RIGHTFULLY PROUD

INSIDE: SUMMER CALENDAR
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LAVENDER READER ▼ PO BOX 7293 ▼ SANTA CRUZ ▼ CALIFORNIA ▼ 95061 ▼ (408) 684-1542
OPENING WORD

As if you didn’t need another reminder as to how fast a year can pass, it is once again time for our annual Gay & Lesbian Pride Celebration.

Gay Pride is a time to reflect on our triumphs as well as the challenges that lie ahead. It is a time to remember that we live in a culture that twenty years ago would not have tolerated such an explicit public demonstration of our sexuality. While we’ve made progress over the years, we are still the citizens of a society in which homophobia and racism are widespread. The AIDS crisis continues to bring this to light.

As a community we are fighting for our survival. On a daily basis, our energies and resources are bound to the struggle against the political extremism of the likes of LaRouche. We are further challenged by our responsibility to provide for those dealing with AIDS. The weight of that responsibility is often overwhelming and has forever changed our lives. Out of this crisis, however, we will emerge stronger and more united. Therefore, when we march in Santa Cruz on the 18th, we have the opportunity to step back from the daily work, and celebrate ourselves.

Let’s also give special thanks to those who comprise the Freedom Foundation. Their efforts each year make it possible for all of us to enjoy a celebration that now runs a full week. The fact that a community the size of Santa Cruz can initiate and support so many events and organizations - Gay Pride, the Santa Cruz AIDS Project, the Lesbian & Gay Action Alliance, Lavender Reader, the soon-to-be-organized Lesbian/Gay Community Center, Great Outdoors, the Campaign for Responsible AIDS Action, AGE-M, the list goes on - points to the fact that we are a diverse, committed group of people. When we gather on the 18th - our most important day - let’s take a moment to reflect on how fortunate we are to live in such a place.

Speaking of celebrations, we of the Reader are thrilled to point out that we have the opportunity to step back from the daily work, and celebrate ourselves.

On behalf of the Lavender Reader - the editors, writers, artists, and production people who make this publication possible - thank you!
Dear Editor,

As a lesbian who works as an AIDS educator I am offended by Sonia Johnson's interview in Lesbian News (April 1988). I find her, and Shoshone's, moralizing to be out-of-date. The old split between "men's work and women's work" misses the mark and simplifies the complexities of our lives. It's rather more important to think that we all need to do pick-up our bags and move on so that patriarchy will fold. Really, wouldn't it be nice if it were so easy.

Just as the mainstream media has done, Sonia has manifested her homophobia by naming AIDS as a "gay men's disease." Clearly this is not true. The numbers of women and children diagnosed with AIDS is increasing daily. The idea that anyone is immune from the virus because of their gender, sexual orientation, or degree of "political correctness" is as dangerous as it is ridiculous.

Sonia's assumption that doing "AIDS work" is doing men's work is an attitude I have encountered here in Santa Cruz. I've been criticized for telling lesbians how to use condoms, and for acknowledging lesbians who have sex with men. I am told that "real lesbians have no use for condoms." Theoretically, I think it is important to express the issues of defining ourselves as lesbians and all of the ramifications, but in the meantime we still need to get the word out. The fact is, lesbians can pass the AIDS virus to other lesbians through sexual contact and/or sharing dirty needles. I am very aware of the feelings and I am aware of those feelings. I am aware of the opportunity to know so many wonderful gay and straight men. Together, as lesbians and gays, we have done tremendous work building coalitions, struggling for understanding, and maintaining compassion. We are fighting a terrible disease, but even more frustrating is trying to wage that fight within an oppressive and uncurious system. Sonia Johnson, and those who maintain similar attitudes, only add salt to the wound. We have enough to deal with without splitting within our own community.

Those of us who do AIDS work are doing an outstanding job. I am proud to be a part of this movement.

Robin K. Roberts
Education Committee Coordinator
Santa Cruz AIDS Project

Dear Editor

Thanks to Lesbian News for presenting Sonia Johnson's views that women—and lesbian women—should be pursuing separatism and not helping in the AIDS crisis. Her ignorance—and I hope it is not that of Lesbian News—makes me question my support of her in the last presidential election.

Ten years ago Ms. Johnson was a Mormon housewife making Rice Krispie Treats for her husband and kids, and I other gay and straight Santa Cruz men helped organize and picket a bar which was having a wet T-shirt contest for women. My point is that our politics and culture are ever evolving and, short of saying separatism is a stage we go through, to not look at oneself in a larger perspective of society means is closing off options and choices. If Ms. Johnson hadn't displayed such ignorance about AIDS and gay men I would not, however, be writing this letter.

Indeed, there are times—at ski resorts, bars or political meetings—when I wish there were no straight around or no women around or no lesbians around. I'm aware of those feelings and I'm aware of my feelings. I'm aware when I need to be around people who aren't like me. It is an ever changing matrix influenced by the situation around me. If nothing else has shown me the oneness of the world and our vulnerability as a people, however, it is nuclear holocaust and AIDS.

Ms. Johnson is free to grow and influence others as a separatist. But to urge lesbians to stay out of AIDS work is to assume her homophobia by naming AIDS as a "gay men's disease." Clearly this is not true. The numbers of women and children diagnosed with AIDS is increasing daily. The idea that anyone is immune from the virus because of their gender, sexual orientation, or degree of "political correctness" is as dangerous as it is ridiculous.

Sonia's ignorance—and I hope it is not that of Lesbian News—makes me question my support of her in the last presidential election. The frustrations we were feeling about not being able to rent a new office because of some people's AIDS phobia reached the breaking point with our fourth rejection in mid-May. We felt that it was time that the community found out what was going on, so we called the press. The positive response to the front page article in the Sentinel was very heartening. We're still looking at a few locations and are confident we'll be moved by the end of June. Anyone who's interested in helping us move or get settled, please call the office.

Three new paid staff will be hired and begin working on AIDS education in early July. This program, funded through the State Office of AIDS, will direct its efforts at gay and bisexual men and their female sex partners throughout the county and IV drug users in the northern part of the county. Salud Para La Gente, a community health clinic in Watsonville, will be providing a similar program for IV drug users in south county. We'll be working very closely, providing joint trainings for volunteers and sharing resources.

These programs are based on a street outreach model, using volunteers and paid staff to talk one-on-one with people who may be having high-risk sex and/or are sharing infected needles. SCAP already has two groups of committed volunteers out in the community and the addition of paid staff will help us to expand these programs to all the folks we need to reach.

The Community Health Outreach Workers or CHOW's have been working with IV drug users in the Beach Flats neighborhood of S. C. City since the late spring. Similar programs in San Francisco have had tremendous success in educating IV drug users about AIDS and prevention techniques, and we're very optimistic that we can prevent the further spread of AIDS in this community.

Our Peer Educators, who are talking with gay and bisexual men at local bars and cruising areas is, as far as we've been able to tell, the first program of its kind in the AIDS field.

Continued on page 15

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SCAP REPORT

Transition is the word at SCAP these days. New location, new staff and new programs are on the horizon for the next two months.

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Continued on page 15

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212 Oakland Ave
Corner of Escalona in Capitola

Continued on page 15
AIDS Research Tax Credit Initiative Falls For '88 Ballot

for the November ballot to offset the neg­

ative effects of the Dannemeyer and Block

initiatives. In less than the required time,

60,000 locally — thus falling far short of the

goal of 400,000 to 500,000 needed to as­

sure a ballot position.

How could such seemingly uncontro­

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overkill about AIDS fail? How is it that

we are getting to first base? Are

these two potentially devastat­

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signatures in less that the required time,

and we aren’t getting to first base? Are

we wrong in playing the “Initiative

Game” like our adversaries? These are

crucial questions gay and AIDS activists

have to ask themselves now.

The Santa Cruz AIDS Project should have

passed through to enter the test zone.

Continued on page 41

COMMITTEE AT LARGE

Wesley V. Harris

Licensed Marriage, Family
Child Counselor MN 16329

SATURN CAFE

1210 MISSION ST 429-8505

Continued on page 41

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Continued on page 41
COMMUNITY AT LARGE
The Good And The Bad Of The First Annual Lesbian And Gay Experimental Film Festival:

T
do this viewer, the First Annual Lesbian and Gay Experimental Film Festival, which was shown at the Sash Mill Cinema May 12 and 13, was a disappointment.

Sarah Schulman, an organizer of the New York festival of which this was off-shoot, introduced the films as philosophical and aesthetic experiments and not merely narrative entertainment. Unfortunately, most of the films, even at their best, seemed to use the excuse of being "experimental" to conceal the filmmakers' true dilemmas: that they didn't know how to edit.

