Supervisors Support Stronger Controls

Downtown Plan: A Question of Limits
by John Wetzl

Resolution on the proposed Downtown Plan could be farther off than expected and political polling on the matter could intensify, as city supervisors jockey to reach a suitable compromise.

Last week opponents of the Feinstein-backed Downtown Plan managed to garner solid support for controls, and a fourth was in had surfaced by the middle of May.

The Downtown Plan sets a variety of height limits. The highest buildings would be limited to 400 feet under the Plan (the Bank of America Building is 800 feet tall). Taller buildings would have to have reduced floor areas.

The plan also would stipulate stylistic guidelines for new construction and would preserve certain old buildings of historic or aesthetic value.

With the encouragement to construct large buildings across the Market Street limiter, the city's highrise district would form a new renaissance between Folsom Street on the South, Fourth and Kearny Streets to the West, Washington Street to the North, and the waterfront on the East.

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South of Market
One key plot in the downtown planning puzzle are the flats South of Market. Now a heavily gay area, South of Market may be subject to sweeping economic upswings in the 1990's potentially driving up real estate value and, of course, making rents skyrocket.

George Williams says the form could reduce development in the financial district by 50,000 square feet per year. Extensive debate is expected over just what kinds of limits would be recommended.

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by John Welti

Resolution on the proposed Downtown Plan could be further off than expected and politically volatile on the matter could intensify as city supervisors try to reach a suitable compromise.

Last week opponents of the Feinstein-backed Downtown Plan managed to garner vocal support for tighter growth limits from the Board of Supervisors.

Three amendments proposals surfaced by the middle of last week calling for tighter controls, and a fourth was in the planning stages. The proposals together had the support of ten supervisors.

The latest discussion over downtown development comes on the heels of a two-hour meeting on building permits, and five years after an earlier effort to pass a Plan (the "Mammoth Plan") failed to get approval.

The Mammoth Plan has three major components: (1) a moratorium on new development, (2) a "30th and Mission" development corridor, and (3) a limit of 1,000 square feet per year.

The supervisors have been discussing the Plan for about three years, and the last time the Plan was introduced in June 1985.

Several options for the Plan have been considered by the Board, including a moratorium on new development, a "30th and Mission" corridor, and a limit of 1,000 square feet per year.

The Plan was introduced in June 1985 and has been discussed by the Board for about three years.

The Times of Harvey Milk
AIDS

The film "The Times of Harvey Milk" has been receiving critical acclaim and has been nominated for several Academy Awards.

The film follows the life of Harvey Milk, a gay rights activist who was assassinated in 1978.

The film features a diverse cast of characters, including Harvey Milk himself, his partner, and several other activists who were involved in the gay rights movement.

The film has been praised for its realistic portrayal of the period and for its accurate depiction of the events surrounding Milk's assassination.

The film has also been criticized for its portrayal of certain characters and for its depiction of the gay community as a monolithic entity.

The film has been nominated for several Academy Awards, including Best Picture, Best Director, and Best Actor.

The film has been received positively by audiences and critics alike and has been credited with raising awareness about the importance of gay rights and the need for greater acceptance and understanding of the gay community.

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Police Apprehend Knife-Wielding Suburban Teens in Castro

by Ira Kleinberg

Police apprehended in Castro by Ira Kleinberg knife-wielding suburban teens rest of a carload of gun-toting, police generated after the confrontation and Philip Lee were responsible turn out to be 20. Four 18th and Castro Streets, early Tuesday, turned out to be 20. Four officers. Lindberg was taken to prison. Philpott pleaded guilty about how Harvey Milk loved recognition. I think he always wanted an Oscar. "I love Harvey like opera and the Castro Theatre morgue the golden hand to meet the needs of Persons with AIDS, medical community, gay and community who have concern about the ever-expanding community will join the Rev. And then to have it confirmed, we understand about what.

Haggadah, the story of the Exodus, will be read in the congregation room. The service will begin at 7:30 P.M. on March 30. For more information, call 412-1020.

Committee Hosts Richard Locke

The Committee to Preserve Our Sexual and Civil Liberties will meet at 7:30 P.M. April 3 at the San Francisco Community Center, 2500 California St.

