CONFERENCE OVERCOMES Controversy

Highlights of the 11th Annual Lesbian and Gay Health Conference

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**PEPTIDE T: THE MAGIC BULLET FOR AIDS?**

by Joseph W. Bean

Speaking to an enthusiastic crowd in a special session of the Lesbian Gay Health Conference/National AIDS Forum, pharmacologist Dr. Candace B. Pert said, "I am really here to offer you hope." Until now, she explained, the only hope for an AIDS cure has been in highly toxic combinations of drugs. The alternative to the drug combination approach is called "the Magic Bullet," meaning a single drug treatment which is so specific in its action that it achieves the desired goal with no side effects, meaning no toxicity.

"Magic Bullet," Pert insists, "is mainstream pharmacology." As an example, she cited penicillin. Before penicillin, the treatment for syphilis was arsenic, and the problem was to survive the treatment long enough to be cured. "Two days before penicillin was invented," she said, "I bet people were saying 'there's no hope for 25 years.'" But Pert, currently a guest researcher at the National Institute of Mental Health, is not talking about a discovery that is years away. Her discovery, peptide T, has already been made.

While, according to Pert, AZT and 90 percent of the drugs currently being used or tested for AIDS are in the class that necessarily involves toxic side effects, peptide T exists in Los Angeles—and despite dosages much higher than are used or tested for AIDS—are in the class that necessarily involves toxic side effects. Pert is quoted as saying: "I believe that what is needed are new discoveries, not new diseases." This otherwise welcome fact may have to disregard normal scientific models by which medicine defines its various, separate categories of inquiry and action. It involves whole new disciplines that bind together studies of brain function, immune system, the method by which viruses communicate, and even the essential nature of consciousness. "Mind," Pert explains, "is a molecular epiphenomenon." Consciousness, she suggests, may be caused rather than irrelevant to biological science.

Long before Dr. Pert was speaking of the molecular epiphenomenon of mind and the biology of consciousness, she had already told the crowd of lay and professional people what they wanted to hear. First, peptide T, by using the same message receptors that the HIV does to gain entrance to cells, is a highly specific AIDS treatment, an extremely good candidate for Magic Bullet status. Second, peptide T testing is currently in Phase I, under way, and increasing. And finally, while the hope represented by peptide T is coming closer and closer to availability, people should not be terribly discouraged by the "depressing numbers" coming out about how many people will die of AIDS. The numbers, although they are coming from good scientists, are not coming from pharmacologists or, to use Pert's phrase, "they are coming from amateur pharmacologists."

The hope Dr. Pert came to offer in San Francisco reached and stormed her audience. When discussing the progress of Phase I this summer, she said researchers are "being almost too careful about raising false hope," adding to exuberant audience approval. "I think fake despair is a bigger issue." The trials of peptide T in Los Angeles, supported by the National Institutes of Health, are soon to be complemented by expanded trials in Boston. Up to the present, all ten subjects in the U.S. have experienced improvements in some or all major AIDS-related symptoms, including neuro-psychiatric conditions, weight loss, diarrhea, and immunological functions.

A major problem in the development of the peptide T treatment has been just that, to understand what it is and how it is working. A person must be able to disregard normal scientific models by which medicine defines its various, separate categories of inquiry and action. It involves whole new disciplines that bind together studies of brain function, immune system, the method by which viruses communicate, and even the essential nature of consciousness. "Mind," Pert explains, "is a molecular epiphenomenon." Consciousness, she suggests, may be caused rather than irrelevant to biological science.

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Hire Staff For Britt

To the Editor:

Harry's staff, Jean Harris and Rick Ruvolo, ate working for us.

For our misconduct, forging vacancy notices, promoting our community development director, and ignoring our community concerns, we have fired them.

Chronic Fatigue Syndrome, promulgating a community development program and defending city funding for our misconduct, forgery vacuum notices, promoting our community development director, and ignoring our community concerns, we have fired them.

Harry, Jean and Rick, our aides, are paid S38k a year, you young men Harry usually has in tow.

You can find Harry practically any day, from Wednesday through Sunday, noon to 5 p.m.
EDITORIAL

CATALYST FOR CHANGE IN LAW

The impeachment of Hans Verhoef because of his AIDS diagnosis was one of the saddest moments in American immigration history, but there were bright spots in an otherwise dreary picture.

Steve Morin, the gay aide to Congresswoman Nancy Pelosi worked long and hard to obtain Verhoef’s release. While his efforts were only a small part of the international effort it took to release the Dutch PWA he deserves recognition for his work.

Another San Franciscan who deserves credit for the coming involved in the Verhoef affair was Tim Wolfred, the director of the AIDS Foundation, Wolfred met Verhoef at the airport and took the PWA into his own house for the duration of his stay there.

Mayor Art Agnos received a standing ovation at last week’s Health Conference where he proclaimed Hans-Paul Verhoef Day. Agnos also receives recognition for following the drama in Minnesota and for sending his personal limousine to pick up Verhoef at SFO on Friday.

Finally LAMBDA’s Legal AIDS attorney in Minneapolis also deserve recognition for their pro bono work for Verhoef and for helping to raise his $10,000 bail, particularly Johnathan Burns and Eric Linnstrom, the director of the Minnesota AIDS Project.

TIME RUNNING OUT FOR PARTNERS BILL

Time is running out for community input on Sup. Harry Britt’s domestic partners legislation. Although the legislation is still being drafted, Britt could introduce the bill before the Board of Supervisors as early as April 17th. If he does so, the first hearing on the legislation could occur a week later. The earliest vote could take place when the Mayor and several supervisors return from a trip to Asia on May 15th.

Understandably, the community is anxious to bring to fruition the bill that Britt introduced back in 1982, when then Mayor Dianne Feinstein denied it. But in the haste to sign the legislation into law, we should be careful not to sacrifice substance.

Criticism that the long-heralded bill will amount to little more than visitation rights and bereavement leave need to be investigated. For example, there is now good reason to believe that health benefits could be made available to extended family members rather than to just partners, according to one City Hall insider.

Until now, community leaders have been remarkably cordial in public about their differences over the legislation’s scope. The cooperation between Agnos’ “extended family” camp and the Britt “domestic partners” camp has, admirably, hastened the bill along. But important questions over the final bill’s scope remain, and gay and lesbian citizens should not shy away from debate.

Community input should be directed to the offices of Mayor Art Agnos, Sup. Harry Britt, or Sup. Angela Alioto, head of the Human Services Committee.

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San Francisco Sentinel • April 13, 1999 5
HEALTH CONFERENCE DOGGED BY CONTROVERSY
by Charles Linebarger

The imprisonment of Hans Verhoef (see sidebar) overshadowed the conference, according to many of the activists interviewed by the Sentinel. Even the Verhoef affair, which might ordi-
narily have been expected to send hun-
dreds of San Franciscans into the streets
to demonstrate, was handled by the politi-
cians and police authorities. In Europe there were demonstrations in many cities for the Dutch PWA. A small protest at the site of the city's AIDS-ARC Vigil attracted only a few dozen people. The police showed the apparent disinterest of the health workers in AIDS activities to obtain Verhoef's release.

The demonstration for Verhoef's release was held on April 7 at noon in front of the Sentinel Building. A small protest at the site of the city's AIDS-ARC Vigil attracted only a few dozen people. The police showed the apparent disinterest of the health workers in AIDS activities to obtain Verhoef's release. But by then the conference had been almost a side show to the Verhoef affair.

The actual conference (see sidebar) overshadowed the conference, according to many of the activists interviewed by the Sentinel. Even the Verhoef affair, which might ordi-

Critics Allege Local Concerns Ignored

Local critics of the conference claim-
ated that they were given the run-around by conference leaders when they at-
tempts to make the gathering more responsive to local concerns.