Out of the nine films, I preferred those which were more narrative to those which were more photographic or filmic exercises. In Eileen Myles: The Poet Speaks, by Andrea Kirsch, for example, a woman recites to the camera the poetry that is her life—dental bills and unaffordable housing in Manhattan—which stands in contrast to her supposed American ideal upbringing in a wealthy, influential Boston family. The film's focus is specific, underscored by the use of only head and torso shots. She exposes her life for all to see, as if to say that no one knows this life. Despite being a lesbian and choosing the "wench" of a girl next door. Each opposes the other's life. The "wench" educates herself about a nun's dilemma of spiritual versus physical sensibility by watching the Gothic film Black Narcissus on TV, where sexual desire separates the good nun from the evil nun in a simple, black and white morality play. She then moves on to a rather flat reading of excerpts from Immolated Acts, history of a lesbian nun in 16th century Italy. The nun in the film becomes entranced by the sexual rubbing of dolphins at a local aquarium, as well as exploring the worldly delights of Coney Island. Finally the nun gives in to her desire, allowing the "wench" to disrobe and embrace her, ending the film on a hopeful and erotic note. Yet, throughout the film there is a tension between the plot line and a variety of filler images of James Dean and the young Marilyn Brando on TV. As the bikers go out into the world and room off to their clubhouse, other imagery is interspersed. Man straddles bike; Jesus straddles donkey. These images keep trading off, back and forth, and more imagery is added: clips of Hitler and swastikas. My knee-jerk reaction was that this film was not glorifying any of this stuff. I thought it must be an attempt at a critical comparison of followers of all persuasions: bikers, Christians, and Nazis. But the tone was ambivalent and I didn't care to pursue the rationale out of boredom as the film rather aimlessly ambled on. There were lovingly interspersed scenes of obscene fraternity-like rituals of de-tourning at the bikers' clubhouse. Jesus giving a blind man his sight, Hitler thrusting forth his palm in salute. I was left in a mixed-up muddle of imagery, a descent into decadence without much indication of intent. It was a confusing critique which ended up glorifying the imagery it—hope—set out to debunk. Ultimately, I was left with a desire to see more films that contained experimental narratives that told the wild and wonderful variety that is our experience as lesbians and gays. However, within the technical experimentation I would favor a context of more emotional and personal stories.
Community at Large

Larry Folsom: 1960-1988

The following month his worst fears were realized when he was diagnosed with AIDS.

He became a recluse, shutting himself off from me, his friends and SCAP. But with time and some friendly encouragement he slowly started dealing with his denial and his feelings of guilt and shame. Driven by a frustration of not knowing how to give Larry the kind of emotional support he was needing, I took the BUD-DY training at SCAP, which is designed specifically to teach volunteers how to give support to persons with AIDS. The resulting bond between us became stronger and more powerful than either one of us could have imagined.

Together, we constantly dealt with the intense anger that Larry felt knowing that his life was being yanked away from him soled one another through the desperation and SCAP's constant need for funding seemed a natural combination for Larry's participation in A GAY EVENING IN MAY fundraisers. That association was of great importance to Larry.

During his performance at A GAY EVENING IN MAY this last year, you couldn't help but see a change in Larry.

And with good reason.

Borns in San Jose, Larry moved to Santa Cruz when he was a teenager. He worked at Dominicans for eight years, where he established many of his long term friendships. Some of those friends were later called on to establish the Santa Cruz AIDS Project, SCAP. Larry's love of singing and SCAP's constant need for funding seemed a natural combination for Larry's participation in A GAY EVENING IN MAY fundraisers. That association was of great importance to Larry.

The purpose of the presentation will be to encourage a dialogue about how we as lesbians and gay men address the role of the military. Of particular concern is the gulf that often exists between those who fight for equal rights in the military, and those who oppose militarism as a result of their lesbian/gay political perspective.

Panlists will include Wesley Harris, U.S. Air Force, retired; Karen Andrade, formerly U.S. Army, UCSC thesis; Winter Soldier Organization, current war tax resistor; John LaRiviere, former U.S. Air Force; Kathy W., former U.S. Air Force; and Dan Dickmeyer, anti-draft organizer.

The Alliance encourages those lesbians and gay men who have served in the armed forces, or who have worked in the peace movement, to come and share their thoughts on Wednesday, June 15th, at 7:30 pm at the Louden Nelson Center.

The event is co-sponsored by the Resource Center for Non-Violence and the Veterans Peace Action Team. Sign language interpretation will be provided.

Childcare by reservation: 423-8259 -Allison Claire

Some people draw a circle to keep people out...

Come join the circle that wants to let folks in!

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Rev. Joan Hart, Pastor

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We've Earned Our 1988 Theme: "Rightfully Proud"

Every year at this time, I write a "State of the Lesbian and Gay Community" column. It happens to be that last year has been a good one—at most levels. But the next year appears to have some troublesome issues on the horizon.

One year ago, I was putting the best face on a bad situation. The Supreme Court had issued the Harwick decision, which helped alleviate some of the troublesome issues on the horizon. But the next year appears to have some face on a bad situation. The Supreme Court had issued the Harwick decision, which helped alleviate some of the troublesome issues on the horizon.

...a national poll showed a drop in support for gay rights for the first time in years. This last year showed many gains. The National March on Washington is, in my view, responsible for much of the positive effort. Even though there were few politicians present that day, six hundred thousand demonstrators for any cause is hard for an elected official to ignore. But the strength of the march is not what its effect was on politicians, but what the effect was on the lesbians and gay men who participated. At the time, I believed that it would show lesbians and gay men the power they had. Individual efforts across the country—state and local protections from discrimination, for more AIDS funding, for more rights for lesbians, for democratic partners benefits, and against homophobic attacks, were more numerous and more successful.

...for training this summer. Anyone who is interested in working with either of these ground breaking programs is welcome to call SCAP for an interview. The window for training this summer is not the only way of helping AIDS Project. With Doolittle/Cranston and Senator Edward Kennedy's amendment in the omnibus AIDS bill passed one month ago. The outcry was strong against Senator Cranston and Senator Edward Kennedy's amendment in the omnibus AIDS bill passed one month ago. That is not to dismiss the efforts put forth, especially in Santa Cruz which collected more than its share of names, for example, we trained new gay and lesbian leadership and enlisted the dedication of many non-gay leaders. Our efforts will trickle down into a long-term need. The thousand people who made the Gay Evening in May a success continued to work on it this year. And another openly gay man is a likely candidate for the Santa Cruz City Council this coming November—and has a real shot at being elected.

...the AIDS Project is another reason for optimism. With almost three hundred volunteers and strong community response to the AIDS epidemic. So this year's Gay Pride theme—"Rightfully Proud"—is one which is consistent with progress made at national and local levels. It has been a year that we can mark good progress. With Doolittle/Cranston, the Block Initiative, the City Council election, and many other efforts to overcome—we cannot rest. But we ought to take the time during Gay Pride Week to pause and recognize how much we have accomplished.

For years now many gay men in San Francisco have been saying that traditional AIDS education efforts are not reaching the closeted gay and bisexual male community and that a number of these men continue to practice high risk sex.

...AIDS Project has been a strong one—recognized as the major issue in 1988 by the progressive, primaries and gay San Francisco Community Network. The grassroots movements for a lesbian and gay community center has been exciting—and a good community response to a long-term need. The thousand people that made the Gay Evening in May a success continued to work on it this year. And another openly gay man is a likely candidate for the Gay Pride theme—"Rightfully Proud"—is one which is consistent with progress made at national and local levels. It has been a year that we can mark good progress. With Doolittle/Cranston, the Block Initiative, the City Council election, and many other efforts to overcome—we cannot rest. But we ought to take the time during Gay Pride Week to pause and recognize how much we have accomplished.

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SUMMER 1988 22
Is Politics A Four-Letter Word?

Since Stonewall and the founding of the Women's Liberation Movement, we lesbians and gay men have defined ourselves by our political behavior as much as by what we do in bed. Yet today politics is getting a bad rap from within our community. We're right to be cynical about the idea that we can ever change reality through personal action, even at the grassroots, that seems to be falling out of vogue and under fire.

Many of you have read the controversial Sonia Johnson interviews in the last two issues of our local Lesbian News. Johnson is the author of Going Out Of Our Minds: The Metaphysics of Liberation (Crossing Press, 1987). An equal opportunity button-pusher, she said something to offend almost everyone: women should ignore the AIDS crisis and just let women die, lesbians shouldn't get pregnant, gay men should ignore the AIDS crisis and just let gay men die, lesbians shouldn't get pregnant, rich men struggling with men, which can be mad­

B Y A L L I S O N C L A I R E

Making Waves

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Making Waves

Is Politics A Four-Letter Word?
Photographs & Text by Robin White

The Sacramento March

[Image of a Sacramento March]

A PHOTO OPPORTUNITY

W 'T h-oh," I thought groggily as I
station predicts "a slight chance of showers
the weather service. A Sacramento radio
be raining in Sacramento? Not really. I call
awoke at 5:30am, "It's raining."

Making Waves Continued

challenging the status quo. Charity ignores
root causes and real solutions in favor of a
"do-gooder" mentality. The consequences
are disastrous.

Take the issue of the homeless. Instead
of supporting the mobilization of home­
less people in demand of economic jus­
tice, liberals have set up a shelter system
as a Band-Aid remedy. This doesn't ad­
dress the reasons for homelessness, but
does provide a trendy charity. Now the
comfortable can feel good about helping
the poor without threatening their own
privilege. Developers and landlords love
to donate to the shelters. Looks good.

