

# Energy Harvesting for Wireless Power Monitoring - Implementing a Low Power, Low Data Rate Wireless Network (OpenWSN)

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# **Energy Harvesting for Wireless Power Monitoring**

## **Implementing a Low Power, Low Data Rate Wireless Network (OpenWSN)**

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A combination of rising energy costs, a desire for national energy independence, and a growing awareness of the dangers of global climate change is pushing Americans to do what they can to save energy. Consumers now buy more fuel-efficient cars and appliances and are growing more aware of their use habits. While it is easy to see how much gas your car uses, beyond the labeling on major appliances at the point of sale, most consumers are unaware of how much electricity these devices actually use. In this Masters of Engineering Capstone Project we designed and implemented a wireless power monitor which sits on a conventional power outlet and is thin enough that an appliance plugs through. The power of the appliance being plugged through our device is monitored. The monitor is powered by either making direct contact with the prongs of the plug or by inductively harvesting through a contactless transformer. The latter case puts severe power restrictions on the mote which we overcame by using low-power hardware and OpenWSN, a network stack intended for low power, low data-rate applications such as ours.

## Introduction

In the last fifty years, while household energy use has leveled off, energy prices have increased continuously. In California, rates have gone from \$0.11 to \$0.15 per kilowatt-hour from the year 2000 to 2010 [9]. There has also been a sustained growth in concern for global climate change caused by human emissions of CO<sub>2</sub>, a large part of which is due to home and office energy consumption. Efforts are being made at increasing efficiency -- for example in area lighting, with development of fluorescent and LED lamps; and in appliances, with EnergyStar ratings and the switch from linear to switching power supplies in so-called “wall-warts”

One problem which is preventing a lot of well-intentioned people from saving more energy is that most people are simply unaware of where there is waste. It is not obvious when a device is using more power than you think. They might only be warm to the touch. A typical television set-top box consumes 20W while in standby mode [8]. If electricity costs \$0.15/kWh, that box costs about \$26 per year just to be plugged in. This sort of vampire drain is difficult to see from the utility bill yet the waste is significant.

Many companies have tried to address this lack of awareness already. P3 has been selling its product, the Kill-a-Watt, for many years. The consumer plugs a product into the Kill-a-Watt and it reports on an LCD screen how much power is being used. There are more sophisticated products, like the Energy Hub, that wirelessly transmit data to a central hub with a screen or internet connection where the data is analyzed and made available to the end-user. Yet none of these products have reached ubiquity. There are two main reasons for this: The products available today are fairly expensive (\$30 per outlet for the Kill-a-Watt, \$40 for EnergyHub) and they are cumbersome to set up.

It is possible to overcome these issues and a big part will be to use a different kind

of wireless technology. Low power wireless networks have been in development since early last decade -- IEEE802.15.4-2003, the original 15.4 standard, was released in 2003 -- and a lot has changed since the first radios were sold and first network stacks were written. The newest protocols -- IEEE802.15.4e-2012 was only published April 2012 -- are more robust and lower power than those of ten years ago, yet none of the manufacturers we have found are implementing them.