Student, the new director of Operation Concern, described the dif-
ficulties in trying to make changes in the con-
ference's structure. "There was a
lack of accountability," said Steven-
son. "We could never find out who was
making the decisions. We would call
Bea Roman and she would tell us to call
people at George Washington Univer-
sity in Washington D.C. The people
to whom we were told to call were always so
hostile we couldn't even find out what
their titles were."

Severino was also dissuaded from the high cost of registering for the con-
ference ($70). She added, "People with AIDS were bumped out of their
lounge by meetings, and a 12-step (AA)
meeting was bumped out of its
room. We were upset because we waged
such a long struggle to get these things.
There was also a lack of concern about
PWA health concerns."

George Roosen, the co-ordinator of the Gay and Lesbian Outreach to elders (GLOE) told the Sentinel that his group had been promised an hour to do a pre-
sentation about AIDS. "I thought that their time had been cut by half and
they were tied to another presentation about AIDS."

Room talked about what he felt was an over-emphasis on AIDS at the con-
ference. "The point is that it is tragic as it may be, some of us will live through this
thing and we can't drop other parts of the spectrum because of AIDS."

Broom defended the conference's or-
ganizers. "You cannot call two weeks
before a conference to change things. Everything is already scheduled, and in
truth I think that as lesbians and gay
men involved in organizing you need to assume responsibility for getting infor-
mation to the conference planners on

VERHOEF FRED THROUGH JOINT EFFORTS
by Charles Linebarger

Today I called and complained, "I think
that the conference may have been too
heavy weighted in the direction of the
epidemic. Said Rector, "I think it was
too AIDS-oriented. The reality is that
that's where a lot of our funding comes from and most of the money to send
people to this conference is AIDS
money."

However, Roman responded on the same issue with a different answer, "How can anything be too AIDS-
oriented? We need to give greater em-
phasis to other parts of the spectrum, but how can you say that there is too
much focus on AIDS? How is that possi-
ble?"

Too Expensive

The expense involved in registering for the conference kept many away from it. Wadey Palmer, a PWA and a member of ACT UP, told the Sentinel, that ACT UP was unable to afford the $400 charge to set up an information booth at the conference. "So we split a table with another group," said Palmer.

The director of 18th Street Services, Jerry DeLong, was also unhappy with the conference's relations with San Francisco's gay and lesbian agencies. Said DeLong, "One of their pre-confer-
ence institutes on sex, drugs and AIDS was sponsored by a straight agency, the Health-History Clinic. I thought that had to be an oversight on the part of the conference organizers because we have so many gay-specific agencies in the Bay Area. I called and complained, and we were eventually invited to be part of that pre-conference institute."

DeLong said he felt that the confer-
ce needed more scholarships for those who couldn't afford the registration price. "They also tend to do a bit better on issues of inclusion of the agencies in the city where the conference is taking place. I think it boils down to commun-
ication."

Roman reported that, though out of
1600 health workers registered at this
conference, only 21 were PWA health
workers. Actions by penal authorities in Min-
nesota where Verhoef had been held were indicative of the federal bureaucracy's eagerness to contain AIDS-related dissent. "I think it was a move to concentrate on AIDS," said Roman. "We could never find out who was making the decisions. We would call Bea Roman and she would tell us to call people at George Washington University in Washington D.C. The people we were told to call were always so hostile we couldn't even find out what their titles were."

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Ann Eshoo and Congressman Norm Mineta were among those in attendance.

The highpoint of the evening was a challenge issued by BAYMEC director Roger Biery to get people involved. Biery was armed with encouraging and interesting statistics. He claims that if half of America's gays gave $100 to a gay cause, we would have two million dollars per federal elected official. "That kind of money would make the NRA to shame," Biery said.

He also said that the same amount of gays gave 1 hour per month to the cause of their choice, it would amount to the equivalent of Hewlett Packard," Biery stated.

Quentin Kopp confirmed to the Log Cabin Club that he will run as an independent State Senator elected in this century. There has been speculation that Kopp would return to the Democratic fold.

Kopp also told the LCC that he believed Feinstein had a good chance to beat the bland Attorney General John Van de Kamp in the race for Governor, despite Van de Kamp's early attacks on her. Kopp believes Senator Pete Wilson is "the candidate...you can bet the farm on it." The state Governor's race is taking an early turn. Attorney General John Van de Kamp is trying to force former San Francisco Mayor Diane Feinstein out of the race. Van de Kamp wants to avoid a costly, messy primary race, so, he's attempting to outmaneuver Feinstein in fundraising, endorsements and party support. Van de Kamp now has top political gun Richie Ross in his camp. Ross is known as an aggressive campaigner who can run nasty campaigns.

On the Republican side, it appears that former baseball commissioner Peter Ueberroth has his eyes on Eastern Airlines rather than Sacramento. This can only please Pete Wilson, who should have no trouble beating LAPD Chief Darryl Gates. Wilson appears to be fashioning himself as a kind, gentle Deukmejian. Wilson has been sounding environmental themes and AIDS anti-discrimination, which Deukmejian vetoed.

Two of San Francisco's brightest political activists are teaming up to organize the only Harry Britt fundraiser of the year. Commissioner Rick Hautman and Democratic Party Chair Carrie Migden are coordinating the event to be held at the Zuni Cafe on May Day. For more information call Rick at 647-0549.

Recently, the Consejo Costa Sue ran an article entitled "And Rightly So." In it, the author lashed out at gays saying "with the rise of the AIDS menace, the public has made the connection between the unsavory gay lifestyle and the spread of this disease that is costing billions to contain."

Sam McConnell praised the Traditional Values Coalition for their attempt to block AIDS anti-discrimination legislation. The publisher's wife also praised TVC, saying "I'm so gratified that we have people who are willing to stand up for morality, the family, and ethical behavior."

The Log Cabin Club will be hosting the annual Mr. and Ms. Financial District Contest on Saturday night at Scooter's. Contestants will be judged on the presentation of themselves in their business and casual attire. The event begins at 6:30 p.m. at 22 Fourth Street. I would like to nominate Calvin Welch and Sue Hensot.

Congresswoman Barbara Boxer will honor supervisor Harry Britt at her annual "Woman making history" luncheon. "I'm glad to have this opportunity to honor Harry Britt's work against AIDS anti-discrimination and the spread of this disease that is costing billions to contain."

San Francisco's gay religious community has now coalesced into a strong force for gay religious freedom. The Council on Religion and the Homeosexual (CRH) has fought for Dignity and against the Papal visit.

On Saturday, April 22, CRH will hold its annual meeting at the Chez Malot restaurant at 527 Bryant. During the Agnos/Dignity controversy, unexpected support came from religious leaders in the non-gay community. This has sparked renewed enthusiasm for CRH which was incorporated in 1963. CRH intends to use this new spiritual enthusiasm to reach out to other religious communities.

At this week's Alice B. Toklas Lesbian Gay Democratic Club, Ken Jones described his meeting with Jessie Jackson earlier this week. Jones said "he gave me the thumbs up and winked at me, and I've been on cloud nine ever since." Alice Inez Chair Pam David was even more lucky. "I got a kiss!" David proclaimed, and added, "I'm one of the few men I kiss."
TRAVEL

Gay Travel At Its Best

by Jonathan Klein

It's Spring, and a gay person's fancy turns to thoughts of... travel! Actually, it appears gay folks think about travel just about any time, and there is an ever-increasing number of gay guesthouses, cruises, guidebooks and tours out there to consider when planning your perfect getaway. In an effort to cut through some of the confusion surrounding the subject of gay travel, here are some presented somewhat biased (but carefully considered) opinions on the best the travel industry has to offer to the gay community.

Best Gay City in Europe

No love London, some believe in Berlin, but I'll take Amazing Amsterdam any day. This city's acceptance of gay culture is contagious; some of the outskirts are quitestraight, but it seems the sensibility is contagious; some of the outskirts are quite straight; there is actually a public monument to memorialize gay people killed in the Holocaust. Gay nightlife (and daytime) is as vibrant as ever; Amsterdam has chosen the route of education rather than repression in responding to AIDS, so bathhouses, sex clubs and bathrooms are still open. There are also several reasonably priced and comfortable gay hotels in Amsterdam.