How does this apply to AIDS? Our serv­
ice organizations are doing crucial work.
Yet we must remember that the AIDS cri­
sis was allowed — to reach today's horrific
proportions by the homophobia and ra­
cism of the government and the medical
establishment. We need to fight racism
and homophobia with every step we take
to find human needs. And we must go still
further, organizing for guaranteed health
care as a basic human right, challenging
the role of the profit motive in pharmaco­
logical research, as well as joining with
disability activists for an end to discrimi­
nation. If we ignore these issues we will
be allowing the crisis to continue, perpetu­
ating the need for endless charity.

In June we celebrate not only Lesbian
and Gay Pride, but also Lesbian and Gay
Freedom. The two are inseparable. Free­
dom is both a state of mind and a political
condition that we create together. So,
please, register to vote. Or join an affinity
group and train for nonviolent civil dis­
obedience. Or join the Lesbian and Gay
Action Alliance. Do all three, or create
your own alternative! Because (sorry, Sonja) it's in ignoring injustice, not in
fighting it, that we're complicit.

Happy Pride Week!
Dear Condom Lady,

How can I break the ice about safer sex? I feel like a dork trying to bring up the subject. Is there any way to make it sexy or playful? When's the best time?

signed,
Awkward

Dear Condom Lady,

Taking off a condom after orgasm is always painful for me. No matter how careful I am, my public hair gets caught in the condom as I roll it off.

signed,
In a Pinch

Dear Informed,

Drugs. Why should I use a condom?

signed.

Dear Condom Lady,

Putting rubbers on is such a hassle. I hate to interrupt everything while my partner sits there and waits. And half the time it doesn’t go on right and I get embarrassed.

signed,
Dampening the Fires

Dear Damp,

My dear. You seem to think that having sex and putting on a condom are two different kinds of things, like eating an orange and writing to your mother. So you get to practice making them the same kind of thing. Also, it sounds like you think that dealing with the rubber is all your department. Bah. You’ll have more fun if you enlist some help.

For starters, you might try opening the little package and giving the latex prize to your partner. What does he or she think? Mightn’t your partner enjoy lathering up your butt and taking some time to make it smooth like a baby’s? Just a thought.

signed.

Dear Condom Lady,

The rubber is on. Now what do I do? I need to be careful and still have a good time. Is there any way to do this?

signed,

Dear Awkward,

I’m very choosy about my sex partners. They’re healthy, fit and not into IV drugs. Why should I use a condom?

signed,
Informed

Dear Condom Lady,

I’m very choosy about my sex partners and my breakfast cereal. But the difference is, my breakfast cereal has the ingredients listed on the side. But are you very choosy about your sex partners and breakfast cereal? Do you see what I’m saying here?

Maybe you’ve told each other everything. Maybe your friend has told you - how do you feel about this?

Dear Damp,

You don’t have to tell me. I trust you.

Dear Condom Lady,

Putting rubbers on is such a hassle. I hate to interrupt everything while my partner sits there and waits. And half the time it doesn’t go on right and I get embarrassed.

signed,
Dampening the Fires

Dear Damp,

Your hair falls in your eyes and you can’t see. What do you do? You trim it. Your beard gets in your soup. What do you do? You trim it! Your pubic hair gets caught in your condom. What do you do? You yank the rubber off real fast like a band-aid so that the hairs that are going to get pulled out get pulled out quick and it only hurts for a few minutes and hopefully it doesn’t bleed.

How does this make sense? Of course not. Instead, make yourself a cup of tea, put on some music, sit down with some scissors, and give yourself a nice haircut. That’s one way. Here’s another way: put on some music, sit down with some scissors, and have someone else give you a nice haircut. Maybe just a trim, or perhaps - how to call it? - a crew cut. Or anywhere in between. Something functional yet stylish, if you know what I mean.

While you’re at it, run your hand over your rear end. What do you think? Needs a haircut? Want to cut off your hair?
Dear Condom Lady,

I've been really afraid of sex for almost two years now. All these diseases! But I'm feeling so isolated and craving closeness, touching and holding. I'm terrified that any physical intimacy will make me "go wild" and do something I'd regret. HELP!

signed,
Starved

Dear Starved,

Hmmm. My friend, you sound like a volcano. But here: you don't need to be so scared. Are you worried about AIDS? AIDS is one-hundred percent preventable. By the time you've finished this paper, you'll know everything you need to know to keep from getting infected, not just with HIV, but with lots of other things too.

You know, these germs aren't going to sneak up on you in the middle of the night and get you. You have to do certain specific things to get them. So, to stay healthy, you just have to not do those certain specific things and do some other things instead. It's not random. It's up to you.

Okay now. For some people, abstinence or celibacy are a good thing. But you. My little volcano. You sound like you need a very long, shall we say, roll in the hay, very soon. So arm yourself with lots of information, then go play. Soon, before you explode.

Dear Condom Lady,

I'm in a great relationship. We've been living together for over a year-and-a-half. If we don't have sex with anyone else, we don't need to use condoms, right?

signed.
All Set

Dear Set Up,

I'm afraid I have to tell you that when it comes to AIDS, a year-and-a-half is peanuts. Do you hear me? Peanuts.

Think more like seven years. And the scientists keep making it more years all the time. Look. I don't like to tell people not to use condoms, that's not what I do, you know? But if you insist, go get a lest for HIV, both of you. Then keep using condoms. Go back six months later and test again. All the test results are negative? Neither of you has had sex with anyone else in between? Neither of you is going to have sex with anyone else after? Okay, you can think about having sex without condoms. Do you hear me grumbling? I don't like this idea. Do you absolutely trust your partner? Do you absolutely trust yourself? Remember, your life may hang on their trustworthiness, and their life might hang on yours.

Dear Condom Lady,

I tested positive for HIV, but my boyfriend's negative. Since I always take the receptive role in intercourse, I can't infect my partner even if he doesn't use a rubber, right?

signed,
On the Bottom

Dear Bottom,

Wrong! Wrong, wrong, wrong! Men who take the insertive role - who do the fucking - have been infected because they had sex with an HIV-positive person and didn't use a rubber. And you stand the chance of getting reinfected yourself with a different strain of virus. Don't be silly, my friend. You have to take better and better care of yourself from now on, and you have to watch out for your partners too, and that means condoms, always condoms.

Continued on page 38
SUNDAY, JUNE 12

KICK-OFF PICNIC & VOLLEYBALL
- Bring a dish to share
- Monitor Training: 10am-2pm at the park (no training the day of the parade)
- Frederick Street Park 1-4pm

MONDAY, JUNE 13

AN EVENING COFFEEHOUSE
of Country Bluegrass & Folk Music
Featuring LINDA BLAN & SILKE
- UCSC Women's Center 7:30-10pm
- Refreshments-Wheelchair accessible Sponsored by
  The Freedom Foundation & UCSC Women's Center

TUESDAY, JUNE 14

A DESSERT POTLUCK RECEPION
for the newly organized Santa Cruz
LESBIAN/GAY COMMUNITY CENTER
- Louden Nelson Center 7:30pm - Room 6

WEDNESDAY, JUNE 15

The Lesbian /Gay Action Alliance presents
an Alliance Community Forum:
LESBIAN & GAY PERSPECTIVES ON THE MILITARY
An evening panel discussion covering such topics as our
relationship to the military & the 4th of July naval visit to
Santa Cruz. Panel participants include men & women in the military,
peace activists and veterans
- Louden Nelson Center 7:30pm FREE
Sign Language interpretation provided
Childcare provided-Call ahead 423-8259
Co sponsored by: Resource Center for Non-Violence &
The Veterans Peace Action Teams

THURSDAY, JUNE 16

The Alternative Healing Group for AIDS/ARC Presents:
HEALING AIDS:TRANSFORMING OURSELVES with JASON SERINUS
Author of "Psychoimmunity and the Healing Process". This seminar will speak to the heart of the
healing process. Mr. Serinus will explore the concept of Psychoimmunity, our capacity to unite
our minds with our bodies in the transcendence of dis-eases such as AIDS and cancer.
- Cabrillo College Forum Building 7pm
$3-10 Sliding Scale Donation - Sign Language Interpretaion provided
Co-sponsored by the Santa Cruz AIDS Project

FRIDAY, JUNE 17

The 3rd Annual Gay Pride Week Film Presentation:
RIGHTS & REACTIONS:LESBIAN AND GAY RIGHTS ON TRIAL
Also: The Names Quilt Film & Other shorts
- Sash Mill Cinema 7:30pm Reception to follow
$6-10 Sliding Scale • A Freedom Foundation Benefit

SATURDAY, JUNE 18

OUR 14th ANNUAL PARADE 11am
(Meet at Cedar & Cathcart beginning at 10am)
THE RALLY • San Lorenzo Park - Noon
Featuring: WATCHOUT! • The Bagal Band • Melonie Miller • Gretchen Koch • Sweet Surrender
MC's: Tracye Lea Lawson, Thomas Rioran
Proclamations•Raffle•Booths•Sign Language Interpretation by Wendy Baxter & Kendra Keller