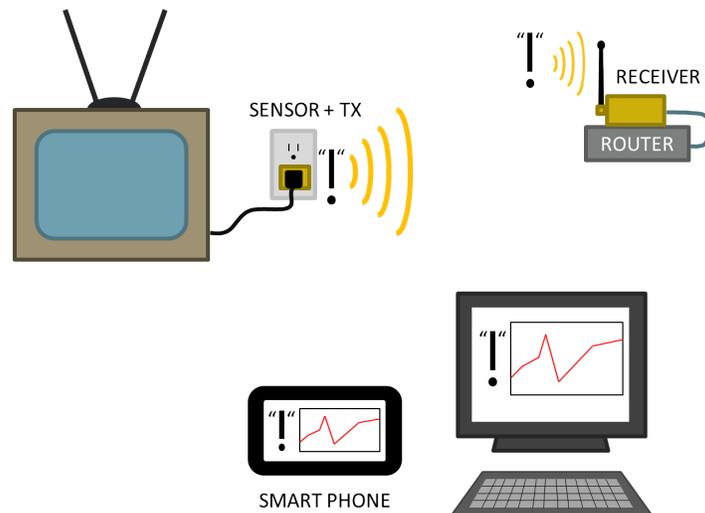


Fig 1. A diagram of our system setup

In this paper I will discuss the different types of low-power wireless network protocols. I will then go over the challenges we had implementing OpenWSN and setting up the computing hardware. Finally I will go over some suggestions for future work.

### **Potential Wireless Sensor Networking Protocols**

In this section I will review existing wireless technologies suitable for wireless sensor networks (WSNs).

## **Wifi (802.11)**

The original 802.11 standard was released in 1997 for use in wireless local area networks (WLANs). The first widely adopted standard was 802.11b, released in 1999. Subsequent releases made improvements to bandwidth, range, and security. The target for this standard is computing, PCs, smartphones, and other devices that send and receive a lot of data. The usage profile for these devices is characterized by long idle periods unpredictably interspersed with periods of potentially high traffic. Devices typically have either constant access to mains power or a sizable rechargeable battery. [3]

The major downsides to the use of wifi in WSNs are the power requirements. As is obvious from the development history, power efficiency is not the major focus, and in WSNs this is key. Still, there have been attempts to adapt wifi to low-power applications. One such chipset is the MicroChip MRF24WB0M which take 85mA to receive and 154mA to transmit data. It also has a very low power hibernate mode but this will not save power if used for less than 30s. [6]

## **Bluetooth (802.15.1)**

Bluetooth was originally conceived in 1994 by private companies looking to replace serial RS-232 interfaces. More recently it has come into wide use in a range of applications: hands-free headsets for cell phones, low-rate data transfer between computers, video game controllers, et cetera. Because of the portability of many of these devices, there was a concerted effort to design the protocol to save power. [4]

More recently, the Bluetooth specification was updated to v4.0, also known as Bluetooth

Low Energy. This update added a set of features aimed at greatly extending the battery life of Bluetooth devices, such that a sensor could live off a coin-cell battery for up to a year. This is achieved mainly by cutting the duty cycle way down. [1]

Bluetooth Low Energy will potentially be a serious player in WSNs because Bluetooth radios are already installed in nearly all smartphones. However, there are limitations: The network topology is called a piconet, essentially a star topology. This limits the distance to the radio range between any slave and the master and disallows the robustness that having multiple neighboring nodes would provide. Also typically no more than seven slaves are allowed to connect to a master.

#### **802.15.4**

The original 802.15.4 standard was issued in 2003 and has since been implemented in various incarnations and refined many times. The original release was intentionally vague to allow for some experimentation because nobody knew what would work. The result was many competing implementations from different companies and institutions. [5] I'll address the most popular below.

#### **ZigBee**

This is the most well-known and often-used standard. Devices are low-power and networks can be set up in both star and mesh configurations. The most successful applications have been in wireless light switches and home electricity meters.

The major problems with ZigBee are power use and robustness. To set up a mesh in ZigBee, nodes must be configured as either routers, which can generate or pass along data,

or leaf-nodes, which can only generate data. Routers must be on all the time to listen for transmissions to be passed on. This necessitates a robust power supply. There is an option, however, to run the network in “beacon” mode which will drop the duty cycle and save power.