Interfaith Network Holds Healing Services

The AIDS Interfaith Network, a group of more than 100 religious leaders, will hold healing services April 19 and April 26 at the San Francisco Community Center. The services will be held at 7:30 P.M. and will be open to everyone.

Interfaith Network's Senior Minister, Rev. Richard Locke will be present at the Denver service.

The Phoenix, the Episcopal Diocese of California and the Episcopal Church, will hold a healing service April 19 at Grace Cathedral. The service will be open to everyone.

Volunteers for AIDS are needed to help with the planning and implementation of the services. For more information, call 708-7000.

San Francisco AIDS Foundation at Grace Cathedral.

For more information, call 626-7000. Board.

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Plan from page 1

"Our need to be who we are"

Sexologist Speaks for Bisexual Rights
by Ira Kleinberg

Maggie Murphy

"for a repairman to finish fixing an attic skylight. Her"

Rubenstein is fighting against what she sees as the "trivialization of bisexual people, by not just the straight community, but the gay and lesbian community as well.

"for Bisexual Rights

Rubenstein's forgotten to move her car—running out then back in again. The streetcleaner's coming and the traffic cop.

"Sexologist Speaks

"Our need to be who we are"

Rubenstein says, is knowledgeable about sex research, education, counseling, therapy and has a good theoretical, academic and exper

"being OK"

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Dr. Robert Cathcart demonstrating intravenous Vitamin C.

**Vitamin C Debate Continues**

david lampbell

Several hundred persons crowded the Metropolitan Community Church in the Castro March 22 to watch a demonstration of a hellsish ordure for the young biochemistry graduate—one that would eventually lead him to pioneering on the frontiers of medicine.

Levine’s health began to decline rapidly and steadily. By age 40, he was suffering from continual diarrhea. Then, as you might imagine, I retired into the print. He retired into the print.

Dr. Robert Cathcart is a Los Alton-based physician who became a “one-hel” because he is a double-blind con-
trol study. Dr. Levine was working on a variety of projects, including the effects of Vitamin C on AIDS.

Cathcart’s research on Vitamin C and AIDS is being watched by a scientific community that is cautiously optimistic.

Dr. Cathcart warned that the Vitamin C treatment he conducted didn’t fool itself to the kind of scientific, double-


**Strategy from 2**

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**Body Electric**

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**Intravenous Vitamin C**

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**The Allergy Breakthrough**

Ken Coupland

**'Omni' Article: Tough Talk about Yeast**

used by modern diet and drugs, a harmless parasite may be a real and constant source of problems in our minds and bodies. 'This statement began on an article on yeast infection in the March issue of Omni. The article, by Steve Baker, asked "As Fundamental in Disease" should be required reading for anyone concerned about the role of Candida infections in their personal health.

Dr. Daniel Truss, the article lists the pluses of yeast and its impact on our health.

But nutrients can improve or correct im-


**Free Radical Pathology**

Dr. Daniel Truss, the article lists the pluses of yeast and its impact on our health.

But nutrients can improve or correct im-


**Lifeforce Against Disease**

Dr. Daniel Truss, the article lists the pluses of yeast and its impact on our health.

But nutrients can improve or correct im-


**Nulricology, Inc.**

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**Nutritional Pathway**

Dr. Daniel Truss, the article lists the pluses of yeast and its impact on our health.

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**Palo Alto Medical**

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**Lifeforce Against Disease**

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**Parker Aids**

Dr. Daniel Truss, the article lists the plus
Editorial
Tom Murray
Play Ball

Last Friday evening I squatted into the vestibule of the Union Community Center on Market Street, amand at the crowd awaiting the AIDS Information Fair and World AIDS Day. The audience included women and men, gay and straight people, and members of the local clergy. These people listened attentively, asked challenging questions, and shared with each other their experiences of HIV/AIDS.

The evening represented a step toward health and well-being, gay pride, and the transformation of our society. On this issue we conclude Ken Coupland's series of articles on "Play Ball," a new column about the impact of HIV/AIDS on our lives. We are pleased to provide information and news coverage of the epidemic. The Sentinel is available at our office and Vibrate Health Center on Market Street.

In this issue we also unveil Sentinel At Ease, a newly designed section covering arts and entertainment events in the Bay Area. Lots of good things are happening. We're previewing, reviewing, and praising them, and encourage you to participate and respond. Here's a glimpse of what's ahead.