THE PRIDE DANCE
The Freedom Foundation & Campaign for Responsible AIDS Action
Presents in a Benefit Dance Concert:
THE PEARL DIVERS with CONGABELLE
• SANTA CRUZ VETS HALL 8- Midnight
$5-10 Sliding Scale • Non-Alcoholic Beverage Bar
Wheel Chair Accessible• Showtime: 9pm

PRE-DANCE PARTY
The IN-TOUCH • Teadance & Barbeque
1535 Commercial Way
$1 Hot Dogs & Hamburgers Live DJ
$3-10 Sliding Scale Donation

POST DANCE: THE PARTY CONTINUES...
• Blue Lagoon Midnight-2am

photographs of the 1978 santa cruz gay freedom march by Clytia Fuller

24 BEAVER
The Pearl Divers—eight women who love to play that funk years with their sweet soul music. They’ve played in Santa and soul music. Eight women who know how to make you move your feet. The Pearl Divers have been delighting Santa Cruz and SF Bay Area audiences over the past 5 years with their sweet soul music. They’ve played in Santa Cruz’ nightclubs and at numerous benefit dances, as well as at San Francisco’s Gay Freedom Day Celebration. In the summer of 1987, a benefit concert for the Santa Cruz AIDS Project/March on Washington marked the final perfor­mance of the group, with some members moving to the SF Bay Area. But what better time for a reunion than to top off the festivities for Gay Freedom Day in Santa Cruz? And what better cause to raise funds for than the Campaign for Responsible AIDS Action and the Freedom Foundation.

Gretchen Koch is a gift­ed and talented musician. Her lyrics reach in and touch our core. Her inde­pendently produced tape will be available at the rally.

Sweet Surrender—Mango E. Lockwood & Su­san Aancinimo are performing and recording artists who adapt old familiar tunes and recorded rock 'n roll. The temporary women cen­ter, you can see it in their faces, you can hear it in the beautiful rhythms they play.

Melanie Miller was born and raised in Orange Coun­ty. She writes and per­forms her own music, por­traying life from a realistic and often humorous point of view.

CongabellE is a four­women drumming and per­cussion ensemble, featur­ing African and Caribbean dance rhythms. Maura Bank, Mary Blaettler, Co­leen Douglas, and Jane Reyes have been making music together for the last three years in local percus­sion groups (SheBoom, Sambacruz) and dance classes. You may have heard them drumming on the cliffs above the ocean one sunny day. These women enjoy drumming together—you can feel it in the energy they pro­ject, you can see it in their faces, you can hear it in the beautiful rhythms they play.

From ‘Twenty-One Love Poems’

Sleeping, turning in like planets roiling in their midnight meadow: a touch is enough to tell us we’re not alone in the universe, even in sleep; the dream-ghosts of two worlds walking their ghost-towns, almost address each other. I’ve wokened to your muttered words spoken light- or dark-years away as if my own voice had spoken. But we have different voices, even in sleep, and our bodies, so alike, are yet so different and the post-echoing through our bloodstream is freighted with different language, different meaning—though in any chronicle of the world we share it could be written with new meaning we were two lovers of one gender, we were two women of one generation.

No one’s fated or doomed to love anyone. The accidents happen, we’re not heroines, they happen in our lives like car crashes, books that change us, neighborhoods we move into and come to know. Tristan und Isolde is scarcely the story, though in any chronicle of the world we share our bodies, so alike, are yet so different and the post-echoing through our bloodstream is freighted with different language, different meaning—though in any chronicle of the world we share it could be written with new meaning we were two lovers of one gender, we were two women of one generation.

And what will good do you, to go home and put on the Mozart Requiem? Read Keats? How will culture cure you?

In Memoriam: 1986

A man walking on the street feels unwell has felt unwell all week, a little. Yet the flowers crammed in pots on the corner: furbled anomalies: he knows they open burgundy, violet, pink, amarillo all the way to their velvet cores The flowers hanging over the wall: fuschias: each tingued, straining all of a fire: the flowers He who has been happy oftener than sad, carelessly happy, well oftener than sick one of the lucky is thinking about death and its music about poetry its translations of his life

Thank Yous


In the dream-ghosts of two worlds walking their ghost-towns, almost address each other. I’ve wokened to your muttered words spoken light- or dark-years away as if my own voice had spoken. But we have different voices, even in sleep, and our bodies, so alike, are yet so different and the post-echoing through our bloodstream is freighted with different language, different meaning—though in any chronicle of the world we share it could be written with new meaning we were two lovers of one gender, we were two women of one generation.

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And what will good do you, to go home and put on the Mozart Requiem? Read Keats? How will culture cure you?

Give me your living hand. If I could take the hour depth moved into you, undeclared, unnamed—but even if sweet, if I could take that hour between my forces tear at it like a monster wrench it out of your flesh dissolve its shape in quicklime and make you well again but still...
This article is an overview of currently available therapies for immune system dysfunction (ISD) related to HIV (Human Immuno-Deficiency virus, type 1). These therapies may be useful in AIDS, ARC (AIDS-Related Conditions), and in asymptomatic sero-positive carriers of HIV (ASC). It is clear that much more needs measuring or assessing the dysfunction.

While the amount of new information about immune function and immune dysfunction is growing at a tremendous rate, medical science is still at a relatively primitive stage of influencing the immune system in practical terms. This limitation is particularly evident in the treatment of AIDS—or the lack thereof. Because of the urgency of the situation, many treatments for AIDS have been used without thorough medical evaluation. This is partly due to lack of interest or funding for these treatments, and to the difficulty of evaluating any treatment for AIDS due to nature of the disease itself. AIDS is a difficult disease to research because it is characterized by a fluctuating course, a high variability from one person to another, and the lack of a succinct laboratory test which measures the course of the disease. The tests which are used, T-cell count, skin tests, p24 antigen level have various shortcomings which make them difficult to use and interpret.

In the midst of this confusion, people need some guidance about which therapies may be helpful even though few definite answers are available at this time. The following list summarizes several of the currently used treatments.

**Current Options for HIV Therapy**

**AZT (Retrovir)**

AZT is the only drug which has been approved by the Food and Drug Administration for the treatment of HIV-related disorders. It operates as an anti-viral agent which impairs DNA synthesis. More is known about its relationship to the production of viral proteins (HIV-1 Antigen) than when AZT is taken, although HIV can often be cultured in the bloodstream from patients taking AZT. AZT also impairs human DNA synthesis and commonly produces anemia, low white blood counts, and some gastrointestinal distress. In some people, it may provoke fevers, rashes, or chills.

The limited research done on AZT shows that it statistically prolongs life in patients with AIDS when taken at a dose of 200 mg every 4 hours. Very little research has been done on other dosage regimens of AZT and the company that produces AZT, Burroughs-Wellcome, has done little to promote further research on it.

A number of people report improvement in various symptoms when they begin taking AZT. This seems particularly true for neurological symptoms such as burning pains in the legs, or memory loss. Sometimes, improvement follows an initial adjustment period during which they may feel worse. Some people with KS have noticed that it is stabilized when they started AZT.

Some people clearly do not tolerate AZT all, and others become intolerant of the drug after some weeks or months. Apparently, people with milder symptoms do better with AZT than people who are more ill. This may be a rationale for using AZT in the ASC group, and current research is underway to evaluate this.

Meanwhile, Dr. Volberding of the San Francisco General Hospital, advises against using AZT unless the T-helper count is below 400. On the other hand, a Dr. Reiter in Ft. Lauderdale, Florida, has reported significant increases in T-cell counts when AZT is used in people with initial T-helper counts above 400 (unpublished). Reiter has also combined AZT with another drug, Probenecid, which prolongs the effective period of AZT and, in his experience, allows AZT to be given every 8 hours.

**Immuno-Deficiency virus, type 1**

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**About the Author**

Dr. Keith Barton is a physician at the Berkeley Holistic Health Center. In addition to his medical background, Dr. Barton has also studied Traditional Chinese Medicine, and works closely with San Francisco's Quan Yin Acupuncture Center.
HIV Options Continued

The usual dose is ten grams twice a day for the first month and then ten grams once a day. However, there may be some advantages in continuing the higher dose if it is tolerated.

Chinese Herbs

Most of the organized work on Chinese herbs in the treatment of AIDS and ARC has been done by the Immune Enhancement Project (IEP) of Berkeley (now out of operation) and the Quan Yin Acupuncture Clinic (QY) of San Francisco. I have done some work with Chinese herbal formulas in my office as well, though involving fewer people and also using smaller doses of herbs.

The IEP basically measured symptoms changes in a group of people with ARC who began taking some Chinese herbal formulas developed by Subutai Dharmamana of Portland. This group included Astra 8 and Rei-Shi-Gen and were based upon Chinese herbal therapy for the side effects of chemotherapy in cancer patients. IEP found that many of the symptoms reported by people with ARC decreased while they took the Chinese herbal formulas. No attempt was made to measure T cell counts, due to time constraints.