Also, a ZigBee network is set up on a single channel. If it happens to choose a channel where there is an interfering WiFi network or other RF noise source, there isn't much that can be done to fix it. [10]

### WirelessHART

This protocol has seen major success in industrial applications. It was developed specifically for industry with the involvement of many key companies. It implements TSCH in all the nodes and is therefore low power and robust. Importantly for this market, it was designed to allow interoperability between devices from different manufacturers, making it attractive to businesses who might want to purchase different sensors from different vendors. But unfortunately the WirelessHart standard is not made easily available for academic research. [2]

### OpenWSN

The goal of the OpenWSN project is to “provide open-source implementations of a complete protocol stack based on the to-be-finalized Internet of Things standards, on a variety of software and hardware platforms.” The main work of the project is a network stack that implements IEEE802.15.4 at 2.4 GHz in the physical layer, IEEE802.15.4E time-synchronized channel hopping in the MAC layer, and RPL/UDP in the network layer. Because the project includes a complete network implementation, is open-source, and is centered at UC Berkeley, this is the protocol we decided to use.[7]

## Challenges working with OpenWSN and GINA

The OpenWSN project has chosen a few different chipsets on which to focus its development. The Guidance and Inertial Navigation Assistant (GINA) board is the one receiving the most attention. GINA was designed to be used on small helicopters and therefore has a microcontroller (MSP430), a radio (Atmel AT86), two accelerometers, a gyro, and a magnetometer. For this project we only needed the microcontroller and radio. Implementing our project on the GINA mote presented a few major challenges. In this section I discuss these issues.

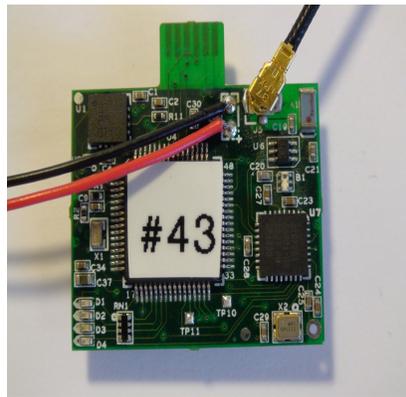


Fig 2. GINA mote, top view, showing microcontroller (center chip with sticker attached) and radio (on right)

### **ADC Sample timing**

In measuring power consumption of a device connected to mains power, it is necessary to take measurements on alternating current lines. The signal must be sampled over at least a full 60Hz wave which has a period 16.667ms. The duration of a sampling sequence should be as close as possible to this period, and the closer it is, the less it matters where in the cycle measurement begins -- the closer we get to 16.667ms, the more accurate our measurements are. There is a timer implementation used with the current OpenWSN implementation called

OpenTimers. Any application running may create a timer which triggers either once or periodically. OpenTimers keeps a list of all running timers and every time a timer fires, it runs through the list to find the next timer trigger, which it then uses to set the next interrupt.

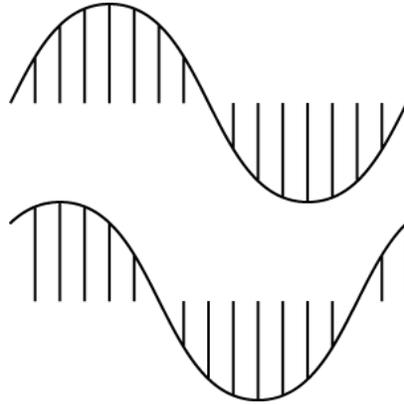
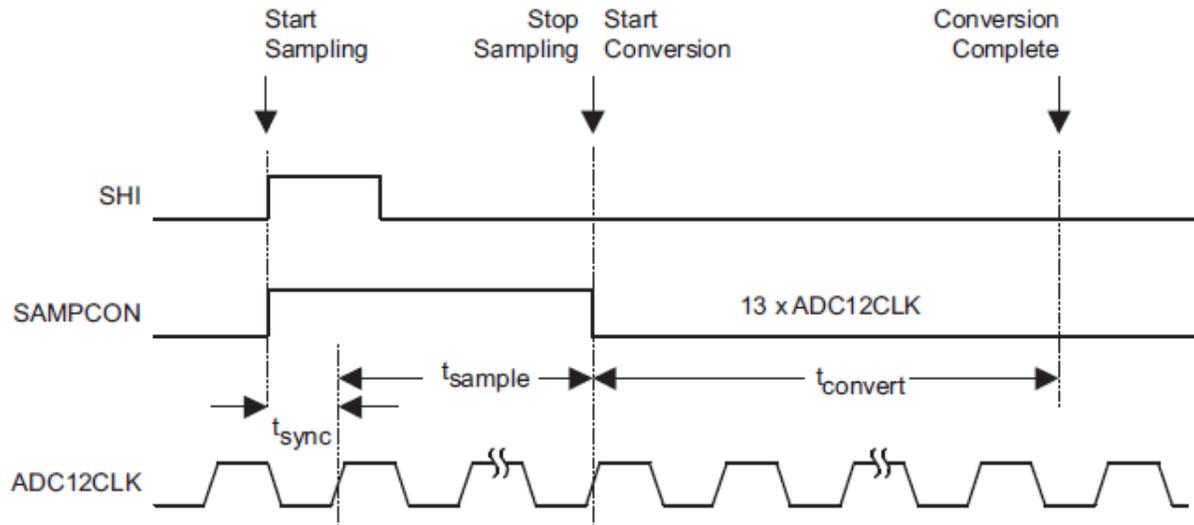


