flattering review of the Academy of Country Music Association Awards that appeared in last week’s column, I neglected to mention the one major and most pleasant surprise of the otherwise comical and predictable awards presentation. That would be the fact and the fest that realistic newcomer Kathy Mattea was awarded not only honors for the best song of the year but also best record of the year, for *Eighteen Wheels And A Dozen Roses*, upsetting such veterans abeo-ins as Randy Travis, Reba McEntire, K.T. Oslin, Ricky Van Shelton and Tanya Tucker. For that the Academy deserves an award itself.

Where usually nothing succeeds success like itself, it is disheartening to report that Kathy Mattea’s newly released album *Willow In The Wind* on Mercury Records, though certainly not one to be overlooked, falls in it’s follow-up attempt to Untainted Honey, which is still charted on Billboard Magazine’s top forty chart after seventy-five weeks. While Willow In The Wind was recorded and even mixed before the ACM Awards were televised, there is an eerie feeling that Mattea and producer Allen Reynolds aren’t sure that the late Rick Nelson wrote in of Garden Party, is what would become his musical epitaph . . . . “If You Can’t Please Everybody, You’ve Got To Please Yourself.”

To paraphrase what appears to be the almost rueful purpose of this new album and it’s initial single release, the almost revengeful purpose of this album is sacrisious though it may come from the heart if you want it to be overlooked, fails in it’s follow-up weeks. While Willow In The Wind was recorded and even mixed before the ACM Awards were televised, there is an eerie feeling that Mattea and producer Allen Reynolds aren’t sure that the late Rick Nelson wrote in of Garden Party, is what would become his musical epitaph . . . . “If You Can’t Please Everybody, You’ve Got To Please Yourself.”

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The slower, more thought provoking selections on the album, such as Here’s Hoping and Love Choices You, while candlelight classics, will do little to sell the album. Wherein lies the San Andreas fault of this album, or perhaps the fault of this reviewer.

As a critic and a DJ, I have the dubious responsibility of separating the forest from the trees. But with such sage brush as Tiffany and Madonna raising in critical and commercial millstones in the tune that they can afford to own and separate their own forests while the likes of the very talented and deserved un-文章来源：中国报告文学网
Doba! Doba! Doba! The fans wildly chant and applaud. They love him. They scream out answers to his every question. They sing out zestfully when it's time for the sing-along-with-Doba lounge act.

Unfortunately, Doba may be a treat only for Wayne Doba's most faithful fans.

"Don't worry... be happy," Doba essentially tells us (though not in these exact words) again and again. He dances it. He sings it. He repeats it, he repeats it. (Annoying, huh?) And as worthwhile a message as this is, let's face it, too much of even a pretty good thing isn't so good, and eventually it isn't so pretty. The man is a bona fide clown, a clown who will do and say anything to make us laugh. And while laughing, we sometimes see things in a different way. His testament of joy is as amusing as the several characters embracing it. They are all brilliantly created through the artist's pristine body and voice. And speaking of voice, his singing is quite pleasing, whether it be in the opening strains of The Banana Boat Song or speaking parts of the text. But dancing is Doba's strong point. And of the several dance numbers, the highlight is a wonderful tap routine that proceeds from modern to jazz to traditional.

Doba starts the show just right. He dances. He's a dancing machine—a arms and legs flailing with chaotic energy. The dancing is Doba's strong point. And of the several dance numbers, the highlight is a wonderful tap routine that proceeds from modern to jazz to traditional.

Doba continues at New Performance Gallery through May 7. Call 866-835-6000 for details.
The half shell is a cozy, warm, friendly, exceptionally comfortable and very pretty place — and isn’t that what half shell do you look for when you dine out? The menu is interesting, the food is well prepared and delicious, and it’s served by an efficient, attentive, attractive staff... and the price is right. And isn’t that the thing you look for? Over three visits, I found everything to like and no single thing to criticize.