This Issue
Paw Hall lovers, typically associated with the macho straight stereotype, belong to us too. The gay rights movement has traditionally emphasized women's roles in the struggle for reproductive freedom, but gay men are also providers, breadwinners, and bread winners who can take on a variety of responsibilities.

Dear Editor:

Second, homosexuals have been cast as a "third force" in society. This is an obvious argument against the macho straight stereotype, belong to us too. The gay rights movement has traditionally emphasized women's roles in the struggle for reproductive freedom, but gay men are also providers, breadwinners, and bread winners who can take on a variety of responsibilities.

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They call baseball the "national game" of the United States. We're not sure how that implicates softball.

We can trace the history of baseball—and, by association, softball—back to England (naturally) and the games cricket and rounders, which were played in the early 19th century. And, of course, we wouldn't want to leave out the children's game "one old cat," which existed even before that.

Baseball was largely played in the Northeastern states before the Civil War, and Abner Doubleday is credited with creating the modern game in 1839 in Cooperstown, NY. And just like everything else these days, even that fact's being questioned.

Spring is many things, but more than anything else, spring is baseball (and softball). Something about those wooden bleachers, the first hint of warm weather in the air, the crack of the bat as it makes contact with the ball, the roar of the crowd, those uniforms.

The great thing about gay people playing softball (and baseball) is that when we do, we get to play positions other than left field. And isn't that what gay liberation is all about?

Batter up!

---

Opening Game of the season is Sunday, March 31, 12:00 Lang Field Rawhide vs Festus

<table>
<thead>
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<th>Field #1</th>
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<td>Vagabond vs Gingers</td>
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| **Week #2**       |                               |
| April 14          |                               |
| 10:00             | Cafe Sn. Marcos vs Trax       |
| Producers vs Festus | Cafe Sn. Marcos vs Trax |
| 11:45             | Kokpit vs Rawhide             |
| Vagabond vs Rawhide | Kokpit vs Rawhide          |
| 1:30              | Chaps vs Hamburger Mary's     |
| Amelias vs Pendulum | Chaps vs Hamburger Mary's   |
| 3:15              | Phonebooth vs Village         |
| Chaps vs Village  | Phonebooth vs Village         |

| **Week #3**       |                               |
| April 21          |                               |
| 10:00             | Cafe Sn. Marcos vs Pendulum   |
| Amelias vs Gingers | Cafe Sn. Marcos vs Trax       |
| 11:45             | Kokpit vs Rawhide             |
| Rookies vs Hamburger Mary's | Kokpit vs Rawhide  |
| 1:30              | Chaps vs Pendulum             |
| Producers vs Vagabond | Phonebooth vs Village     |
| 3:15              | Festus vs Pilsner             |

| **Week #4**       |                               |
| April 28          |                               |
| 10:00             | Cafe Sn. Marcos vs Village    |
| Amelias vs Rawhide | Cafe Sn. Marcos vs Village    |
| 11:45             | Chaps vs Gingrich            |
| Rookies vs Pendulum | Phonebooth vs Vagabond       |
| 1:30              | Phonebooth vs Hamburger Mary's |
| Producers vs Kokpit | Festus vs Vagabond           |
| 3:15              | Trax vs Pilsner              |
| Cafe Sn. Marcos vs Village | Festus vs Kokpit         |

| **Week #5**       |                               |
| May 5             |                               |
| 10:00             |                               |
| Rookies vs Gingers |                               |
| 11:45             |                               |
| Producers vs Amelias |                               |
| 1:30              |                               |
| Vagabond vs Pilsner |                               |
| 3:15              |                               |
| Trax vs Village   |                               |
Hockney Paints the Stage

David Hockney was already world-famous for his painting and drawing when he began his stage designs for opera. The unprecedented scale of his work and its astonishing breadth guarantee an impressive installation for this major exhibition at the SF Museum of Modern Art. No less than 250 objects by Hockney, including drawings, gouaches, set elements, and props, and paintings related to the theater designs, are on view. Hockney himself will make an appearance April 18 to discuss his collaboration on Satie's opera Parade. Through May 26. Call 863-8800.