Best Gay Resort in Europe

The Greek island of Mykonos hasn't exactly been abandoned, but it seems that European and American gays are flocking more and more to the Spanish island of Ibiza for their summer vacation. The center of Ibiza is a spectacular beach, with whitewashed houses on the way toward the cathedral on top of the hill. Gay bars and restaurants are distributed throughout the town, and on warm summer nights entire streets become extensions of the bars.

Best Gay Event Outside the U.S.

Those friendly folks Down Under provide a great reason to visit Australia every February when they host the Sydney Gay Mardi Gras. A Cross between Halloween and Gay Freedom Day, Gay Mardi Gras is a month-long festival of parties and special events, culminating with a spectacular costume parade and an all-night disco party for 12,000 people.

The French don't need much of an excuse for a party, but the month of June is always a good reason. This is the time for the Gay Pride parade and an all-night disco party for 12,000 people.

Best Gay Event in the U.S.

For consideration in this category, I decided to eliminate events which were too close to home (such as Gay Freedom Day) or not exclusively gay (such as Mardi Gras). My personal favorite among the remaining contestants is an event which is still not very well known in California: the Hotlanta River Expo, held every summer (generally the last weekend in July or first weekend in August) in Atlanta. During this event, a few hundred men from all over the country take over a major hotel in Atlanta and participate in a round of parties, shows and contests (the title of Mr. Hotlanta is highly coveted), climaxing in a day of floating down the Chattahoochie River in inflatable rafts, complete with water fights, bathing beauties and plenty of skin. For more information about this year's Hotlanta River Expo, contact your travel agent or this year's San Francisco coordinator.

Best Gay Cruise

No contest here...RSVP Travel Productions provides the biggest, best-produced, most varied and most successful gay cruises in the world. Their growth has been phenomenal, too — after starting with one cruise in 1986, they have chartered six complete cruise ships in 1989, and all but one is already sold out. Many passengers rebook each year, and quite a few have already signed up for next year's cruise. These cruises have proven popular with all ages and economic groups, but so far the passenger list has been overwhelmingly male, most likely because RSVP has not directed their marketing toward lesbians. Information and reservations for RSVP cruises are available only through travel agents.

Best Tropical Island Vacation

Under $1,000

You don't have to spend a fortune — or a whole day traveling — to get a week in paradise. The Garden Isle of Kauai in the Hawaiian Islands is only six hours away from the West Coast, and two people can spend a glorious week there in the midst of tropical splendor for well under $1,000 each. Although Kauai is getting more and more developed, much of the island is still unspoiled and gorgeous, and unlike the other islands Kauai has a height limit on new construction — nothing can be built taller than a coconut palm. And Kauai now has at least three gay guesthouses offering reasonably priced, comfortable and friendly accommodations.

Continued on next page

A New Approach to Paradise!

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San Francisco Sentinel • April 13, 1989
ADVICE FOR HIV+'S TRAVELING ABROAD

by Ted Milken

Check with the consulate of the country you are going to visit. This should be the best advice for HIV+'s concerned about international travel after the U.S. detention of a Dutch delegate to the National Lesbian and Gay Health Conference last week.

While the United States is one of the few countries to turn back or detain visitors with HIV infection, it is not the only one.

Fortunately for travelers, we're one of the only countries with such strict restrictions on tourists with HIV,” said one travel agent who asked not to be identified.

Curt Hockenberry of the AIDS Legal Referral Panel of San Francisco advises any HIV positive potential traveler to contact the consulate of the country they are planning to visit before making plans. While no countries currently require

Continued on page 19

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Continued from page 6
year's conference 300 had been on PWA scholarships. And, said Roman, "I worked with the AIDS Foundation, Operation Concern, 18th Street Ser-
vice, and with the minority groups as well as the city's Health Department in organizing this conference. And you can only give a response if people call
you back."

Roman and others interviewed by the Sentinel called the conference a success. "The feedback I've gotten has been wonderful and good to hear," said
Roman. "When the best and brightest in our community come together it can only be for the good."

No News On The Medical AIDS Front

Dr. Donald Abrams of San Fran-
cisco General Hospital talked about the latest medical news on AIDS at the con-
ference at a special presentation which he and Dr. Connie Wileby gave on the morning of April 7. At that presenta-
tion Abrams discussed issues surroun-
ding the FDA-approved AIDS drug AZT, the alternative drug, trunefate, and the latest FDA-approved drug for AIDS pneumonia, nelfin penta-
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ference at a special presentation which he and Dr. Connie Wileby gave on the morning of April 7. At that presenta-
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After eight years of the epidemic the city is still allowing people with AIDS, mostly men, to die on the streets of San Francisco. Many of these people — because of their lack of education and access to the current system, drug-use, or alcoholism — are left to fall between the cracks in the city's AIDS model. Jim Fallot, a PWA from a white English family who died on the sidewalk outside of Ca's Jr., last winter, was one of these men. Experts say that most PWA's who are made homeless by the disease or their addictions are left to die on the streets. For women it is worse. They may have children.

Current housing programs for PWA's in San Francisco largely require the bottlenecks PWA's to give up alcohol or drugs, to follow strict and often arbitrary rules, or to be largely free of dementia, which affects many PWA's at some point in their illnesses. The administration's stated requirement that PWA's be educated and articulate enough to fit into the few shelters made available for them. For 40 or 50 PWA's the system works beautifully. For hundreds of others it is a joke. And for women it is worse. There is no shelter for women with AIDS and their children in this city. "Women who have AIDS die sooner than men who have AIDS," said Rosario Marway, a volunteer coordinator at an entirely women's AIDS agency in the gay Latino community and the co-ordinator of the AIDS education component at the Women's Institute for Mental Health. "And women who have AIDS are ostracized by their peers because it is assumed that they must be using drugs or having promiscuous sex. Women, especially in the minority community, have to deal with the Madonna-complex. Which charts for these women if you're not a Madonna you are a witch."

"For those women who have children the time they have left is precious. It is so important to create an environment in those last days for these children to hold a memory of their mother for the rest of their lives. This is the only time many of these women will have with their mothers. As of now many of these mothers often die in transit rooms after their children have been taken away by the social service system."

Shelley Fernandez, a board member of both Courges Women's Institute for Mental Health, told the Sentinel, "The city has provided any attention to this problem. Other agencies have set up shelters for men with AIDS, but there is a women's AIDS problem alpha here. People don't want to look at the problem of women with AIDS. Of course, in general we are not minorities in groups and minority PWA's have been largely unsevedly out of the city-funded AIDS agencies plans."

"It's shameful that people have not rallied around an agency like the Women's Institute for Mental Health," said Fernandez. "Latino women, particularly those who are Spanish-speaking, have a hard time understanding the city's bureaucratic rules and regulations. When we the granting agencies, the city health department and the philanthropists go to their money where their ideals are and stop avoiding the problem of women with AIDS and set up some shelters for these women?"

Fernandez, speaking for both Latinos and women who are currently underserved by the city's AIDS system called for open bidding on the city's AIDS agency. The women who are automatically funded now need to be looked at. Are they doing the best job for the money? Are we interested in helping PWA's or in helping agencies? The city also needs to look at agencies like Courges which are dealing with the hardship problem of Spanish-speaking couples when they receive AIDS right now but not one day earlier."

Currently the only shelter for women with AIDS is Golden Gate Park Care Center.

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BACTRIM AND SEPTRA VS PENTAMINTE
by Rodger Pettijohn, RN

I n the excitement of the FDA finally moving on approval of aerosol pentamidine for use in PCP prevention in persons at risk due to HIV-related disorders, it needs to be pointed out that this is the second choice for prophylactic therapy. The first drug of choice is oral Bactrim, which is also sold under the trade name of Septra. Its generic name is trimethoprim-sulfamethoxazole, often abbreviated TMP/SMX.