Fig 3. Possible sample timing. It does not matter when you start sampling so long as you are sampling exactly one period.

This would have been the simplest way to set up timing of the ADC, but unfortunately we ran into a major issue. The timing of the ADC goes as follows: Every 1s, an application runs to generate a single power reading. Each reading consists of a set of 16 samples taken at a rate of 1kHz. To take these samples, OpenTimers must fire every 1ms. Unfortunately, on the GINA this is simply too much to process and the operating system overloads and crashes. This scheme was tested on another more powerful microprocessor and in that case it worked fine, but changing was not an option.



**Figure 23-4. Pulse Sample Mode**

Fig 4. Sample and conversion timing of the ADC

The solution was to forget about OpenTimers and to use the hardware to time the ADC so that it could be triggered once to read 16 samples. The MSP430 on the GINA mote has 16 memory registers available to the ADC. When the ADC is triggered, it fills its 16 registers which can be read anytime before the next ADC reading. According to the user manual, the sample time ( $t_{\text{sample}}$ ) may be set with a resolution of 4 cycles of the crystal oscillator (125us). Each sample is followed by a 13 cycle long conversion. The best possible sample time should then be 34 cycles (34 cycles per sample with 16 samples is 17ms). This is achieved by setting the sample and hold time to 4 cycles and the clock divider to 2 (sample time is 8 and convert time is 26 cycles).

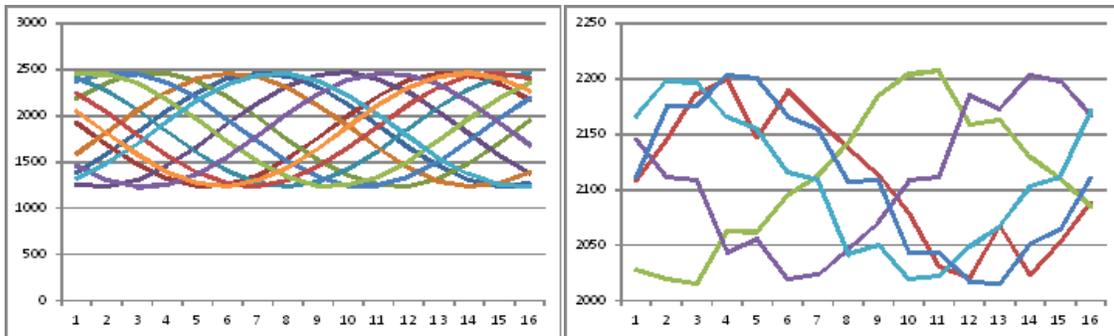


Fig 5. Example ADC measurements for 60Hz sine wave from function generator (left) and from our sensing circuit connected to a 60Hz light bulb (right). Each curve is a set of 16 measurements. You can see that it is very close to a single cycle.