The above is a summation for those people who never read more than the first couple of paragraphs. For now. For those who want more..., I’m here.

The Half Shell, 64 Rausch, San Francisco, CA 94114-2588, Le’Domino, A French Restaurant and Bar, Romantic and Affordable, Bar open 5:00 - 1:00 (415) 626-3095 2742-17th STREET • SAN FRANCISCO, CALIFORNIA

The Half Shell — WHOLLY ENJOYABLE

by Gary Meneghetti

The half shell is a cozy, warm, friendly, exceptionally comfortable and very pretty place — and isn’t that what half shell do you look for when you dine out? The menu is interesting, the food is well prepared and delicious, and it’s served by an efficient, attentive, attractive staff... and the price is right. And isn’t that the thing you look for? Over three visits, I found everything to like and no single thing to criticize.

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**SPORTS**

**SPORTSCOPE**

by Jack 'Irene' McGowan

For one of the few times in the off-season history of the CSL, early rains forced postponement of the entire slate of Sunday's schedule. The sun shone brightly later in the afternoon and match second-guessing for the week would have been endless had it not been for the negate calling of pre-maturely or not. For what it is worth, I think the right decision was made and congratulations Rick Pitt on making it. The fields were a sloppy mess and to have something to work on the south the decision would surely have invited unnecessary injuries. I am sometimes accused of being unfairly critical of the leadership of our different sports organizations. Not so, I merely feel that someone has to speak up on behalf of the really important things in gay Sports. . . the athletes. . . in this case . . . Becky. . . ya done good.

★★ ★★

With softball on hold . . . just think, I won't have to mention Bob DeTulio's name for a whole week . . and with tennis, swimming and pool being in the capable hands of our other writers I have plenty of other matters that should be of interest to our sporting readers.

In talking to Leslie Smith, publicist for the AIDS Bike-a-thon, set for Saturday, May 20, and other AIDS-related registrations for this year's ride against AIDS are 150 riders above last year's number. The number of work-weeks to go is 650 cyclists signed up, and with three weeks to go, Leslie is sure that last year's total of 1,300 riders will be topped. The Bike-a-thon, sponsored by Different Spokes have raised close to a million dollars, will help to fund research that will ultimately fight AIDS. The success of the marathon has been phenomenal.

The goal this year is $500,000 and it is hoped that all of us can do it. Yes, Irene, another Nikes will be the all time greatest and will be out there at the beginning. Any one who wants to sign my pledge card is . . .

**HOT WEEKEND FOR GTF TEAM TENNIS OPENING by Abi J.**

The Galen Tennis Federation (GTF) team season opened April 8 and 9, the hottest weekend not only in weather but in competition, as we had only team winning by greater than one game margin was The Galen, the 1988 champions.

Each team consists of six players of varying playing abilities. Two "A" players (A1 and A2), two "B" players (B1 and B2), and two "C" players (C1 and C2). Round robin competition among the eight teams consists of singles and double matches between players of the same classification. Six singles matches and three doubles matches are played each round with total number of games won and lost tallied to determine team standings. Each match consists of one tie-break set with no scoring.

As predicted by team tennis chairperson Kenneth Najjar, the very evenly matched teams selected by random drawing provided close and exciting competition in this first round of play, as the two teams tied, two teams won by only one game margin, and only one team had a decisive win. The Galen leads the league after the first round of play, having swept all but one single match and doubles match. This team definitely looks strong in all categories, but several standouts among the other teams could keep it a tight race throughout the season. Scoring shutes this weekend were Irene Goodman (C2 — The Cinch), Tom Kelly (B1 — Community Rentals), K.W. White (A1 — Leticia’s), and Tom Kelly/Greg Primog (B doubles — Community Rentals).

"Many first ever in a tournament," is what one player called it. The first ever tournament in which teams of men, women, or teams mixed, either women or men, may compete. Good luck to all the finalists.