There are several reasons why Bactrim is preferred over pentamidine. First, it is less expensive. Second, since it is a pill, it is easier to take. Most importantly, and most often not considered, oral Bactrim gives systemic protection for infections caused by the organism pneumocystis carinii. While pneumocystis carinii pneumonia (PCP) is by far the most common form of PCP infection seen in persons with HIV-related disorders, the organism can and does cause extrapulmonary infections (i.e., infections in body organs other than the lungs). Therefore, a drug that can be safely administered to the entire body (systemically) offers a wider range of protection than one that is specific to only one area of the body. Because an oral medication is broken down and enters the Blood from the GI tract, it offers protection any place blood goes — which means every cell in the body, be it a lung cell or a liver cell.

The major problem is that many people are allergic to sulfa drugs like Bactrim. Other side effects to oral Bactrim in the low doses used for prophylaxis are extremely rare. Some people who have had allergic reactions to the in­travenous (IV) form of Bactrim are able to take the oral form without difficulty. For those who cannot take oral Bactrim, aerosolized pentamidine is now available. However, persons at risk who can take Bactrim should do so not only for its wider protections value, but to keep cost of pentamidine down (by not creating excessive need for the drug), and so that treatment slots in the already overcrowded public health market will be available for those who truly need the aerosolized treatments.

As always, the "official" information from the FDA regarding pentamidine is already behind the times. Many researchers (some "official" and others not so sanctioned, but equally, if not more, reliable) have already shown that much less of the drug is needed than the 300mg every four weeks that the FDA recommends. Much of this data will be finalized in time for presentation at the international AIDS conference this June in Montreal. Early analysis of these studies indicates that as little as 60mg., every three weeks is sufficient when used with a nebulizer that delivers a higher pressure dose of the drug to the alveoli sacs in the lungs (such as the Pulmo-Sonic by DeVilbiss Co.), and when "posturing" is used (i.e., sitting up for the remainder of the treatment). The type of nebulizer appears to affect the amount of drug need­ed.

Posturing should be done by all peo­ple who do aerosolized treatments, and approximately 50% of cases of PCP seen in persons who were doing aerosolized treatments ("break through" cases) are noted to be in the far upper or side areas of the lungs. It is recommended that you post until you feel comfortable that the drug is not suffi­ciently reaching these areas of the lungs when the treatment is completed. When the treatment is complete, the person should sit flat or at a 30 degree angle. Initial testing of the benefits of posturing show increased distribution of the drug to the lungs and decrease in the number of "break through" cases. If you are currently receiving aerosolized pentamidine treatments and not posturing, discuss it with your provider. These treatments are available at the treatment center you use, bring a blanket. Remember, it’s your body and you are in charge.

AIDS NEWS TALK
by Julian Baird

On Wednesday, April 5, the Community Research Alliance announced its formation and organized to perform clinical trials on new treatments for HIV infection and its secondary infections. The alliance is a coalition of representatives from Bay Area AIDS groups, scientists and doctors and was formed in September 1988 to supplement and speed up drug and treatment testing already under way.

Become an AIDS Volunteer

In response to a need for emotional support as well as quality medical care, Kaiser Hospital has established an AIDS volunteer program to support its hospital patients suffering from AIDS/ARC and their loved ones. The volunteers are dedicated, caring people who spend at least three hours per week at the hospital visiting AIDS patients and their loved ones. Once each month, the volunteers meet to gather in a support group. Each pro­active AIDS volunteer makes a six­ month commitment and receives formal AIDS-sensitivity training before begin­ning as a volunteer. For more informa­tion about the program or about be­coming an AIDS volunteer, contact Deborah Casado, AIDS Volunteer Coordinator, Social Work Services, at 924-4186.

An Evening With Louise L. Hay

Share an evening of love, warmth and healing with internationally re­nowned metaphysical counselor, teacher and best-selling author Louise L. Hay. She discusses her philosophy and ideas in her own inimitable and animated style. Learning is the work of Louise’s work, and the evening is an opportu­nity to learn how you can be more loving and accepting of yourself, the quality of your life, and create more wellness in your mind, body and spirit. Louise L. Hay has been teaching and lecturing around the world helping peo­ple to make positive changes in their lives. Her simple, practical approach makes it possible for you to transform negative beliefs into ones of love, health, energy and joy. Louise en­courages us all to look within to begin the process of healing.

Hyst-Union Square, April 21 (Friday), 7:30 pm, $25.

New AIDS Research Organization

The immediate problem the CRA is at­tending to is how to make many drug thera­pies and treatments, which the com­munity feels may benefit HIV infected persons, remain unseen or under­utilized. Reasons for the lack of testing are many: the backlog of treatments waiting for initial government approval, lack of financial resources, un­profitability, and scientific bias toward various treatments, etc.

The CRA is a unique organization which combines the technical expertise of the professional research community with the outreach potential of local health clinics and physicians to offer new treatment options and therapies to persons infected with HIV.

The model for this organization is the Community Research Initiative in New York City. The concept is community based research was recommended by the Presidential Commission on the HIV Epidemic.

The CRA Board of Directors repre­sents diverse community representa­tion, including people of color, IDVUs and hemophiliac organizations. The CRA has its own house Institutional Review Board, easing the way for quick responses to proposed protocols and project monitoring.

Contact Tom Wilcox, 415-626-2145.

El Toro — Research into the im­muno-stimulating and antiviral char­acteristics of the dietary supplement LEM, the mycelial extract of Lentinus edodes (commonly known as the Japanese mushroom) has gen­erated interest among AIDS patients and others with chronic immune defi­ciency illnesses looking for alternative therapies.

To take advantage of community­level evaluations of LEM as a treatment for HIV infection as well as other ill­nesses such as Chronic Fatigue Syn­drome (CFS) and hepatitis, a private data base project has been initiated under the direction of Tim M. Sharon, Ph.D.

Recent experimental studies con­ducted at UC Davis have shown that LEM may possess both immune system enhance­ment and restorative capability in addi­tion to antiviral characteristics. In addition, LEM was apparently very effective in in­hibiting the test-tube growth and spread of the HIV retinovirus.

LEM appears to restore and improve immune function through activation of macrophages and stimulation of lym­phocyte production, factors necessary for normal immune function.

In addition to LEM’s potential for treating HIV infection and AIDS, the immune-modulating activity of LEM has attracted interest as a possible ther­apeutic approach to CFS, sometimes referred to as “Chronic Fatigue Syndrome”. For example, a known cause of community—because it is often diagnosed in profes­sional men and women in their 30s and 40s.

Continued on page 22
SUICIDE AND AIDS

A small, initially reserved audience of about 35 persons, mostly AIDS caregivers, warmed up rapidly to speakers on the subject of AIDS and suicide. Each speaker presented his talk under a subheading: Suicide Risk and Assessment (Illinois); Suicide: Facts for Volunteers, Options for PWAs (San Francisco); and Rational Suicide (New York).

The facts, dignifying the three presentations as one exploration of the overall topic, were relatively clear. Suicide is contemplated by nearly 100% of HIV-infected persons at some point in the course of the disease. That is, suicide ideation occurs to them. Suicide can mean many things, from the obvious, active murder of oneself to simply refusing or not asking for help when it is needed. Suicide, not illegal, but to encourage or condone it, is suicide. Suicide may be a symptom of mental illness (pre-existing or HIV-related), or it may be a conclusion arrived at by a mentally healthy person. Suicide considerations among AIDS patients can not be directly correlated with similar ideation among terminal cancer patients or any other previously studied group because there are significant differences in average age, social pressure, and other factors. And, very importantly, when suicide comes up in a session of AIDS-related counselling or therapy, it is often raised by the professional who is also HIV-infected and has faced the same questions personally.