The data from the ADC is sent as-is in the packet payload. Because the packet is saved as an array of bytes, each 12-bit reading is split across 2 bytes. The payload must therefore be at least 32 bytes long and each pair is a single reading. Once the packet reaches its destination, the DC offset must be removed (the offset is introduced in the circuitry because the ADC can only handle 0-3V) and the RMS must be calculated to find the power.

### **Reducing Power Consumption of GINA**

When we first began using GINA, measurements showed that it was consuming about 18mA of current during regular use. For our power harvesting application, this is too much. As it turns out, the implementation of OpenWSN we started with was leaving on most unnecessary components, such as the accelerometer. It also left the radio on all the time.

Turning off components is simple enough. Most of the components speak with the MSP through the spi bus and have a command to shut off. One component can be turned off by switching an I/O pin. The chips themselves may also be physically removed from the board, saving even more power.

The radio was the biggest challenge. It must be shut off and activated many times during a superframe. The radio behavior is described in a state chart containing 9 states which are controlled using spi commands and I/O pins. Timing must also be considered: It takes 380us to get out of the sleep state.

While it is clear in OpenWSN when the radio antenna is being used, the registers are less obvious. While in the sleep state, the registers in the radio do not change but they are unavailable for reads or writes until the radio is woken up. We had to go backwards in the sequence of code from any request to transmit or receive to find all requests of the registry. We inserted the command to turn on the radio before the first command.

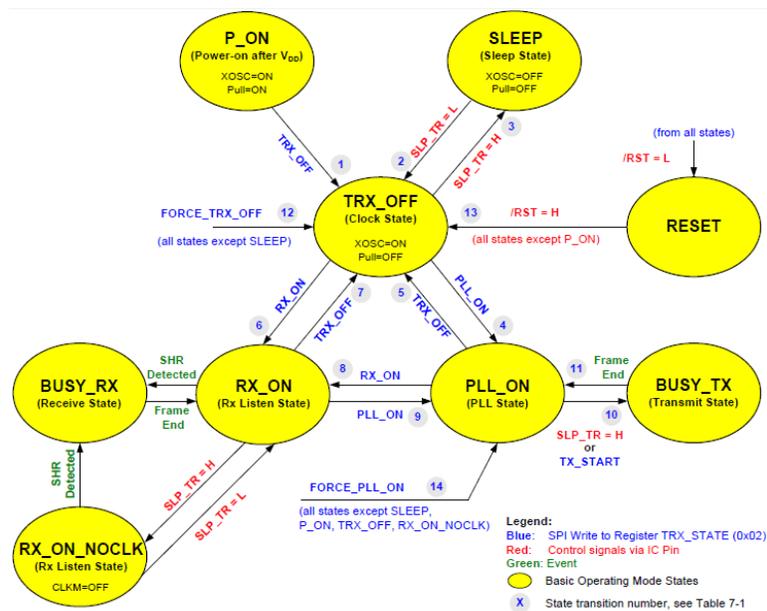


Fig 6. State chart for the Atmel AT86RF231 on the GINA chipset

Once debugged, the result of all these improvements was dramatic. While originally the GINA consumed 18mA consistently, it now used only 30uA most of the time. When the radio turned on, current jumped back up to about 10mA but only for short bursts less than 10ms.