Mixed Media: Hockney's stage designs include sets for Poulenc's Les Mamelles de Tirésias (top and left) and Satie's Parade (right)

Have you been to Paris... Texas?

Paris, Texas • 1 1/2

As the Brother

I've taken three friends to Paris, Texas; two of them did not find it a revelation. A German director, Wim Wenders, shot his 1 1/2-hour road-movie on the streets of hisTexas; it is shot to make a single point that Wenders wants us to take home with us. The two brothers have some awkward, fumbling moments. Travis appears to be amnesiac and mute. Walt reminds him of his son and W'alt's wife, Anne. Without tipping off the ending, Travis is shocked to get a call from South Texas indicating that Travis is alive, but not exactly well. Resumed in the desert, the two brothers have some awkward, fumbling moments. Travis appears to be amnesiac and mute. Walt reminds him of his son, played by Hunter Carson, in a one-way looking-glass controls the film's creative core is the hounddog face of a demonic preacher, and he was a phone call away from asking John Huston to play the part. One can only imagine how exciting the Stanton-Huston chemistry might have been, as it was left with three-quarters of a good film, ruined by an ending that contains merely an idea in the minds of the filmmakers, and not a resolution that pays off for us on the screen. Incidentally, Paris, Texas never makes it to Paris, Texas.

Win Wenders and Sam Shepard have admitted, in separate interviews, that they didn't know how to end this film. Wenders actually flirted with the notion of truncating Satie's opera Parade, but his message has little to do with feminist women or gay men. Shepard have admitted in separate interviews that they didn't know how to end this film. Wenders actually flirted with the notion of scrapping Satie's opera Parade, but his message has little to do with feminist women or gay men. Wenders and Sam Shepard have admitted, in separate interviews, that they didn't know how to end this film. Wenders actually flirted with the notion of scrapping Satie's opera Parade, but his message has little to do with feminist women or gay men. Wenders and Sam Shepard have admitted, in separate interviews, that they didn't know how to end this film. Wenders actually flirted with the notion of scrapping Satie's opera Parade, but his message has little to do with feminist women or gay men. 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Wenders and Sam Shepard have admits...
The Purple Rose
At the Galaxy

In the 1930s screen romance steps out of the patently absurd—the dashing hero of a film and into the audience—and make, the film, perhaps because it's so preoccupied with movie cliches, lacks the mind-boggling reversals on the role of originality of his last couple of projects. And his knack for salvaging Farrow's love interest, is there a hint of what this movie might have accomplished.

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The Hit 

"Even bad boys have bad days" reads the advertisement, which features a photograph of actor Jeff Goldblum as a young man, playing a high school student who's turned into a villain after a series of events. This is a humorous take on the idea of a villain, as it implies that everyone has a darker side.

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400 BANO

Next deadline April 5

THEATRE

Dick Hanbury

A Minority Report on Hangusy
Norrmh Rl<tm.kWell Goes Sour

Looking at Ron Prati and Gose Angel's vet before Europa theatre's production of Hangusy began, I felt as if I'd stepped into a Norman Rockwell painting. Washed in a brown lavender pastel light as it is, the bus stop dining room has the feel of an old Saturday Evening Post cover.

There's lots of talk about high interest rates, the farm crisis is structural and the play, as they say, is what's up. As I'd sent the essay to the farm, the opening is a nostalgic polemic. The play has swung onto the stage, and the critics have been stumbling over themselves in their reviews. And now, it seems, that the opening is a nostalgic polemic. The play has swung onto the stage, and the critics have been stumbling over themselves in their reviews. And now, it seems, that the opening is a nostalgic polemic. The play has swung onto the stage, and the critics have been stumbling over themselves in their reviews.
Pippin's Pocket Delights

Pippin's Pocket Opera, once again encored in a new home, the Theatre on the Square, continues to do for San Francisco what is so rarely ever done for English-speaking opera audiences: perform three great comic-dramas in a language the listeners can understand. Opera becomes a ritual and ceases to be drama when the audience is not listening to the conversations and soliloquies of the characters presented.

In the past, the operas of Donizetti have served Pippin particularly well. For Donizetti, as for Mozart before him, an opera is a presentation of concentrating, pure, and light entertainment, and the music should be judged by the quality of the music itself. The music should not be judged by the torments of the characters presented.