While statistics can, as the speakers were quick to point out, be manipulated or variously interpreted, the published numbers relevant to AIDS and suicide are significant. The risk of suicide for males aged 20 to 59 with AIDS diagnoses is 36% higher than for males of the same age group, according to the general population, and 66% higher for males generally, without regard to HIV status.

One speaker suggested the need to develop intervention strategies specific to the AIDS community. The other two were more concerned with removing the problems inherent in the lifestyle that was so common to PWAs (San Francisco); and the medical chart," he said, "prior to my diagnosis with AIDS, and gave it to somebody, they might think from the disease history that I was a 45 year old, equatorial African male living in squallor." A small subset of gay men, he said, had "unsuitably" increased these disease-enraging conditions which, like the conditions of life at its worst in Africa, lead to the immune suppression out of which gay America got the AIDS epidemic.

Callen and Lederer admit that their theories and their challenges to mainstream-accepted hypotheses are highly controversial, but they are not looking for conversions. They are not putting forward a new, exclusive theory. Instead, they say they want all possible causal and co-fac toral research questioned. To end, in fact, they recommended that the gay community should begin research programs of its own to compile data on PWAs: their history with prescribed and recreational drugs, their previous infections, their diets, and their stress factors. If nothing else, this kind of research might lead to new ideas about what elements — beyond safer sex and HIV testing — comprise an appropriate response to the current health crisis.

Cullen's case was actually well explained when Cullen described his own AIDS diagnosis which he got several years ago, when he was 27. "If you took my medical chart," he said, "prior to my diagnosis with AIDS, and gave it to somebody, they might think from the disease history that I was a 45 year old, equatorial African male living in squallor." A small subset of gay men, he said, had "unsuitably" increased these disease-enraging conditions which, like the conditions of life at its worst in Africa, lead to the immune suppression out of which gay America got the AIDS epidemic.

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THE VIOLINIST WHO CAPTURED ALL HEARTS
by Bill Haur

The roar of the crowd exploded in Davies Symphony Hall last week. They screamed and rose to their feet for the beautiful lady in pants: Nadja Salerno-Sonnenberg, who had just played Samuel Barber's Violin Concerto with the San Francisco Symphony. The concert, under the direction of the enormously talented Neeme Jarvi, was one of the most successful of the season.

But the glory belonged to Salerno-Sonnenberg. She has a sweetness of tone in her upper register that could make a songbird cry. Barber's limpid melodies, which fill the first two movements of this concerto to overflowing, came off Salerno-Sonnenberg's like liquid satin. The long, lyric arch of the opening theme shimmered with supple expression. The husked mood of the Andante continued to intensify until the soaring statement of the main theme by the violin seemed to release all of the pent-up energy and send it wailing to heaven.

The triplet rhythms floated easily over finger-work in this presto extravaganza. The triplet rhythms as the violinist drove the music with a sly smile to it, but on Friday Jarvi took the music's humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her amazing dexterity: Never made its humor more brittle, almost fireworks clearly excited Salerno-Sonnenberg's fancy, for she lavished on it all of her am

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Nadja Salerno-Sonnenberg was a replacement for the ailing Erich Leinsdorf and thus he inherited the virtuosity of this concerto perhaps this truly great music would be more famous by now. It ought by rights to enter the traditional repertoire immediately, right up there with the Brahms and Beethoven concertos.

Neeme Jarvi's work began with the keenly adaged program. Jare was a platonism for the splendid Erich Leinsdorf and thus he inherited the virtuosity of this concerto perhaps this truly great music would be more famous by now. It ought by rights to enter the traditional repertoire immediately, right up there with the Brahms and Beethoven concertos.

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C.R.E.A.M., his 1988 film which was premiered at last September's New York Lesbian and Gay Experimental Film Festival. 8 pm, SF Art Institute, 800 Chestnut St. Additional information is available from the SF Cinematheque, 558-8129.

OUTLOOK — Monthly lesbian/gay video magazine. 9 pm on PCTV Cable Network in Oakland, Berkeley, Alameda, Emeryville, Piedmont. Features Michael Lumpkin of Frameline, bodybuilding with Dianne Aronson, and the gay fan club of the TV series Dark Shadows.

MIXERS

PFLAG — Uncle Sam gay? You bet! Come and help the gay and lesbian federal employees from PFLAG celebrate their fifth anniversary as an organization. Live Oak School, 117 Diamond St., 8-11 pm. No-host bar, buffet, music, dancing and good folks. 695-9174. $5.

UNIFORM FANCY — Ball and Contest. The Kennel Club, 628 Divisadero. Doors open at 9 pm. For women and men. Admission $10 with a uniform, $7 without a uniform. 550-0122.
431-0891.

BISEXUAL MEN'S SUPPORT Group. SF location, 7:30-9:30 pm, free. 922-5288.

SUNDAY'S CHILD & FAMILY Support Group. SF location, 7:30-9:30 pm, free. 252-4510.

COMMUNITY SEMINAR — Creating a Relationship. A practical, results-oriented seminar for gay men who want a relationship. 7-9 pm at MCC Building, 150 Eureka St. (3 blocks west of Castro between 18th and 19th). $5. Partners Institute, 863-5961, Ext. 2511.

CABLE CAR AWARDS — Vaaccom Cable 6, SF, will broadcast men's video coverage of the 1989 Cable Car Awards program, 8-9 pm.

MIXERS BFRIENDLY — San Francisco's Bi Nite out. Castro neighborhood restaurant. 7 pm, dinner and conversation. For information and location, call Karla, 863-5961.

INDIVIDUAL GAY MEN'S SUPPORT — Group for men with HIV issues. 6th of eight weeks. 2 places available. 7-9 pm Tuesdays. Operation Concern/Operation Concern's GLOE and Legal Assistance to the Elderly (LAE). By appointment only. Call GLOE for more information, 626-7000. Free.


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San Francisco Sentinel • April 13, 1989 17
If you're new to the scene, you need to consider very carefully what you are doing before you go out and spend a lot of money on leather. You can make some very expensive mistakes by buying into a leather store and "costuming" yourself for the bar. People do this all the time, but you are also helping to fund the leather parties of the Leathersex Fairy — will not be one of them.

Until you feel settled into a circle of leathermen, or you have spent enough time around leather-involved people to understand what your choices mean about yourself, buy only the most basic items or nothing at all, which were not so long ago, newcomers were expected to earn their leathers. This usually involved a standardized recognition of your "baptism" in the scene, according to the ways of the particular crowd you were moving into. For better or worse, that idea is pretty much gone, but it is still a good idea to apply to yourself. As you discover what you are into, let this rule apply: Perform now, spend reward yourself with the appropriate leather clothing or toy later, unless you hook up with a Daddy or Master in the meantime who wants to do that for you.

Boots, levis, a belt, and a T-shirt will do, of course. It is not a problem if you bought something comfortable that makes you look hot. But it is stiD a good idea to apply to yourself. As you discover what you are into, let this rule apply: Perform now, spend reward yourself with the appropriate leather clothing or toy later, unless you hook up with a Daddy or Master in the meantime who wants to do that for you. Boots, levis, a belt, and a T-shirt will do, of course. It is not a problem if you
The Prospect of Detachment is a collection of fifteen short stories — several of them very short and none longer than twenty-one pages. Seven originally appeared in Christopher Street magazine (1987, 1988), one in The New Yorker (1988) while the remainder appear in this anthology for the first time. Lindsay Cameron seems equally comfortable in a gay environment or out of it; the stories fall into three broad groups, those with gay themes, those set in Japan and those concerned with the dynamics of family life, the first group being the largest.