**POOL SEASON HEATS UP by rick Bradford**

Week 10 of the SFPA Spring '89 Season has come and gone. As expected, the inter-divisional format for the season is running has lightened up the divisional races. In addition to the regular action on Tuesday, the league has held 8 eliminator matches to qualify the 16 finalists for the league's B-Ball Championship. All this adds up to a lot of hot pool being played around town.

With Div. 1 traveling to Div. 3, it meant the league's two highest rated teams would meet. Added by Capt. Lauren Ward's two table runs (he also had now table runs, two weeks in a row . . . it is too many too count!) and E.Z. Sharps, the holds good at the 2x4's, 9-7. Dean Booth Dial Tones went 4/0, but he and his teammates, either women or men, could not overcome the four forfeits they had to give up, as the Best Thugs routed them, 9-7.

The qualifiers are over. The final 16 swimmers are gearing up for the SFPA-Miller Lite Challenge which will be held this Saturday, April 29. It's at 11:00 a.m. at the Cinch on White Swan and Sunset Boulevard. The swimmers, and their local distributorship Golden Brands, are once again generously handing out sweet prizes . . . and we thank them.

The future looks bright for the Scandalous Chaos, Jim Russo of Overpass, E.Z., Lauren Ward, Lisa Dut,-

**GSI SOFTBALL LEAGUE**

April 25 Scores
All Games Rained Out.

April 23 Schedule
At Kimball Field (O'Farrell and Stonier)

Field 1
9:00 Corral vs. Galen M. (R) . . .
10:20 W’ Travelers vs. Galen Women (W)
11:40 Amelia’s vs. U.B. Barbelles (W)
1:00 Rawdies vs. Mint (R)
2:30 Bear vs. Pliner Pistols (R)
3:40 Eagle vs. Mandulfo

Field 2
9:00 W. Travelers vs. Hot ‘n’ Hunty
10:20 Stats vs. U.B. Bandits
11:40 Pliner Pistons vs. Rendezvous
1:00 Cafe San Marcus vs. Rainbow "T"es
2:20 U.B. Bombers vs. Sentiel
3:40 Cassidy Cabarettes vs. Rainbow "Roses"

Standings as of April 23

(OP) Open

<table>
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<tr>
<th>Team</th>
<th>Wins</th>
<th>Losses</th>
<th>Notes</th>
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<td>Mandulfo</td>
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<td>Sentiel</td>
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<tr>
<td>Rainbow &quot;Roses&quot;</td>
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Continued on page 26
Dear Hearts!!!

You are invited to join Irene & Harry in celebrating THEIR 35TH ANNIVERSARY

Jack "Irene" McGowan and Harry Smith celebrate their 35th anniversary this weekend. A party will be held at the Men's Room (5988 18th St.) this Saturday 9:00 am until 1:00 pm, during Irene's shift.

Irene and Harry specifically request no gifts but donations are invited for "Friends of the 'Men's Room'", an organisation formed and run by 'Men's Room' customers to assist patrons who face catastrophic health or accident expenses.

The Sentinel would like to join the gay community in congratulating Irene and Harry. For further information regarding the party or donations to "Friends of the Men's Room", please call 861-1310.

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The fastest 400 medley relay that has ever been swum in United States Masters swimming history was recorded recently — and two members of the San Francisco Tsunami Gay & Lesbian Swim Club were on the team.

Chris Waters and Rick Windes of Tsunami joined Darren Pfehan and John Dearlm, both of Sava — another S.F. Park & Rec. team — to set a 3:43.88 record in the 400 medley relay at the 1989 Pacific Masters Swimming Short Course Championships held April 14-16 at UC-Santa Cruz.

The Short Course Championships, which came just three weeks after the third International Gay & Lesbian Aquatics Championships (IGLA) in Vancouver, was a psychological and physical challenge for Tsunamis who had to recover from the Easter weekend competition in Canada.