But Donizetti's musical and dramatic means should not be judged by the notorious standards of Verdi, whose music is much more extravagant. Donizetti's music is much more simple, yet his themes are much more profound. His music is much more profound, yet his themes are much more simple. His music is much more simple, yet his themes are much more profound.

Donizetti's harmonic vocabulary is much more limited, yet his themes are much more profound. His music is much more simple, yet his themes are much more profound. His music is much more simple, yet his themes are much more profound.
Wild Yeast

Sourdough bread. The term immediately brings to mind San Francisco and the hard-bitten forty miners that pioneered this art.

Actually, the discovery of "wild yeast" dates back some 5,000 years, to the Egyptians. The growing of leaven transformed bread into a more digestible food. This process was continued throughout the West, as the miners of the California and Alaska Gold Rush traveled throughout the West, they packed their "starter" dough and adding about 1 more cup of flour until the dough no longer sticks to the flour, knead until smooth. Do not use any metal when stirring down once a day; if a crust forms, do not remove it.

3. Allow the dough to rest about 20 minutes. Turn onto a floured board and knead 3-4 times, then divide dough into 2 parts and shape into 2 loaves. Place in oiled, greased, foil-lined pans. Cover and let rise until doubled in bulk (about 1 1/2 hours).

5. After proofing, measure out the remaining batter to the starter pot. Stir and refrigerate. A "sponge" instead of the yeast the bread uses. The failure of the sponge would only issue a liquor license to a citizen of the United States, the bookkeeper, kept the books, and owned the place.

The Sourdough Batter
1. Sourdough batter is a basic ingredient in all sourdough recipe. It must be made approximately 8-12 hours before baking.

2. Remove your starter from the refrigerator and allow to reach room temperature.

3. Add 1 1/2 cups of flour and approximately 1 cup of warm water (85 degrees) and mix well. Since all flour is different, add only sufficient water to make a batter consistency of light warm water batter. Cover the bowl tightly with a damp cloth and let sit for 2-3 days. This is a "good" time to feed your "sponge", as warm water can produce very primitive. The original owner was an Italian immigrant, Charley, who married an American woman. In the 1930's the Alcoholics who refused to listen to any explanations, saying, "He's a dope fiend and a thief and a liar!"

The Black Cat

The Black Cat was a bohemian bar, where people who were a little too "different" could go and feel at home. There were writers and musicians. There were women who worked in public whose dresses were shorter or longer or who took off their butties. The Black Cat was located at 700 Montgomery Street, a few doors from what are now Melvin Belli's offices. Today it is a video electronics store.

1. After the war my family and I went to Europe. I was there to hear the latest music, the newest poetry. Later I began to pinch hit for my lover Jimmy when he could not work. I waited on tables and sang a few sets and an expanded cast, the mad love story of Carmen." We have had prevent the sourdough from sticking. Add 1 1/2 cups of flour and about 3 cups of water to the sponge, mix well.

2. Add sourdough starter and mix well.

3. Allow the dough to rest about 20 minutes. Turn onto a floured board and knead 3-4 times, then divide dough into 2 parts and shape into 2 loaves. Place in oiled, greased, foil-lined pans. Cover and let rise until doubled in bulk (about 1 1/2 hours).

6. Bake in a 350 degrees for 40 minutes, brushing with your knuckles.

2. Add sourdough starter and mix well.

3. Allow the dough to rest about 20 minutes. Turn onto a floured board and knead 3-4 times, then divide dough into 2 parts and shape into 2 loaves. Place in oiled, greased, foil-lined pans. Cover and let rise until doubled in bulk (about 1 1/2 hours).

6. Bake in a 350 degrees for 40 minutes, brushing with your knuckles.
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That comes to a total of $298.00 for the pair of speakers.

The art of the Slumber Party

After a wonderful dinner, the five of us sat around the fireplace remembering our years of friendship. The conversation moved from the good days to stories of the current epidemic. Suddenly the meal together, the wine, the fire and conversation among friends were not enough. I felt a chill, a distance, an emptiness.

To face the future, I suggested that we do what we had never done before—discuss our clothes and play with ourselves and with each other. Resistance came up immediately in the usual form: words. We talked for the next two hours about the pros and cons of sex with friends, the usefulness of intellectual exchange. The man who was most opposed to the idea left the party for the bars, picked up a stranger and spent the night with him.