If it seems that all the good writers are currently trying to produce the definitive AIDS novel or that gay themes these days are synonymous with gloom and doom, this book’s humor will be a welcome change and may even come as a shock. Ms. Cameron not only traffics in conventional situations — the sooth fairy in conversation with a toothache sufferer. Jesus at the Gay Pride Day parade and, of course, Marcel’s prospect of detachment — but people trying to make characters who have doped their tongues in acid. Both dialogue and narrative are witty in the traditional sense of the word — wry, dry and sharply barbed. The writing is usually fast-paced, particularly in those stories with a gay theme; the reader is thrown from one set of circumstances to another — often preposterous, with scarcely time to draw breath. Further immediacy is produced by setting ten of the stories in the beginning of this book. Further immediacy is produced by setting ten of the stories in the beginning of this book. There is a convention among editors when compiling anthologies of short stories, that those at the beginning and end should be the best, the outstanding ones if possible. This, however, blurs the filling in between, at least first and last impressions will be good. There are no duds here. Ms. Cameron may backpedal or accelerate speed and intensity throughout the book but, without exception, there is originality, acute observation and spontaneous wit in every story.

It is generally no part of a book review the author as well as the book — that stands or falls on its own — and this one stands up solidly. However, my own interest in Lindsay Cameron was stimulated not only by the fact that a woman was writing so knowledgeably about gay men (and, if there is such a thing as a ‘gay sensibility,’ she certainly has one), but also by the photograph on the back cover. Ms. Cameron is sitting side-by-side on an antique-looking settee, dressed as if for a first prom in a sleeveless less ball gown, silk flowers around the shoulders, white gloves past the elbow and pearl. Her hair is flipped up at the sides in a Jackie O fashion and she is smiling. She looks terrific.

Having just finished a book in which the ordinary is extraordinary, the extraordinary normal and everything is turned on its head, I was suspicious that, like the title, this choice of photograph was deliberately tongue-in-cheek, not one last joke played on the reader. Is this really Lindsay Cameron? I wondered. “I am smiling (I like to think it in a way, sophisticated smile).” ... ’Begins one of her stories; I have to admit to being intrigued. But either way, if this is the real Lindsay Cameron or even if it is not, I hope she will continue to produce works of the wit and quality of those in The Prospect of Detachment.
This week I've got something for just about everyone. I hadn't planned on writing any more about Bananarama, but I feel obliged to respond to the Chronicle's vicious "review" of their show. Plus we've got the new Elvis Costello ("Finally," you gap with longing) and a bizarre Japanese metal band. Before I forget, buy your tickets now for the Replacements at the Warfield on May 10 if you haven't already, and does anybody know what happened to the Jewelry Box Gang? Enquiring minds want to know.

Bananarama, 66, Warfield. The key element to last Thursday's show was FUN, which is probably why the Chronicle's "pop critic" didn't like it. The show was――and yes, a couple of the costumes bordered on silly. But the three women were obviously having a good time and so was the audience. So why analyze it? The backup dancers were also having a good time and they were there to do, according to my buddy Harlan. I didn't notice; I was too busy ogling the babes of Bananarama. (Incidently, would these women put on a decent show. A chance to show off your new Mary Jo Johnson outfit. (862 Market, 775-7722)

Elvis Costello, Spike, the Beloved Entertainer, Warner Brothers: How do I, humble columnist and former college DJ, dare to presume to review an Elvis Costello album? Well, hell, someone's got to do it. Elvis has grown up gracefully, even matured, without losing his edge. In fact, he's only sharpened his weapons of words and music to move in for a deeper kill. The musicians on this album are top-notch, including the Dixie Doom Brass Band, Paul McCartney,....

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**COUNTRY MUSIC**

**STRANGER THINGS HAVE HAPPENED**

by Ronald Vieth

Royce Milsap, whose adoring fans have been put through the test of time and faith with his adventurous yet tiring foray into country/rock and blues infusion, is once again par for the course with *Stranger Things Have Happened*, his first album in too many years. Ironically titled, this RCA effort will most likely maintain enthusiasm in those who adored his last hit, "Button Off My Shirt", which though topping the charts was about as country as MTV. The significant and ultimate challenge of "Stranger Things" will be its ability to rekindle those fans who strayed from the Milsap camp when he all but abandoned not only his following, but country music as well.

With the success of the lead single from the album, Hank Cochran's classic "Don't You Ever Get Tired Of Loving Me", which recently enjoyed a week at Billboard magazine's number one slot, the acceptance for Milsap would seem to be as easy to achieve as a machine gun would be for a money-toting maniac in our state capital. This however, is an achievement not to be outlawed or overlooked.

In *Stranger Things*, Royce Milsap, 1975 Country Music Association's entertainer of the year, returns to the bal-laden style that has garnered the singer/songwriter plaudits, and in this case co-producer, an astounding forty number-one hits since 1974. With one down and more than likely several more to go, this album could very well extend that figure to forty-two, at least. The just-released single "I've Stopped Your Fingers", an equally well-composed ballad, has already mounted its climb while my personal favorite, "A Woman In Love", is waiting in the wings.

*Stranger Things Have Happened*, though certainly no Lone Sloane masterpiece, is a sufficient incursion into the easy listening side that can often be country music. While the album's intent may be to introduce Ronnie Milsap to the prevalent "thirtysomething" crowd, it inadvertently reintroduces the performer to his long and almost forgotten following, the die-hard romantics who don't mind a little "sap" in their Milsap.

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**CITY BEAT**

**CROWDED HOUSE BRINGS THE HOUSE DOWN**

by Harold Niesen

Crowded House, in the words of their "Don't Dream It's Over" is spewing at the seams with "liberation and relief", and offered Wednesday's sold-out audience at the Warfield more subtlety, intricate arrangements, and clarity than their three previous SF performances. Paul Kean (drums) still looks like Pippi Longstocking, bassist Paul Seymour's sexy wrists have even more hair, and Neil Finn's blurry vocals are even more gravelly. Their childish playfulness is now serious silliness, still boisterous, yet humble. Their mission: to preach at a white trash level.

There's much to draw from Crowded House music, and everyone draws something different. It's no wonder Temple Of Low Men topped every year-end best-album list. Along with the band's musical growth and Neil's maturations as a songwriter, Crowded House audience has changed radically from "muchs Kim and clenching Barbi" to a more Morrissey, huncher crowd. Crowded House performs with evangelical fervor. "Noticing the phrase 'Temple Of Low Men' scrawled on one of the many churches in Hollywood, Neil says, 'We saw Jimmy Swaggart on TV, fleecing the poor. We'd be on the bus hours together'" the audience needed to remind them they wanted more music. ("Music? Oh shit, we forgot.") They'd visited Alcatraz that day but "froze our balls off and only saw Aussies and French folk." When Paul stopped a song to inquire about the small crowd coming from a group in the wings, they'd visited Alcatraz that day but "froze our balls off and only saw Aussies and French folk." When Paul stopped a song to inquire about the small crowd coming from a group in the wings, Neil coped a "hey dude, pass me some of that shit" attitude and the audience responded leader to this crusade. Paul referred to pot-smokers as "Dave Peckersheads", "Anyone smokes' that stuff is shining themselves." A courageously loving stand to take after the "Peckerheads" had much paid twenty bucks.

Neil captured the diverse gifts tossed onstage. "Gifts are like a shrine—let's build one." A fan presented a portrait of Neil and after agreeing it was beautiful the band quietly decided the band itself was too fat and it looked more like David Letterman. Neil picked up a condom labeled "RESPECT" and found the experience "2m-like", calling it the theme of the evening. Always preaching, Paul quoted the day's "Ready Bunch" episode, calling Alice and "the only one to get it right". Day by day, the boys insisted they were hungry (Paul: "I could eat the band out of a dead dingo") and after deliciously consuming hot dogs and chips (we'll be on the bus hours together") the audience continued on next page

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— Paul Kent, THE NEW YORKER

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— Julie Solomon, WALL STREET JOURNAL

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I have always firmly believed that Doris Fish, Tippi, Miss X and Sandal Hebert were fine actors who had never really shown what they could do. For years, as a Go Go, they appeared in a series of badly written, non-directed nightclub revues, usually in tacky tederoin dives. The shows were never anything to write home about, and for a time, no one was really sure why the "Shirts" were so well known. The reasons were simple.