The IEP ceased operating about a year due to insufficient funding and burnout. It is not clear how helpful the herbal formulas are. It is likely that they are of some help to some people but not of consistent help to everyone.

My use of similar formulas showed a variable response in T-helper cell count (some went up, some went down, and most stayed about the same), a general increase in B cell count, and general decrease in overall white blood count. Symptomatic responses, however, did not often volunteer to be controls.

While the Chinese herbal therapies have shown continued clear cut benefits, it is clear that some people feel they are sufficiently helpful to continue using them. The evidence for the herbs is the worse than it is for most of the things on this list, which is at best sketchy.

A parting thought about the herbs is that they may contain bacteria and fungi which could be a problem for some people with AIDS. In China, herbs are consumed only after prolonged boiling which will kill most microorganisms. I would recommend that people with AIDS use herbs that have been heat processed. Discuss this with your herbalist.

Acylovir (Zovirax)

Acylovir is a medication developed for treating Herpes simplex. In the laboratory setting, it has shown some capacity to enhance the effect of AZT in reducing the growth of HIV. However, it does not have a significant effect if used in combination with AZT. It has been worked out. However, the FDA has turned a deaf ear toward research on Ribavirin and people who want to use it must obtain it outside of this country, usually in Mexico. Ribavirin has many of the same side effects as does AZT; however, the side effects tend to be milder. It can produce anemia, but not usually to the degree that AZT does. The benefits of Ribavirin are not clear. However, research at UCSF and UC San Diego in 1985 showed that fewer people with ARC taking Ribavirin developed AIDS than did a group taking a placebo.

No clear dosage regimen has been worked out. However, Project Inform recommends a maintenance dose of 1200 mg. per day.

DNCl

DNCl is a chemical which was first applied as a therapy for KS by a dermatologist, Dr. Mills, who had used it as a wart therapy during his training at Stanford. It has been used for decades in medicine to assess immune response to vaccines. It has a consistent helper to some people but not of consistent help to everyone.

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A stroke patient reactivates her paralyzed limb by mentally talking to her nerve cells. A cancer patient participates in defending his body, fantasizing the good guys beating the bad guys. A chronic pain patient successfully talks down an over-active nerve. After 20 minutes of meditating, a hypertensive patient records lowered blood pressure. Is the body-mind dialogue a unique resource for monitoring responses to stress? Learn the language, and you can improve your well-being.

Autogenics
Self-suggestion is a simple way to change perspective. It feels like downsizing to second gear. The physiological sensations associated with stress ease. If you were hooked up to a biofeedback device, the monitor would register Alpha. The standard exercises devised by Schultz can be used to chase a headache away, bring warmth to extremities, or simply relax. Lie or sit quietly. Breathe slowly. As you exhale, say a phrase to yourself. Repeat it eight times, then go on to the next one. My arms and legs are heavy. My arms and legs are warm. My heartbeat is calm and regular. It breathes me. My abdomen is warm. My forehead is cool.

Practice several times a day in 15 minute sessions. After awhile, you’ll find your self thinking relaxed, before your body tells you it’s strung-out.

Meditation
In his book, The Relaxation Response, Harvard’s Dr. Benson explains how this simple meditative technique actually activates the brain to release a natural chemical sedative. Try it for 20 minutes, and observe your peaceful response.
• Sit quietly in a comfortable position.
• Close your eyes.
• Deeply relax all your muscles, beginning at your feet and progressing up to your face. Keep them relaxed. Breathe through your nose. Become aware of your breathing.
• As you breathe out, say the word, “ONE.””Silently to yourself... Breathe easily and naturally.
• Continue for 10 to 20 minutes. You may open your eyes to check the time, but do not use an alarm. When you finish, sit quietly for several minutes....

Don’t worry about whether or not you’re doing it right, simply observe your breathing and the activity of your mind. Don’t inter­act or fight with distracting thoughts. Return your attention to repeating the word “one.”

Color and Sound
Other ways of changing perspective make use of color and sound. The simple do-re-mi scale is said to tune-up nerve centers along the spine. Next time you’re in the shower, sound one long note per breath. Let it vibrate in an open throat. When you get to the top note, go back down the scale.

Coming to us from Eastern teachings, “Aum” is a sound said to resonate with the earth itself. Sit quietly, and inhale deeply through your nose. As you exhale relax your throat, and let whatever note feels effortless. The Aum will vibrate in your throat and down your spine. Take in your breath, and let the tone go on for 20 seconds. Repeat the Aum until you feel energized and satisfied.

Color has a vibratory way of influencing the body, similar to using sound. Sit and breathe quietly. Imagine yourself basking in the following sequence of colors, allowing a few moments with each: red, orange, yellow, green, blue, indigo, violet, and white. Say to yourself, “I breathe in color from the good air.... fills and surrounds me, nourishing every cell.” You may notice that while some colors are dull, others are brilliant. This depends on your mood and energy, and what your body needs to feel balanced.

Psychosomatists enable you to make peace between your body and your mind by getting you in touch with exactly what you need to feel better. It usually starts with taking time for yourself, and focusing on what’s bothering you. You fantasize a change of script, see a turn for the better, and feel better. When you worry about a problem, whether or not it is real or imagined, a sinking sensation in the pit of your stomach catches your breath and flushes your face. Your body manifests the tension of your thoughts. In a similar way, imagining, for example, sharing knights winning a battle with confused creatures can actually help your immune system destroy a tumor.

Persons seriously ill or on medication should consult their physicians before using other healing methods. Lorraine Lipani is a certified massage therapist.

Lorraine Lipani is scheduled to present information on visualization as an adjunct to traditional health care at the July 13 meeting of the Alternative Treatments Study Group for People with AIDS/ARC. For further information, call 458-1456.

TO YOUR HEALTH

Psychosomatists: You Are What You Think

Recently, Dr. Herbert Benson and a Harvard University team researched Transcendental Meditation, a simple meditative technique. They found that it elicited a “relaxation response” effective in lowering blood pressure of hypertensive patients. Another researcher, Dr. O. Carl Simonon, medical director of the Cancer Counseling and Research Center in Texas, sees a pattern of increased survival rate among his patients. While involved with standard medical treatments like chemotherapy and radiation, these people also spend time in the shower, sound one long note per breath. Let it vibrate in an open throat. When you get to the top note, go back down the scale.

In his book, The Relaxation Response, Harvard’s Dr. Benson explains how this simple meditative technique actually activates the brain to release a natural chemical sedative. Try it for 20 minutes, and observe your peaceful response.

Curious? There are many ways of listening in on your body-mind dialogue and influencing your sense of well-being. Explore the following techniques, and see what appeals to you. Set aside at least a meal or two hours after eating, or as not to interfere with digestion.

BY LORRAINE LI P A N I

Chiropractic Care Center
Patricia Shea Doctor of Chiropractic
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Looking for fun fiction to take on a camping trip? Why not take the battle for Good over Evil along—in a high pile of tasy can be loosely defined as "pen." Many books have fantasy elements, however, or telepaths and ten combined with science fiction, tales of magic, or the worlds these stories are set in resemble medieval Europe, Renaissance England, or feudal Europe in the 14th century.

Strong female characters, and some lesbian and gay characters, show up in fantasy increasingly in recent years. Marion Zimmer Bradley's Darkover books are a good example. Although Bradley insists she is not a lesbian, she often uses lesbian and gay main characters in her fiction.

Darkover is a forgotten Earth colony planet, with a race of strong telepaths and empaths who broadcast and receive thoughts and emotions. The Comyn rule a regressive feudal society, with strong bonds of brotherhood, a bond which may speak to gay men. She also creates an array of lesbians, including the Free Amazon Guild, which consists of women who renounce marriage or bondage, and who often were sold as mountain guides, earning respect by protecting other women. The Shattered Chain is the classic in this series, and introduces the warriors of the Sisterhood of the Sword. Thendara House continues their tale. Unfortunately, in most of the books, the lesbian characters are great for the story, then decide to marry someone in the end. The City of Sorcery is one exception, where the lesbian and the book connect to one another.

Recently, Bradley began editing a series of anthologies called Sword and Sorceress (now in volume IV), featuring stories with strong magical female protagonists. Another anthology was titled Free Amazon of Darkover. While these collections sometimes have uneven quality, Bradley generally has excellent. Both make an effort to encourage fledgling women writers.

In The Other Side of the Mirror, a collection containing three of Bradley's own stories, she explores in more depth the relationships of the braid, or blood-brothers, who share on telepathic, emotional, and physical levels of intimacy for life. Lythande, on the other hand, explores the adventures of the lesbian "Pilgrim" whose ship is the Blue Star who Bradley created for the Thieves World series.

The Thieves World books, originated by Robert Asprin as stories by different writers about the same world, contain a few tremendous stories by recognized giants such as Lynn Abbey, Cherryh, Bradley, and others. There are now ten or eleven in this series.

