Wearing his best Jerry Falwell ("Two-Gun") pants, President Reagan gave a superb patriotic speech to a happy, flag-waving crowd of some 40,000 fans.

Near 90 degree heat coupled with a 2½ hour delay to even get through the gate failed to dampen the spirits of this Labor Day crowd.

While the delay in time of the President's arrival, speeches were given by Senator Pete Wilson. Governor Deukmejian and last but not least, Assemblyman Ernie Konyn.

It was a day for signs and they may have very well saved the day as many used them for shade.

Right of legal recourse against their attackers.

While the previous words were directed at the violent, it encourages the next generation to take such action seriously, it encourages the next generation to take action and be the voice of those being attacked.

The number of reportable incidents seriously, it encourages crimes against lesbian and gay citizens and must be punished as severely as those against other citizens," concluded Roberti. 1

(Editor's Note: A complete list of the vote is available from the OUR PAPER office.

A crowd of 40,000 flag wavers showed up at DeAnza College to cheer the President on the campaign trail.

President and Mrs. Reagan received a warm welcome and cheers from the crowd that endured 90 degree heat and 2½ hours of waiting. "Four More Years" from the crowd brought smiles from the First Couple.

Gov. Deukmejian and last but not least, Assemblyman Ernie Konyn.
Washington Post

Fights for rights continue

The Association of Independents in the Media (AIM) will hold its second annual convention from San Francisco to St. Louis on August 19-25. The Washington based publication said it will hold the 25th Convention in San Francisco this year. The convention will be held at the Moscone Center.

The convention will feature keynote speakers and panelists from around the nation. The convention will also include a variety of workshops and seminars on topics such as media reform, political action, and community organizing.

AIM is a membership organization of more than 300 independent editors, publishers, and writers. The organization works to promote the development of alternative media and to support the work of independent journalists.

The convention is scheduled to begin on August 19 and conclude on August 25. Additional information on the schedule and registration can be found on the AIM website.

Gay Health Clubs

Hold convention in D.C.

The National Gay Health Clubs (NGHC) will hold its annual convention in San Francisco. The NGHC is an organization dedicated to promoting the health and well-being of the gay community through political action, education, and resource sharing.

The convention will feature speakers, panel discussions, and workshops on a variety of topics related to gay health, including HIV/AIDS, mental health, and substance abuse.

The convention is scheduled to begin on August 20 and conclude on August 24. Additional information on the schedule and registration can be found on the NGHC website.
Out of the Shadows... The Dance, Stuart, and Curtis

A love story with graceful definition

by Rosa Schmidlin

(Third and last in the series: of stories, notes, and elements that make the dance Torcible to be derived in effusing fante as a whole. And if the...)

"The Invocation" says Shawn primarily. "This is the moment when dancers sense their..."

"The dance, Stuart, and Curtis defined in mental..."

"I believe there is a great social phenomenon that controls this..."

"You, "nour I assert, "you can..."

"We have made mistakes," Curtis adds. "But some of our work is not..."
Our Bodies, Our Minds

By Harvey Thompson, M.D.

"Obese individuals are a personal and social problem. They are not only at risk for their own health, but also for the health of the community. The economic burden of obesity is significant, both directly in terms of healthcare costs and indirectly through reduced productivity and increased social costs.

The causes of obesity are complex and multifactorial, involving genetic, environmental, and behavioral factors. It is estimated that about 30% of obesity is due to genetic factors, while the remaining 70% is due to environmental and lifestyle factors. Obese individuals often have a higher risk of developing chronic diseases such as type 2 diabetes, cardiovascular disease, and some forms of cancer.

The management of obesity requires a comprehensive approach that includes lifestyle modifications, behavioral therapy, and medical interventions. It is important to identify and address the underlying causes of obesity to achieve successful weight loss and prevent the development of chronic diseases.

In summary, obesity is a complex issue that requires a multidisciplinary approach. By understanding the causes and factors contributing to obesity, we can develop effective strategies for prevention and treatment, leading to improved health outcomes for individuals and communities.
**Legal Aye**

By Patrick Franklin

**OUR STORY**

**"Two Women"**

**Teearooms**

By Henry Walter Weiss

The city was a strange thing. Generally, it consists of unhappy stories or bits of gossip that sound as if they might have come from the pages of a dime store adventure magazine. The untruths have established a career of growing larger and larger until they have caused someone to be dead or to have missed a bus.

The city was a strange thing. Generally, its reports were dead or to have missed a bus on the streets, the town is a great inspiration.

'What's New.'

by Ted Sau

Diamond John's bead

Thirty million dollars will be given away for motion picture projects

The announcement was made this past spring by a group of film enthusiasts. They were

by Ted Sau.

They worked

by Ted Sau.

by Ted Sau.

by Ted Sau.

by Ted Sau.

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by Ted Sau.
Our Bodies

Continued from page 4

Are any bodybuilders so stupid that they
think they can lose weight on a high-protein,
low-carbohydrate diet that is high in saturated fat? Why
not? The human body is more efficient at burning fat than
at burning carbohydrates. And it may not be as difficult
to lose weight on free radicals and antioxidants.

Our bodies are not designed to lose weight. They
are designed to store fat. People who try to lose weight
by Starve themselves are going against the natural
laws of their bodies. The reason is that the body learns
to store fat when it senses a need for energy. If you
think you can "lose weight" by Starving yourself, you
are simply fooling yourself.

The treatment rate for obesity is very low because
the treatment is not effective. Only 5-10 percent of
people who are overweight lose weight permanently
when they make a major project of it. Most people try to
lose weight in a "fad" diet, but the more extreme diets
are by nature high in fat, so they cause acidosis and
death. On the other hand, many more people have
more a response to frequent medicines. Each "style" of
diet has its own virtue, but the most poundage can be
lost in a group of similarly affected people than in single
people. The most poundage can be lost in a group of
similarly affected people than in single people.

The best diet for weight loss is one in which
people eat less fat and more carbohydrates. The diet
should also cause acidosis and death. On the other
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COMMUNITY CHURCH

For: Nancy Cheik</image>
THE LAST OUTDOOR EVENT OF THE SUMMER SEASON

SAN JOSE TAVERN GUILD

PRESENTS:

FALL FESTIVAL '84

SUNDAY SEPTEMBER 30
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SANTA CLARA COUNTY FAIRGROUNDS

FEATURED SYLVESTER

- LIVE ENTERTAINMENT
- DISCO
- GAMES
- FOOD
- FULL LIQUOR SERVICE
- AND ALOT MORE

TICKETS $10 IN ADVANCE
$15 AFTER SEPT. 26th

PROCEEDS GO TO VARIOUS COMMUNITY ORGANIZATIONS