Doris Fish and Tippi could command a stage, a room, or a restaurant with their mere presence. Along with Miss X, they were the best costumed and most ingenious drag queens in the history of the community. And Sandal Hebert and made up drag queens (a real woman) often proved herself to be a surprisingly intense actress. (She stole last year's The Bad Seed at Theatre Rhino with her brilliant performance as Mrs. DuBois, a drunken, bereaved mother.)

The Bishop takes confession from a bereaved mother.

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The Bishop takes confession from a bereaved mother.

Theatre Rhino with her brilliant performance as Mrs. DuBois, a drunken, bereaved mother.

Shirline Holmes as Sojourner Truth in her one-woman show Ain't I A Woman. Two performances only. Continued to page 12

Although the laboratory results obtained with LEM are encouraging, there is little (other than largely anecdotal evidence) in the way of a substantiated demonstration of LEM's effectiveness with human patients. The LEM Project has initiated a community-level private data base project. They are inviting any interested individuals, physicians, or organizations to participate in this project by providing information on user experiences with LEM (and/or the shiitake mushroom itself) in personal dietary supplement programs.

Source: Tim M. Sharon, Ph.D., LEM Survey Project, 2742 Trabuco Road No. 105-464, Tustin, CA 92680-2740. Call: 714-752-1152.

National

Washington, D.C. — The National AIDS Network (NAN) has announced that its second Skills Building Conference was held at Washington, D.C.'s Omni Shoreham Hotel Nov. 2-3.

Continued from previous page

NANN's Skills Building Conferences were created for community-based AIDS service providers who want to develop their practical management skills in important areas such as finances, fundraising, marketing, public relations, personnel, volunteers, client services, case management and information systems.

NAN expects representatives of just-emerging AIDS organizations, agencies based in minority communities, and well-established service providers to attend the conference. The first Skills Building Conference, held in New Orleans in October 1988, brought together nearly 700 managers, board members, staff and volunteers from some 313 AIDS organizations in 42 states, Canada and Puerto Rico. The second Skills Building Conference is expected to build upon the successes of the first, and to incorporate the suggestions of last year's participants. The National AIDS Network is the resource and networking organization for more than 450 community-based AIDS organizations across the United States.

Call Lynne Vance, 202-297-2407.

Shirline Holmes as Sojourner Truth in her one-woman show Ain't I A Woman. Two performances only.

For two nights only, Saturday April 15, and Sunday April 16, you will have a rare chance to see Shirline Holmes perform in her own one-woman show Ain't I A Woman.

The play tells the story of Sojourner Truth, a black slave from the 1800s who became an abolitionist, a suffragist and a social reformer at a time when black women were ignored. Originally named Isabella Baumfree, she claims that the name given her by the Lord. In 1843, after a life in slavery, she took to the road to preach, teach, and speak out against slavery. Her name was symbolized of a great justice. She was an apostle of the faith and of the often painful truths regarding the state of human rights that she spoke.

Shirline Holmes is a New York-based actress and playwright who has performed Ain't I A Woman throughout the East Coast and Midwest. Her inspiration to do the play came from a statue of Sojourner that she had seen in New York City. This will be her first West Coast appearance.

Ain't I A Woman plays at 8 p.m., April 15 & 16, at the Blue Bear Theatre in building D at Fort Mason. Call 282-2745 for ticket information.

Following the April 15 performance, there will be a special reading of Tom Kelly's A Dark and Stormy Night, a new one act play.

Continued from page 12

Sagittarius (Nov 22 - Dec 21) Have a happy birthday! If you dread the year ahead, that's really paranoid. A new year brings an opportunity to change the way you view the future. Your energy is so strong you can make new connections. Your personal relationships will be good this year. This is a year to learn something new and apply yourself to a project. You will receive new friends, opportunities, and experiences. Making new friends will help you with some of your personal challenges. You won't feel as alone.
Robert told me that Le Trou, literally translated, means "the hole in the wall," and there's some truth to that, because you really have to look for the place to find it. There's no neon sign, parking lot, or logo. Reservations are preferred during the week, and essential on the weekend.

What makes Le Trou so unique is its price fixed approach to food. During the week a $25 three course meal and a $35 four course Menu of Merit is offered. On the weekend a $45 Menu of Contemplation is offered. The $25 menu includes one vintage, and the $35 includes two wines accompanying two different courses. This means your glass will be refilled as needed. The $45 menu includes two different wines plus an aperitif or a dessert wine. (Though we tried Le Trou during the week, we were allowed to sample a pear wine and a raspberry dessert wine, both of which were delicious.)

In the old days, there was an absolutely fixed menu — no choices at all, and you came on the evening that a menu (or possibly your dinner partner) tickled your fancy. Now Le Trou gives you a choice of appetizers and main courses within each price range.

The setting itself can be described as homey, pliable French. There are benches along the wall with soft, pliable throw pillows. Lighting is intimate, but not dark. The napkins are handstitched and there's beautiful pottery on the walls, some of which is for sale. Soft music sets the tone, and a waitress takes your wraps as you seat yourself for an evening of food and conversation.

Robert Reynolds' approach to food is somewhat like that of Alan Wong, whose esteemed French restaurant Cen­dillon is but a block away. (We noted a poster from Cendillon in Le Trou's kitchen and imagined those two chefs calling each other, swapping ideas and secrets.) Robert is willing to take chances, blend flavors, and mix new approaches with old standbys. When it works, it's magic.

The bread sets the tone for the evening — it's a baguette that's part white, part wheat with a little cornmeal thrown in for good measure. Served with sweet butter, it's difficult to leave alone. Soupe au Pois de Maï is a creamy leek soup that has a very light, potatoey flavor. Zepahy au Congerines (and don't forget, these dishes are part of price fixed meals, which is why we aren't listing prices) are light and dreamy little carps with a mornay sauce and a hint of marjoram. They almost float off the plate.

Salad of Mesclun is a mixed baby greens. Just wonderful — the port was lean and juicy, but thoroughly cooked. Dishes like this remind me of what a great delicacy pork can be. The subtleness of the meat contrasted with the fresh apricot taste of the sauce. Robert's selection was what might best be called French soul food —hou­mous gnocchi. Cassoche was braised slowly with juniper and herbs. Potatoes, par­cetta (Italian bacon), veal sausage and duck were served with it. The food was hearty but elegant. Due to the heaviness of the flavors, the wine was the first dish to go with it. My friend Clark liked the beer enough to stop drinking apple cider and switch. (I mean he changed to beer — I don't mean he praised around, girlfriend!).

For dessert, the table favorite was the homemade trifles — intense burn of chocolate. Bijou aux Fraises, a kind of trademark desert with strawberries marinated in honeyed red wine on a sponge cake topped with orange creme Chantilly, was memorized by soap writer Arturdal Mauvieu in Tales of the City along with Le Trou itself.
What Allen didn’t know was that aboard his flight to Vancouver, Canada, was a secret weapon that looked remote. “I figure our women had come on a tendon, severed while cutting meat, so that she could swim in Van­
couver and wound up capturing first place in all the breast stroke events — the 50 meter, 100 meter and 200 meter — plus the 50 meter and 100 meter freestyle.

“Some award breakfast at the Hotel Vancouver following the meet was at­
tended by HRH Queen Elizabeth II, escorted by a Royal Canadian Mounted
Policeman. Liz was consoling Bill Munroe, a local who has made a career out of impersonating her majesty. In response to the question of whether she was unhappy that Queen Juliana of the Netherlands couldn’t attend the meet, the monarch said, “There’s been a lot of fooding.”