Bradley also explores the King Arthur legend in The Mist of Avalon, an epic novel told from the viewpoint of Morgaine Le Fey, Arthur's Witch sister. I would be negligent if I did not mention the trilogies which could keep you reading all summer. There is nothing more pleasant than spending a month or more in another world. Some authors have gone so far as to create trilogies of stories, some of those very enjoyable, is nine books a collection.

My most recent find is Sherrilyn Kenyon, who produced three tales of whimsical Master-Mages' Man in The Many-Shapes, a shape-changer who engages in saving her world from evil. Her son Peter continues the family tradition in the Game-masters series, King's Blood Four, Wizard's Eleven, and Viciousmaner's Nine. Along a slightly different track is the same word is Jimin the wizard, heroine of Jimin Foot-see, a resourceful and mysterious woman who teams with Peter to fight the final battle of magic, complete with elemental earth giants and frozen scientists who come back to life after generations of suspended animation to help. These three trilogies will keep you fascinated for a while.

Margaret Weis and Tracy Hickman conceived of another trilogy series which should keep you busy: The Dragonlance Chronicles. The first, Dragons of Autumn Twilight, was read in that order. These books envelop in you a world full of dragons, sorcerers, mages, wizards, tribal princes, knights, warriors, elves and thieves, which will seem familiar to computer fantasy game-players, or Dungeons and Dragons freaks.

My absolute favorite character is the third, Tashidoth Barfoot, of the lancer, the "nauseous race of Krynn." As other kender, he has constantly sticky fingers and has a thing about being left out. However, he is trained to face him. I developed a positive affection for the little fellow.

The dynamics between the twins Raistlin, the wizard who has made bargains for the use of dark magic, and his warrior brother Caramon are fascinating. The author paints an interesting and complex picture of two men who know each other's weaknesses as well as strengths. At the same time completely blind to each other's strengths as well as weaknesses. Raistlin manages to work for the good of the being he is loyal to, despite the warping effects of his power.

Of course, I can't mention dragons with Anne McCaffrey. All of her dragon books, set on Pern, feature strong women and resourceful and loving, men and dragons. The dragons are partners with riders at birth, and maintain a lifelong telepathic connection, Dragonflight, Dragonquest and The White Dragon are three of her books. Lessa flies not only between her dragon from place to place, but back in time to find the secret to save her planet and people from the thread which falls from the sky to kill animals, people and plants. McCaffrey's Dragonology trilogy explores the adventures of young musicians from the Harper Craft Hall of Pern, and their role in protecting their planet.

Think I could get you enough to get started, then you have more time to read than I! So enter the world where the impossible is possible, do a spell for peace and quiet while you polish your sword, and enjoy your summer, basking in the fog and reading... fantasy...
My name is Cecilia but ever since I was a little girl I called myself Cece. How do I begin to tell you what it is like for me now in this phase of my development as a spiritual being and a single lesbian mother? Being a lesbian you what it is like for me now in this phase for me. I have fought long and drinking wine a lot. I felt very alone. Every was just 20 years old, trying to soothe my lot of my fight was with myself. I thought I could calm the beast that lived the candle factory, drink a bottle of wine sister prior to my marriage. She said, “You vividly a telephone conversation with my been in Vietnam and he was still angry. I better go through with this wedding, Cec,” I thought for twelve years old I had a girlfriend. She was a kid they have called me 1 was a kid they have called me. In 1978 I moved from Santa Cruz, Calif., to, of all places, Willard, Ohio. I was just 20 years old, trying to soothe my soul. But I was on a hard path. I started drinking wine a lot. I felt very alone. Every night I would come home from work at the candle factory, drink a bottle of wine and pass out. This went on for a year. Then I met a man. He was crazy. He had been in Vietnam and he was still angry. I thought I could calm the beast that lived inside him, so we got married. I remembered vividly a telephone conversation with my sister prior to my marriage. She said, “You better go through with this wedding. Cec, you never do what you say you are going to do.” “I took this as a dare and no one at that time dared me to do anything. ‘Caues I would do it.’” Well, the marriage didn’t work out and my being a closet lesbian was only part of it. He and I never talked about it, we didn’t know how to communicate. Sometimes, I think, both knew what I was a lesbian. When I was twelve years old I had a girlfriend. She was my first woman lover; we explored each other’s bodies and it was pure and innocent. A wonderful feeling. Then she discovered boys and it was over. This was tucked far away in my mind somewhere. As for him, he wanted to be close and intimate, in the beginning anyway. The thing of it was I could never let him. We could not reach a place of intimacy. He could not touch my soul or get into my heart. So he beat me up physically and mentally. The last straw came one afternoon when we had been drinking too much alcohol (which we did every day). He called me a lesbian and beat me up real bad for that and nothing else. He decided for himself that I was a lesbian because of my attitude towards him. He knew this was a pain-ful area for me, he could see it in my eyes. He kicked me when I was down, every time I tried to get up he would kick me more. Then, suddenly, he dragged me up by the hair into the bathroom and made me look at my bloody face in the mirror and said, “This is what you are, look, do you like what you see?” He wanted something from me that I could not give him. I still shiver at the thought of that day. He was brutally cruel. I pray that no one ever has to go through what I did. I sought help and left him. I went to therapy at the battered women’s shelter.

Everything was okay for about three months. But I had this gnawing hole in my gut that was driving me nuts. One day he called and I went back to him. We moved to a small town in California below Yosemite. I took up jogging and being alone a lot. I got a dog, a cat, and a pet goat. They were my friends and my constant protectors. One day my husband flipped out and destroyed everything. He shot my goat, destroyed my record collection, and demolished everything in the house until there was nothing. I had noth­ing, emotionally, spiritually and material­ly. I was truly alone.

I made a choice. I left him. I felt a force in my life that I did not understand. Soon I found out that I was pregnant. I felt a calm, a peace, a reason. I have never heard from or seen my ex-husband since.

I knew I had a reason to live, a child was growing inside my body. I moved back to Santa Cruz. I was 23 years old. My sister became my birth coach and I had natural childbirth. On November 20, 1980 I had a baby girl whom I named Tamara Ann. She became my life force. Time moved on. I got Tamara and myself settled into a trailer in a park and I adhered being a mother. Then one day when Tamara was fifteen months old, my sister said to me, “You can’t be a single mother. Cec.” I thought for a moment and then felt my self-esteem and self-worth fly out the window. I destroyed myself with words. She said I needed a man, so she set me up with this guy who was a coke dealer. I knew what my weaknesses were. I always wanted to escape reality and drugs seemed a good way out. I got into drugs, so I wasted my baby when she was seventeen months old. I didn’t want the drugs. I went to get them by going to my milk to the wonderful, intimate bond that nursing had provided for me was severed. I became an addict.

Soon I met Joanie; she was an addict too. She was not just another woman, I had known her before. We grew up together, we lived at the same street when we were kids. We had a lot of catching up to do. We became lovers. This was almost parallel to what I was going through deeply, but she was married and it just didn’t work out. We spent one summer together. I became obsessed with her every move and she was just playin’ around with me. She told me to split. I was devastated. I had no plans. I felt so alone; we were going to teach our children what life and love were really about. She had three kids of her own that I had taken care of. I wanted to die if I could not be with her and I tried to kill myself. It didn’t work.

I have done a lot of soul searching since that time. I also began recovering from drugs and alcohol. I was an addict/alcoholic so I went to a recovery house. My daughter went to live with my mother for the longest nine months of my life. When Tamara came back to me we had to start over. She was four years old and we began to build a clean and sober life together. I came out as a lesbian and it was like com­ing home for me.

The first hard issue I had to face was the wanting and desperately needing some kind of recognition. No one says, “Wow, that’s great, you’re a single lesbian mom. Wow, that is something to be.” They just don’t give you anything. My family sort of slipped away from me, so I sought out help from therapy and my lesbian community, who were so welcome. But even that didn’t help. A.A. Without the network of lesbian sup­port I never could have made it through those crucial times. My daughter and I have grown a lot since then. We go to ther­apy together to learn to communicate, and we lead a simple loving life. I work with children as a Teacher’s Aide in a spe­cific education class, and I run a cafeteria at the elementary school that I went to when I was a kid. Tamara is my greatest gift and my most painful struggle. I teach her and she teach­es me. I have learned to respect every­one which has been hard for me because Peter Pan is my hero and I have never wanted to grow up. (Wendy, where are you?) Tamara and I are two separate human beings. This was hard for me to accept because we were merged for so long. Through her and a power greater than myself I have learned to love myself. We talk now and she tells me she feels and I tell her how I am feeling. I am truly blessed; she is a wonder and only six years old.

I have had two lover relationships with women in the past two years of my new clean and sober life. Tamara has been by my side in whatever decisions I have made and seems to adjust to changes more easily than I do.

For today, my main identity revolves around mothering. The mother-child rela­tion ship has been the primary source and experience of love for me. This is a great gift. Loving has become a part of my being, part of the way I choose to live, part of my work and my play. I believe that Tamara chose me and I, that she really wanted to be born into the world.