I arrived home still feeling empty. Walt Whitman stared at me from a poster over my bed. "Publish my journal: 'The future of Gay men's liberation lies in the physical intimacy with friends.'" Every day shows me new ways to live out the fantasy.

Before falling asleep that night, I wrote in my journal: "The future of Gay men's liberation lies in the physical intimacy with friends." Every day shows me new ways to live out the fantasy.

Last week I traveled to New York to teach a seminar on Taoist and Reiki approaches to sexual healing. I invited my friend in the Village. The first night I was offered the couch. "Roger, I would rather sleep with you." I told him that good friends should touch and hold each other and sleep side by side and that Walt Whitman should touch and hold each other and sleep side by side. The friend left the party for the bars, picked up a stranger and spent the night with him.

I always feel empty when I am the arm of my friend rested upon him also. "Yes Walt, intimacy heals.

Tom Thompson, details from 226 oil and acrylic.

Body Electric

Joseph Kramer

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March 29 — April 4

Friday, March 29
Samantha Sweeney kicks off the new season at the New Mid-City Auditorium.

Sunday, March 31
The AIDS Health Project opens new case management workshops for people who are at risk for AIDS and want to learn how to keep themselves mentally and physically healthy. In a small group setting, you will learn to:

- avoid exposure to AIDS
- reduce the stress of daily life
- build a support network for you
- develop your own case management plan
- how to eat healthily and stay active.

Call us at 626-6637

AIDS HEALTH PROJECT

Tickets available at: Headlines (Polk & Castro); Ron's Records (2354 Market); Advance Purchase: American Boy (463 Castro); Butch Wax (463 Castro); Ron's Records (2354 Market); All
15.00

10% reduction on adult men's center (AMC) Group/Corporate rates, including staff (also 3/30). See 4/6. Reduced to $225

April 5 — 11

April 5 — 11


The Vocal Minority, See 3/31.

Wednesday, April 10
"Painting Church" by Tina House. San Francisco Acro Theatre, 277-3801.

Arts Involved with Death & Suicide: collaborative efforts directed by Lambda. San Francisco Academy of Fine Arts, 2 p.m. Private Articld. See 3/30.

Dr. Ralph Michaels, Joseph Taro with Danny Williams; 10 pm, Valencia Rose, $5. Call 863-3863.

Joe Van Dyke & Dancers perform a program of new and old works by Joe Van Dyke; 8:30 pm. Studio Eremos, 861-3101. See 3/30.

Tuesday, April 9

See 3/30.

John Trantor, Australian poet, reads from his work, 3 pm, New College Theatre, $8 (also 4/6). Call 621-0377.

Frayne, premieres; 8 pm, Curran Theatre Theatre, $8 (also 4/6). Call 621-0377.

McGowan; 8 pm, SF Art Institute, $3. Call 893-2277.

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Alzlan F'.xpress in an evening of performances by four significant writers; 8 pm, Shelton Studio Theatre, $8 (also 4/6). Call 894-5040.

Kevin Palacios, Danny Williams; 10 pm, Valencia Rose, $5. Call 863-3863.


"Bring on the Race - No Future" San Francisco's performance community; 8:30 pm, 16th Note. Call 621-1617.

Jerry Jones' early work; 8 pm, Valencia Rose, $3; performers sign up 7:30 at Valencia Rose, 863-3863.

Monday, April 2

Bobbe Norris, jazz vocalist, with Larry Drake, 6:30 pm, Jolene McGowan; 8:30 pm, Valencia Rose, $5. Call 863-3863.


"Noise Off", antic farce by Michael Frayn, directed by Arin Arbus, 8 p.m., Zellerbach Hall, Berkeley; $9-$12. Call 642-0212.


"The Evergreen with Phyllis Lyon & Del Martin" of the Gay & Lesbian History series; 8 pm, 769 Mission Street. Call 824-5044.

"An Ending with Phyllis Lyon & Del Martin" of the Gay & Lesbian History series; 8 pm, 769 Mission Street. Call 824-5044.


"Sports time" & "Hitting the Links" at the New Mid-City Auditorium;

"Transfer, $15. Call 495-0185.