Other Tusunami women and a few of

and Joseph Callan (45-49).

John Toby, who drove up to the meet from Reno, took first in the 1500 meter freestyle. While she was unhappy that Queen Juliana of the Netherlands couldn’t attend the meet, the monarch said, “There’s been a lot of fooding.”

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April 9 Scores
Open
Eagles 4 - The Stud 2
UB's Barbelles 10 - Hot 'n Hunky 6
Rainbow Roos 19 - Rainbow Toos 5
Tobacco (R) 0 —
Corral 20 - Mint 9.

Sendings 28 - Rendezvous 4; Eagles 4 - The Stud 2; US's Bombers 10 - Pilsner Penquins 1
UB's Barbelles 10 - Hot 'n Hunky 6;
Rainbow Roos 19 - Rainbow Toos 5;
Eiadá'i I 0 —
Corral 20 - Mint 9.

Division One

Owens 72 85 626 Dekker Mysticks 78 56 699
Lobo's 73 89 697 Clock Barrels 70 54 674
Trouble 73 63 692 Hepners 70 54 674
Central Cream 52 49 464 Mumb 71 70 423
Clock Saddletramps 47 81 367 White Swallow Wascals 77 71 481
Ann's Town 43 81 355 Reducers 76 71 477
Bears Head 82 46 924 Phone Booth Operators 16 82 568

Division Two

W L PCT.
Clock Killer Bees 10 0 1000
Dave's Decease 74 54 718 Special Effects 77 54 718
Café Station Express 67 61 533 Playing Hole 'R Us 73 75 544
Park Bowl Mercenaries 77 56 496 Anna's Ruckers 67 81 377

Division Three

Deluxe Chicks 92 56 718
White Swallow Shrieks 87 61 753
Man's Waffles 63 61 656
Undaunted Terrors 67 81 377
Honeymooners 75 75 500
Reducers 74 81 421
Bear Tracks 81 63 456
Phone Booth Operators 19 79 582

The Inter-Divisional SFPA Play Begins

by Rick Bradford

The second half of the Spring 1989 season is under way in the San Francisco Pool Association, featuring an interrogative, format, where teams of equal rank from other divisions play each other. This past week saw Division 2 hosting Division 1, and Division 4 hosting Division 3. This interdivisional format generally assures races right down to the wire in the sprint toward the City Championship.

In traveling to the Clanch Keller Bees' Pool Hall site, the league-leading Scandalous Chao found a former "shark" dressed in "beezz" clothing. During the mid-season break, Ed Howard brought his 19-game winning streak over from the White Swallow Sharks and joined up with the Killer Beezz. Ed soon found out that all long things must eventually peter out, as the Chao ended his win streak at 30 games, even though the teams went neck and neck early in the season, ending the night in an 8-8 tie. The sister teams from the Special found themselves playing each other.

The Special Effects ended up kissing the Maud's Makeshifts, aided by Fran Herman's 4/0 night, swept past the White Swallow Wascals 11-5. In winning five of the last six games, Uncle Bert's Bandits came from behind to upset Maud's 9-7. The Badlands Badgers rallied from a 4-1 deficit to finish the night in an 8-4 dead heat with the Bear Handers. The Badlands Defenders upset Bill Hodeshner's 4 as a springboard to their victory in the Phone Booth Operator's 10-6. And the Bear Thangs, helped by Shirley Wentaworth's perfect 6/0 night, rang up an 11-5 win over the Phone Booth Dial Tone.

Division Standings
April 4, 1989 Week 1 of 14

<table>
<thead>
<tr>
<th>Division One</th>
<th>Division Four</th>
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<td>Owens 72 85 626 Dekker Mysticks 78 56 699</td>
<td>Lobo's 73 89 697 Clock Barrels 70 54 674</td>
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</tbody>
</table>

- **Announcements**: Add Ruckers, special offers, group discounts, etc.
- **Employment**: Hiring for the season.
- **For Sale**: Advertising space for SFPA members.
- **Mistakes**: Apologies for any errors.
- **Substance Abuse**: For those who need help.
- **Services**: Available for SFPA events.
- **Telephone**: Contact information for SFPA members.

**Strictly Personal**
- **Computers**
- **Photography**
- **Healthcare**
- **Legacies**
- **Religious**
- **Organizations**
- **Travel**
- **Miscellaneous**

**Announcement**
- **FBQ**
- **SFPA**
- **SFPA**

**Telephone**: 800-800-800

**Email**: SFPA@SFPA.COM

**Location**: 500 Horseshoe Street, San Francisco, California 94102

**Time**: Every Saturday at 11:00 a.m.

**Contact**: Phone: 800-800-800

**Website**: SFPA.COM

**Owner**: The Sentinel

**Issue Date**: March 13, 1989

**Price**: Free

**Subscription**: Available upon request.
leader and director of personnel for the
San Francisco Department of Parks, Recreation, and
Died of complications from AIDS on April 5 in the Ralph K.
Davies Medical Center. Mr. Schaaf was born in Maryville,
but moved with his family to Denver, Colo., as a teen-ager. Coming
to San Francisco in 1975. Mr. Schaaf was a tireless worker for
the lesbian and gay community. He was
alumnus of the San Francisco Chamber Orchestra, of which he was a board member.
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phone voice, typing, be ambitious and
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Be more fully alive. We often repeat, though unintentionally, the ingrained behavioral patterns that we inherited from our families. If we grew up within a dysfunctional family, we may suffer daily living. I offer brief and long term, professionally guided. Interpersonal therapy. Insurance. License 9ML 0701 (IS)

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See Ad Page 18

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Steam massage/South Pacific Way-Out on Call after 8 p.m. Enjoy soft hands from tropical island. freezer, 285-1780. Also exotic catering Indian or Polynesian cooking. (M15)

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PERSONALS - MEN

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Rup is a Camarillo County Man, very young, very reliable, very passionate, very sensitive. Do not confuse with crudely cut-out letters, fancy, fluid exchange, or crude charlatans of masculinity. Most people just look for pleasure in性. People over 40, if you're looking for something more, please contact Roger MCBRIDE 3116. (15)

Roger a short, skinny stud. He is a cutie, and hand- some top; into gradual physical S&M, bondage, and sensual, creative stimulation. Do not confuse with braided - not into mats, fluid exchange, or crude charlatans of masculinity. Most people just look for pleasure in sex. People over 40, if you're looking for something more, please contact Roger MCBRIDE 3116. (15)

HANDB undergraduate. Very handsome, very masculine good looks, fully smooth muscles. Very happy with body image. Fully employed, looking for an M/M relationship. Roger MCBRIDE 3116. (15)

PERSONALS - MEN

SLAVE - BOND FRIEND
Wanted by 42 year old master, daddy, friend. Will train this lad to obey. Housecleaning, cooking, car service, learning, going. No drugs. Military discipline with honesty and love. No phone or pcall accept. Report to the Master. (15)

SEEKING FRIENDSHIP?
No, I'm not queer, but I find it difficult to meet new people. Thought I would try this. About me: 26, 5'10", 140, thin, muscular, looking, honest, fun. Very healthy. Help in making things happen as opposed to waiting. Want to see the world. About you: 25-31 (near my age). Honest/more masculine, like to have fun and spend quality time with someone (not just looking for sex). Find myself attracted to many different types of men (Latin, Euro, etc.) Discreet. Photos please. P.O. Box 3096 + drop me a letter and photo which will be discreetly returned. Reply Sentinel Box #14A. (14)

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MIKE
25, 5'10". 160 lbs, brown hair, blue eyes clean, student, smart, muscleless. Fun, safe, discreet. $120. NO DRUGS. will travel 257-3322 (15)

WIRE SEXY ITALIAN
Hot, hard, young, athletic type, average. Versatile, healthy, very defined, tall Marine. Anytime, NO BS. DAN (415) 269-4325 (15)

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