I feel that through being a lesbian mother I can make my contribution to peace and love on earth. Everyday when I wake up I thank our great mother earth for another day. I live for today, one day at a time. Coming to love myself has been a process and I practice meditations. Saying them to myself in the mirror each day has helped to heal the little girl that lives inside of me. They go like this.

Cece,
I love you, I’ll take care of you. You
Continued on page 44

Join us on Saturday, July 2 Year Anniversary Party
Party Favors•Finger Food•Drink Specials Video•Dancing•$2 Cover
8 pm-2 am

BLUE LAGOON
A DANCE VIDEO NEW MUSIC GAY CITY BAR
923 PACIFIC AVE., SANTA CRUZ 23-7117
Condom Lady Continued

Dear Condom Lady,

Recently, I've fallen in love with this wonderful, sexy man. We've been really good about having only safe sex. A while ago we went out for a really romantic dinner, with wine, dancing, and champagne and a joint at my place afterward. We had great, passionate sex, but didn't use the condoms that were on the nightstand. I feel horrible, guilty and angry at myself. I can hardly sleep.

Oh my goodness dear! Do forgive yourself already! This is kind of an opportunity. You two had a problem and probably doesn't feel so good about it yourself already! This is kind of an indulged, they don't think so terrible, guilty and angry at myself. I can show how to say, think ahead. From now on, think ahead.

Dear Condom Lady,

My kids are in their late teens. I know they are experimenting with sex. I don't really know how to talk to them. Can I give them something to read? The instructions of this magazine. Make them an appointment at Planned Parenthood. See if someone from an AIDS organization can talk at their school (your kids aren't the only ones). Give them some phone numbers to call.

I have a friend, she has a teenage son. She puts boxes of condoms in her drawer, and a note - "these are for you because I love you." After a while, she looks. If they're gone, she puts some more in.

Dear Condom Lady,

My lover says he doesn't like condoms because he can't feel as much.

Parent, Pressured

Dear Parent,

Let's start with you. When the last time you played with a rubber? You can't remember? If you're going to do the talking, you'd better buy some and get unenlightened, or your talk won't be so convincing, or so comfortable to listen to. And get your questions answered first, do some reading or some calling around too, so you know what you're talking about.

What if you don't want to talk about it yourself? Give your kids a copy of this magazine. Make them an appointment at Planned Parenthood. See if someone from an AIDS organization can talk at their school (your kids aren't the only ones). Give them some phone numbers to call.

Decide which is more important with the time you're going to spend together: drinking, smoking or fucking. If you want to drink or you want smoke, plan on not having sex. If you want to fuck, don't drink and don't smoke before.

Okay, I hear you saying that being high and having sex go together like peaches and cream. I want you to try to change your mind about this, and your partner's mind. But do this in the mean­time: Before you light the match or open the bottle, you and your friend stop and say to each other - out loud, but Dr. Nathaniel Parker, I have seen who took Iscador 200 mg. a day. It costs $75 per injection. The single greatest gift that you can have seen who took Iscador for five days and then chose to stop it. However, it must work better for some people. Iscador can be ordered from Switzerland.

Dear Condom Lady,

Emmanuel Revici is a Romanian physician in New York City who has developed his own system of medical therapy. A number of patients with AIDS have reported significant improvement using his therapies. Some of these patients also report significant increases in T-lymphocyte counts. The drawback with Revici's treat­ment is that a third of patients get moderately to quite ill with this dose of Antabuse even if they don't drink any alcohol. In fact some patients do not tolerate even 250 mg. of Antabuse. However, others have no par­ticular problem with the drug. I do recommend, when first taking Antabuse, to start with half a tablet. If this is tolerated satisfactorily, take a full tablet two or three hours later. If this is satisfactory, continue taking half tablets three to four hours apart. If severe or severe ef­fects develop, stop and try an­other day. Some people take 500 mg. of Antabuse twice a week, and this may produce fewer side effects. The dose is not clearly worked out.

I have seen taking Antabuse who have also had before and after T-cell counts. One does not see an increase in Helper cell counts. However, the number of patients is too small to base an opinion on.

DHEA

DHEA is an anabolic ster­oid. It speeds up metabolism and is also used in the treatment of obesity. It is a precursor of testosterone, and should theoretically in­crease mass muscle and blood counts. It may also be useful in treating anemia. It is available commercially in Canada and apparently can be ordered by mail, at least by physicians.

Some research has been done in Paris by an Irish company on people with AIDS and DHEA for a few months. He did notice some particular benefits from the treatments, but he felt that some of the other participants had improved. His T cell counts were quite low and did not change before or after the therapy. He returned from Paris with a mild case of Pneumocystis pneumonia. However, his one KS lesion was stable while he was in Paris, and he developed no new KS. Of course one case does not prove much of any­thing, but the fact that we have not heard much about it may indicate unfavorable results. More work needs to be done on this, or at least on the two or three per­cent side effects. The dose is taken orally and should be easily learned and not be easily learned and not be seen to be successful.

The above listed treat­ments for HIV-related disor­ders do not obviate nonspecific measures to improve health such as diet, nutrition, exercise, rest, emotional release, and spiritual awakening. In fact, the fact that we have not heard much about it may indicate unfavorable results. More work needs to be done on this, or at least on the two or three percent side effects. The dose is taken orally and should be easily learned and not be easily learned and not be seen to be successful. The French study. The results are ob­tained with the drug and the drug is not likely to produce harmful side effects. It is available commercially in Canada and apparently can be ordered by mail, at least by physicians.

The actual value of poly­ethylene glycol DS is not likely to produce harmful side effects. It is available commercially in Canada and apparently can be ordered by mail, at least by physicians.

Some laboratory evidence shows that DS inhibits HIV growth and for four
days afterward. Even the alco­hol in herbal tinctures or bars can shave production of virus syncytia and trophic gran­ulomas. In the few patients I have seen taking Antabuse who have also had before and after T-cell counts. One does not see an increase in Helper cell counts. However, the number of patients is too small to base an opinion on.

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The Future of AIDS Research

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covers all future issues of the Reader. The Alliance has no regular publication dates. Our rates are affordable (as little as $25 per business card), and you'll receive the Reader directly in the mail every quarter!
CALF/ER \ JUN 12
KICKOFF!
Gay Pride Week begins at the annual picnic: 1-4pm Frederick St. Park (monitor training 10-2pm).
see pride program

MON JUN 13
CFR Lesbian Battering is discussed on KZSC, 88.1 FM 7pm.
On Air: 429-4036
Info: 429-2060
An evening coffee house featuring Linda Blan and "Silke".
UCSC Women's Center 7:30-10pm
see pride program

TUE JUN 14
GRAND OPENING ceremony, and dessert potluck reception for the LGCC!
Louden Nelson, 7:30pm
see pride program

WED JUN 15
"LEBANIS, GAY MEN AND THE MILITARY" an Alliance (LGAA) Community Forum.
Louden Nelson, 7:30pm
see pride program

THU JUN 16
Healing AIDS, Transforming Ourselves*, featuring Jason Serinus.
Cabrillo College Forum Building, 7pm
see pride program

SAT JUN 18
SC Freedom Foundation sponsors the Parade and Rally for Lesbian and Gay Pride.
Gather 10am at Cedar & Cathcart, noon rally follows at SL Park - bring signs, drums, color, costumes and fun!
see pride program

SAT JUN 18
Sisterspirit Coffee House with Zsuzsanna Budapest, author, teacher, witch, and performer.
1040 Park Ave, SJ 8:00pm, $4 - $8
293-9372

MON JUN 20
LGAA Steering Committee meeting. Everyone encouraged to attend. CRAA activists invited to join us in planning continued efforts.
Louden Nelson, 7:30pm
Info: 429-8259

SAT JUN 24
Great Outdoors annual multi-chapter Jamboree at Devil's Postpile.
Brett: 427-2722

SAT JUL 2 - 4
Great Outdoors annual multi-chapter Jamboree at Devil's Postpile.
Brett: 427-2722
SUN V JUL 10
GLV Potluck
Call Rick: 426-7315

SAT V JUL 16
GO trip to the fascinating
Filoli Mansion.
Mindy: 475-8268

MON V JUL 18
LGAA Steering
Committee meeting. Everyone invited.
Planning forums, the lavender reader, outreach and more
(if you attend).
Louden Nelson, 7:30pm
Info: 423-8259

FRI V JUL 22 - 24
REPA performs
"Ain't Misbehavin'" in its entirety, at the Cafe' Camelion
418 Front St.
SC, 8pm. The show runs through August.
If you saw them at AGEM, you won't miss them now!

SAT V JUL 24 - 30
GO sponsors a week long
backpacking trip to 1000 Lakes
Wilderness area.
Dean: 427-1675

SAT V JUL 30
Hot Summer Party WATCH OUT!
The fantastic band you may remember
from the Women's Music Festival plays at the Eagles Hall.
8:00pm, $5 advance
$7 door. Tickets at Gay Pride Rally and Cymbaline.
Info: 423-4734

SUN V JUL 31
Go Picnic! Membership and community invited
to what will become a grand tradition.
Food, games, fun and celebration.
Starts at noon, call for details:
Allison: 423-8259
Will: 429-2060

SUN V AUG 6
Watch for the 10th Anniversary concert
of the SF Gay Mens Chorus at Davies Hall
in August.