"Starter Pack" by Joan Jonas' sci-fi epic & Tony Oursler's neon art; 8:30 pm, 16th Note. Call 621-1617.

Francis, The Opera by SF Master Chorale; 3 pm, Zellerbach Hall, Berkeley; $10. Call 893-2277.


Carolyn Hester, Laurie Bushman, Linda Moakes; 10 pm, Green Room, SF War Memorial Bldg; 11 p.m., Valencia Rose, $5 donation. Call 821-0232.

"Nature Sounds" by the Northwest Symphony Orchestra; 8:30 pm, Hertz Hall, Berkeley; $12. Call 642-0212.

"Seven Years A possession" new work involves dialog, sound, movement & movement; performed by Joanne Litt; Studio Eremos, $10. Call 421-6503.

"772ND" by Asa Ga Kamashita; 7 pm, Valencia Rose, $4. Call 863-3863.
Once unique Scrumptious meals, rustic redwood cabins, hiking in the redwoods, swimming in the ocean and stories by the campfire are just the beginning. Plus, here’s a hint of some other activities:

SIGN UP EARLY FOR $30 DISCOUNT A FREE T-SHIRT

Night Talent Night everyone: singles, couples, men and women of all ages.

Sept. 20-28 Sept. 20-23 Sept. 20-22

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with a verifiable telephone number for a $5 fee. USA

NOW OPEN 7 DAYS A WEEK! MON-FRI 9-6 SAT-SUN 10-6

Sentinel Astrologer

Robert Cole

March 28-April 3, 1985

Aries (Mar. 21-Apr. 19): You can take this week to control the run of the universe. So discipline yourself to work consistently instead of doing things at the last minute. You'll find that it's much easier to concentrate when your mind is not distracted.

Cancer (June 21-July 22): Strut your stuff, Aries, because there's a lot going on in your life this week. You have a chance to fulfill your dreams, so go for it.

Leo (July 23-Aug. 22): Your personal worth continues to increase this week. You have been working hard and it shows.

Scorpio (Oct. 23-Nov. 21): Focus on your personal happiness in the next few days. You have a lot to be happy about.

Taurus (Apr. 20-May 20): Focus on your personal happiness in the next few days. You have a lot to be happy about.

Twin (May 21-June 20): A new phase of your life begins this week. Your energy will be directed towards your own growth.

Virgo (Aug. 23-Sep. 22): Your psychic foundations are still weakened, but you have a chance to build them up.

Cancer (June 21-July 22): Celebrate your foolishness, avoid the ridicule right now. It's much safer to have a laugh at yourself than to be taken seriously.

Sagittarius (Nov. 22-Dec. 21): You may find yourself in a compromising situation this week. You need to be cautious.

Pisces (Feb. 19-Mar. 20): If you're willing to make a commitment, you may be the one who benefits.

J-P (Jacking off)

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BIGGEST COCK CONTEST

Wed.—Body Builders

Sun.—-body Builders

Thur.—Body Builders

Fri.—Body Builders

Sat.—Body Builders

Sun.— BODY BUILDERS

NOTE: 1988 is a special year for Z.O.O. artists and inclusions. The body-conscious man. Wadsworth stoop, macularei, etc. We have a full clothes check system. BYOBer/VIDEO/and friendly!

Couples $50 N/N CASH ONLY

Alex Ray (Apr. 1-19)

11 Day OPEN HOUSE & AIDS BENEFIT

Sentinel USA

http://www.sentinelusa.com

1808 CLUB

OPEN & HOT!

EVEY:

Mon. — JOSCK OFF PARTY (homosexual only)

Wed. — GAY NATIONAL NIGHT (mixed) screen encourages

THUR. — BIGGEST COOK CONTEST (mixed/male)

Fri.—TUESDAY END

Sun.— BODY BUILDERS (gay and straight)

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COUPON

$5 GETS YOU IN

All profits from coupon (after advertising) to Ward 85

All other donations are tax deductible through The Godfather Fund

watch how his/her desperation is transformed into anguish. Your approach will carry on your traditions for years to come.

Capricorn (Dec. 21-Jan. 19): Celebrate your New Year this week. You'll find that it's much easier to concentrate when your mind is not distracted.

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PARTING SHOT

Photo Mick Hicks