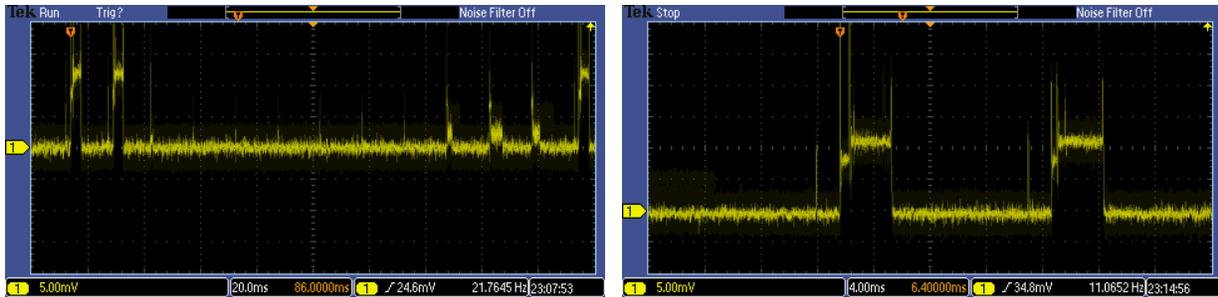


Fig 7. Current draw for the low-power mote. The left image shows a full 9-slot schedule. The right image shows the two slots in which the radio is used.

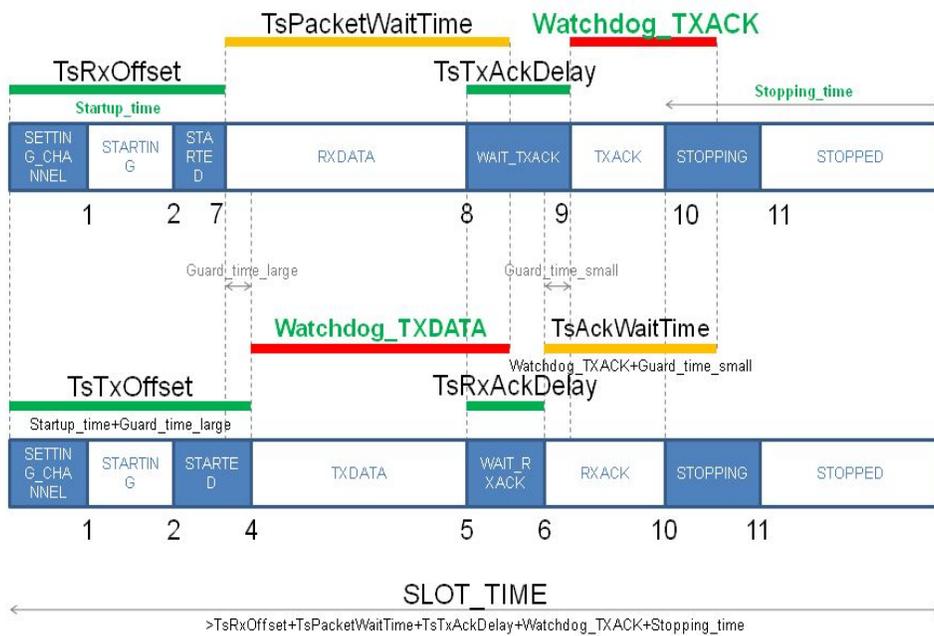


Fig 8. A typical slot schedule showing the times when the radio must be on (RX and TX). (Courtesy OpenWSN)

Further improvement was made to the schedule. The default schedule has 9 slots, two of which turn on the radio. These are the advertisement and ALOHA slots. Our data transfer requirements are extremely modest so we were able to adjust the schedule and insert more empty slots during which the radio would be turned off. At first there was a short limit to how many

slots could be fit because of how the schedule was saved. Each slot was represented by a memory hungry object in an array as long as the number of slots in the superframe. This was later fixed by implementing a linked list so that empty slots could be inserted with little cost to memory.

Slots per Frame	Average Current
9	660uA
20	320uA
100	100uA
200	68uA

Table 1. Current draw depending on the choice of superframe length

In the end we were able to power our GINA mote using our non-contact transformer inserted around one of the prongs of the plug. The transformer was a donut shaped piece of mu-metal with 500 turns of magnet wire. Its output was connected to a Cockcroft–Walton generator which powered the GINA. We had to run about 10 amps of current to get enough power, and the GINA still required a jump-start with a battery because when it is first turned on, it needs to keep the radio on in order to connect to the network. But once its connection to the network was established, the battery could be removed and the board would run indefinitely.