SAT V AUG 15
LGAA Steering Committee meeting.
Members, friends and interested
persons encouraged to attend.
The November elections are coming up and our work will be
cut out for us. Get involved -
Be political -
Join us at Louden Nelson, 7:30pm.
Info: 423-8259

FRI V AUG 26
The LGCC sponsors their first Cafe' Night.
Live music and entertainment will expand on the themes of "Women's Suffrage" for
this date in 1920, the 19th amendment was passed guaranteeing the right
to vote without regard to gender.
A "Bella Abzug" look alike contest is in
order, as she authored the bill which makes
August 26th "Women's Equality Day".
In honor of these things, the LGCC asks everyone
to join us for dessert, music, costumes and fun.
212 Walnut St, $2
8:00 to 11:00pm

CONGRATULATIONS
on the 14th annual celebration
Mayor John Laird

RIGHTFULLY PROUD

Letters Continued
gay men won't necessarily benefit
women, a strike against gay men is a
strike against all oppressed people. She
needs to know that for centuries gay
men have been learning how "to do
emotional work, to feel and to love."
Eventually, someone will probably have
to tell her that gay men have their own
way of expressing their sexuality.
And now the AIDS crisis is here and
we men need all the help we can get. We
aren't asking women to do it for us or
give up anything for us. They are doing
it willingly. Maybe Sonia doesn't "care
about who they are or how fast they are dying"
but these men are the brothers, fathers,
sons, lovers and friends of women and
many of them have been fighting for
women's equality on the front lines and
taking abuse for it. Ms. Johnson's inter­
pretation of the rescue triangle stinks
and reflects her own insecurity as a
feminist. I fear she has traded the iso­la­tion of a Mormon homemaker for the
feminist. I fear she has traded the iso­la­tion of a Mormon homemaker for the
isolation of a separatist reality. Thank you
to all women (separatist and not)
who are fighting AIDS.
— Dan Dickmeyer

Cece Continued
can trust me. I'll be there for you. I'll be
there even when you die.
Cece, It is not what you do, but who you are that
I love. You are special. Cece, I see you and I hear you.
Cece, You don't have to be afraid anymore.
Cecilia Pinheiro is Portuguese and Spanish
and an eighth-generation Californian. The thirty year old writer is an instructional technician in an ele­
mentary school in her hometown. She is
very active in AA and lives the spiritual steps of
AA in every part of her life.

Uncle Bill's
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AIDS EDUCATOR'S NETWORK
4th Thursdays through November:
2:30-4:30pm
Sesnon House
Cabrillo College
425-2048

AL-ANON
Tuesdays: 7pm
Gateway School
462-1818

ALCOHOLICS ANONYMOUS
Lesbian Women's Group
Sundays: 7pm
Garfield Park
Church
Gay Men's Group
Mondays: 8pm
DMV, 4200 Capitola Rd.

BATTERED LESBIAN'S SUPPORT
Wednesdays: 7:30pm
Call: 396-2317

BOOKSHOP
SANTA CRUZ
1547 Pacific Ave. SC
423-0900

BLUE LAGOON
923 Pacific Ave. SC
423-7117

CABRILLO LESBIANS TOGETHER
CLT:
Second Mondays
8:00pm
Cabrillo Women's Center
Fridays 1:30-3:30
drop in.
All women welcome.
479-6249

CABRILLO LESBIANS OVER FORTY
Second Friday of each month.
Gene 462-2746
Lou 688-1683

CLOSET RADIO
KZSC FM 88.1
Mondays: 7:00-8:30pm
UCSC, 95064
On Air: 429-4036
Info: 423-4734

CLOSET FREE RADIO
Great Outdoors
PO Box 2143, SC
95063
Brett
427-2722

FAMILY SERVICE ASSOCIATION
Individual and Family Counseling
1521 1/2 Pacific Ave.
423-9444

GAY & LESBIAN BISEXUAL NETWORK
UCSC
429-2468

GAY, LESBIAN & BISEXUAL NETWORK
UCSC
429-2468

GAYS AND LESBIANS OVER FORTY
Second Friday of each month.
Gene 462-2746
Lou 688-1683

GAYS & LESBIAN ACTION ALLIANCE
PO Box 7293,
SC 95061
Meet every 3rd Sundays
at Louden Nelson
7:30pm.
Allison: 423-8259

GAY & LESBIAN COMMUNITY CENTER
PO Box 7923
SC 95061
Meets 2nd Wednesdays
at Louden Nelson
7:30pm
429-2060

GAY, LESBIAN & COLOR ALLIANCE
will break for summer, return in the Fall
Porter Box 470
UCSC, SC 95064
Summer contact: Carmel, 489-9408

GAY, LESBIAN & BIOSEXUAL NETWORK
UCSC
429-2468

LESBIAN GATHERING
Thursdays: 7:30pm
538 Seabright Ave.
SC

LESBIAN GATHERING
Thursdays: 7:30pm
538 Seabright Ave.
SC

LESBIAN & GAY COMMUNITY CENTER
PO Box 7923
SC 95061
Meets 2nd Tuesdays
at Louden Nelson
7:30pm
429-2060

LESBIAN & GAY ACTION ALLIANCE
PO Box 7293,
SC 95061
Meet 3rd Mondays
at Louden Nelson
7:30pm.
Allison: 423-8259

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SC 95061
Meet 3rd Mondays
at Louden Nelson
7:30pm.
Allison: 423-8259

LAVENDER READER
PO Box 7923 SC
95061
684-1542

LEBANON COMMUNITY SUPPORT GROUP
PO Box 7923
SC 95061
Meet 2nd Tuesdays
at Louden Nelson
7:30pm
429-2060

LESBIAN THEATRE PROJECT
401 Altivo Ave.
LaSelva Beach, 95076
Artistic Director
Kate McDermott:
684-1280

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UCSC
429-2468

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Lou 688-1683

LESBIAN SPACE
Tuesdays: 6:30pm
a drop in resource center
at the Matrix office.
429-9007

LEBANON COMMUNITY SUPPORT GROUP
PO Box 7923
SC 95061
Meet 2nd Tuesdays
at Louden Nelson
7:30pm
429-2060

MATRICE WOMEN'S NEWSMAGAZINE
303 Portero St.
SC, 95060
429-1238

METROPOLITAN COMMUNITY CHURCH
Services at
10am each Sunday
303 Walnut Ave.
SC, PO Box 1764
95061
Rev. Jean Hart
761-5117

MONTEREY COUNTY AIDS PROJECT
PO Box 21785,
Carmel, CA 93922
424-5550

NARCOTICS ANONYMOUS
662-4684

PENINSULA PROFESSIONAL NETWORK
2nd Wednesdays
PO Box 4714,
Carmel, CA 93921
659-2446

RAINBOW ENSEMBLE FOR THE PERFORMING ARTS
PO Box 7527,
SC 95061
Gilbert Moreno,
426-5044

SANTA CRUZ AIDS PROJECT
PO Box 5142,
SC 95063
688-7641

SANTA CRUZ WOMEN'S HEALTH CENTER
250 Locust St.
SC 95060
427-3500

SLIGHTLY OLDER LESBIANS meets every
Friday at UCSC's.
Cardiff House.
(lesbians 30 and over)
Info: 462-6927

UCSC WOMEN'S CENTER
Cardiff House
on the UCSC campus.
429-2072

WOMEN'S CRISIS SUPPORT
Mondays: 7:00pm
Individual and group therapy
for lesbians.
1025 Center St.
SC, 95060
425-5525

BLUE MOON CAFE
1110 PACIFIC GARDEN MALL
ACROSS FROM PLAZA BOOKS
425-5450

Casa Blanca
HAIR DESIGNER
FASHION CONSULTANT
204 LOCUST ST • SANTA CRUZ • 426-1551

PORTFOLIO BY A CONDOM!
USE WATER-BASED LUBRICANTS
VEGETABLES AND PAM'S
SUCKING IS RISKY
STOP BEFORE CLIMAX!
DON'T SWALLOW CVV!
KISSING IS SAFE!
ANY OPEN CUTS IN MOUTH?
HUGGING, YES! YES! YES!
RIMMING! RISKY! FISTING IS UNSAFE
DILDOS & TOYS IF YOU SHARE DARE SAFE
CUTBACK ON DRUGS & ALCOHOL
WATERSPORTS - CLOSE YOUR MOUTH
BOOZE RELATING IS SAFE! JACKKING OFF-GO GO!
BE CAREFUL ABOUT ODES & MINUTES.
REMEMBER: "ON ME NOT IN ME!"

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CHRYSTAL & BACI
We're here when you need us!

santa cruz AIDS project

HOTLINE: 458-4999

234 SANTA CRUZ AVENUE
APTOS, CA 95003
408-688-7641