Tsunami had overwhelmed other entries at the IGLA meet, capturing the championship title for the second year in a row.

At Santa Cruz, Waters (who didn't go to Vancouver) and Windes also swam the 800 freestyle relay with Tsunami teammates Tate Darlington and Jon Windes also swims the 400 medley relay with Tsunami teammates Tate Darlington and Jon Dopp.

Another impressive Tsunami performance was in the 300 freestyle relay for men 35 years of age and older in which Atkinson joined Coach Chris Allen, David Allen and John Dopp.

Tsunami wound up in Santa Cruz with a sixth place overall finish. It had competed against 44 other teams from around the state and western Nevada.

Walnut Creek came in first, followed by Ramona and Los Altos Masters swim clubs.

"Last year we went sixth place also, but there was no trophy so, it's nice to get a trophy this year," said Coach Allen. "We're holding our own in the league. We swam this meet as a group, not as a few stars."

Several swimmers, like Tate Darlington, who took first place in the 50 meter freestyle in Vancouver, complained that they were frustrated from IGLA and that it was difficult to get psyched up for Santa Cruz.

Another swimmer who competed in Vancouver and at Santa Cruz was Joe Healy. Swimming in the 25-29 age division, Healy took personal bests in all of his Santa Cruz events. He swam the 100, 200 and 500 yard freestyle, plus the 50 and 100 yard butterfly and the 400 medley.

"It felt really good," Healy said. "I felt really high after I got out of the pool after the 500 free, I just got out of the pool and ate a cheeseburger. That's what I had on my mind. It was sitting on my swim bag."
The film, beautifully photographed, is set in rural 1989 Iowa and attempts to depict a transplanted Easterner's sudden excursion into a fantasy world of early century baseball. Kevin Costner, as yuppie farmer as you will ever see, right down to the custom-made一套 on his Jordache jeans to draw attention to what would appear to be a most ordi­
nary cornfield, hears a strange voice in the corn fields, advising him to build a baseball diamond in the midst of that valuable crop and he will come. Only God and director Phil Alden Robinson know who 'he' is.

Not only does Kevin comply with the instructions, at the risk of losing his farm and endangering the well-being of his family, he is unbelievably supported by his dutiful wife, with wild­
eddiness and Dale Evans-like cheerfulness by Amy Madigan and his Munchkin-like daughter Gaby Hoff­
man, perhaps the most unsuitable child-star since Jane Withers.

James Earl Jones, playing a J.D. Salinger-like peace writer of the sixties — spars no emotion as he chews up the scenery in long overly dramatic speeches which do everything but can­
surise baseball and anyone connected with the game. Jones and Kevin drove off to Min­
nesota to find an obscure ballplayer, who had played just one inning of major league baseball and had gone on to become the medical bullwhip of a small Minnesota town. The successful doctor, played as a returned-to-life spirit by Burt Lancaster, had supposedly died unhappy because he had not succeeded as a major league pitcher. Lancaster glides through the part with little enthusiasm, with his usual eye as the 'Boston Blackie' look-a-like, Ray Liot­

to.

The final scene between father and son was genuinely touching and if in­

deed that was the intention of the entire film I guess you could call the movie a success. I found it confusing, contradic­
tory and would suggest that it would have been far better to have entitled the film, A Close Encounter With Third Base.
Volunteers needed

Weight Loss Study

The University of California and the San Francisco County Community Mental Health System are currently enrolling volunteers to examine the effects of Megace on weight gain. Comprehensive study includes medication, blood work, body composition and dietary assessments. Free Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free, Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free. Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free. Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free. Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free. Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free. Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free. Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free. Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free. Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free. Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free. Volunteers must have weight loss of greater than 5 lbs usual body weight, be HIV-, and have ARC. Contact Helen Free.
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erotic, to muscle wrenching. It just
depends on what you want.

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bearded, hairy man. Certified masseur's
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