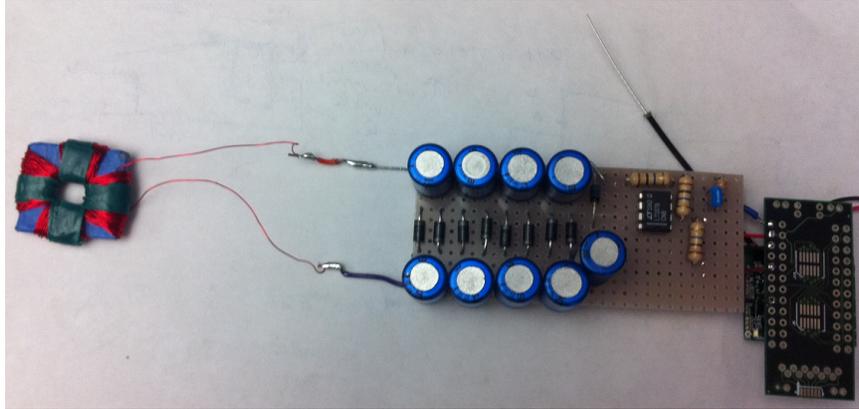


Fig 9. Our energy harvesting circuit. The plug fits through the transformer on the left. The Cockcroft-Walton generator is in the middle and the GINA is on the right.

## Handling Packets

Once we read from the sensor and send our packet over the network, it needs to be handled by our network hub. The hub is connected to a computer by a serial port and when it receives a packet, it writes the packet info to the port. Originally we had the idea to listen to the port and handle this serial data ourselves, but later we came up with a better idea. There was already software, called OpenVisualizer, written to listen to the port and forward packets towards their final IPv6 destination. All that we had to do was set up a program to receive these packets and send the power use data to a website that graphs it. This graph could then be displayed on any computer or smartphone.

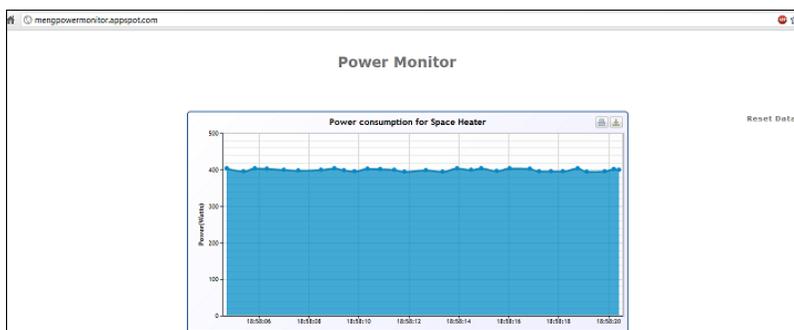


Fig 10. Our website displaying live data from one of the power monitors

## Circuit Board Design

One other task I was charged with was designing circuit boards for our prototypes. There were two designs. The first design was ordered from ExpressPCB online. The second came from a shop in Oakland called Boardworks that was able to do a rush order over the weekend.

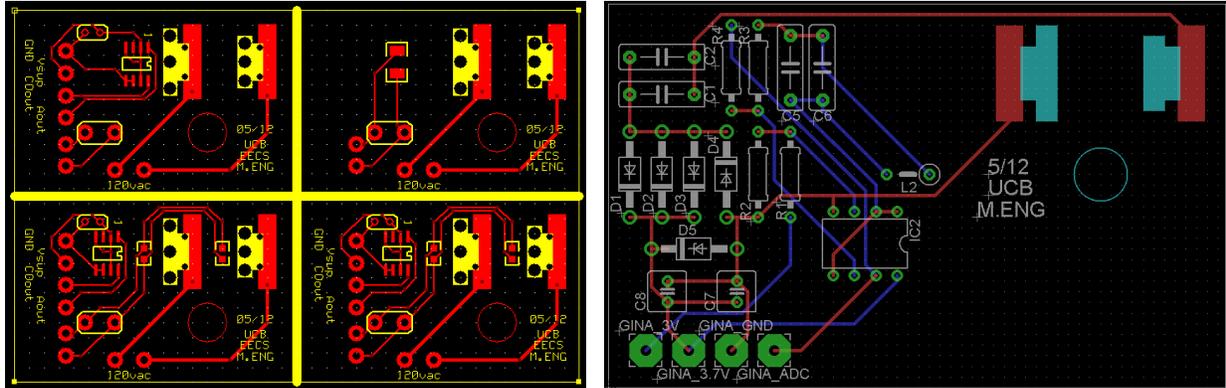


Fig 11. Our prototype boards. The left board has pins for a variety of sensors. The right board implements a power supply to take the voltage from mains power and power GINA. Both boards have output pins to GINA and slots for the plug to fit through. Pads for brushes are just next to the slots.

## Suggestions for Further Work

We were quite pleased with how the power requirements of GINA dropped, but there was still this issue that GINA could not be started up without a boost of energy. The one unavoidable power drain during start-up is the radio, as it must listen for advertisements before it can sync its clock and connect to the network.

There may be a way to connect with a lower duty cycle at the expense of a swift connection. If the radio listens only 1% of the time, it should take 100 superframes to connect but it could run on more meager power.

In forwarding our packets to the website, there were many unnecessary steps. The path went as follows: GINA hub to OpenVisualizer to LBR (a server running off-site) to another laptop running a python script and finally to the website to display data. OpenVisualizer could be altered to send packets directly to that website.

For a proof of concept, these issues were not terribly significant, but if this design is to be developed further, the above issues should be addressed.

## **Conclusion**

In conclusion, we designed and built devices to monitor electrical plug level power use. These devices fit in between the plug and the wall and were powered either by directly contacting the prongs of the plug or by inductive coupling to the current flow through one of the prongs. We set up a network protocol called OpenWSN to connect two leaf nodes to a hub and were able to measure the power being used, send that data as a packet over our network and then into the internet where it finally reached a website that plotted the data with a delay on the order of a few seconds.



Fig 12. Our contact plug-through power monitor. A plug fits through the holes on the top right.

## **Acknowledgements**

I would like to thank Fabian Chraim and Xavier Vilajosana for the many hours they spent teaching me how to program GINA and fix whatever bugs I encountered; Branko Kerkez for helping me handle data from the sink to the internet; and Thomas Watteyne and the rest of the OpenWSN team for offering me help whenever I went to their meetings.

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## Appendix - Example Code

Setting up the ADC:

```
// SHT0_0 and SHT1_0: Sample-and-hold time is 4 ADC12CLK cycles
// MSC: Multiple sample and conversion: sample-and-conversions
// performed automatically
// ADC12ON: ADC12 on
ADC12CTL0 = SHT0_0 + SHT1_0 + MSC + ADC12ON;

// CSTARTADD_0: Conversion start address is 0
// SHP: Sample-and-hold pulse-mode select, sourced from the sampling
// timer
// CONSEQ_1: Conversion sequence mode select, Sequence-of-channels
// ADC12SSEL_1: ADC Clock Source (32kHz crystal, 31.25us)
// ADC12DIV_1: ADC Clock Divider is 2
ADC12CTL1 = CSTARTADD_0 + SHP + CONSEQ_1 + ADC12SSEL_1 + ADC12DIV_1;

ADC12MCTL0 = INCH_0; // ADC12MCTL0 <- P6.0 = open ADC
ADC12MCTL1 = INCH_0;
ADC12MCTL2 = INCH_0;
ADC12MCTL3 = INCH_0;
ADC12MCTL4 = INCH_0;
ADC12MCTL5 = INCH_0;
ADC12MCTL6 = INCH_0;
ADC12MCTL7 = INCH_0;
ADC12MCTL8 = INCH_0;
ADC12MCTL9 = INCH_0;
ADC12MCTL10 = INCH_0;
ADC12MCTL11 = INCH_0;
ADC12MCTL12 = INCH_0;
ADC12MCTL13 = INCH_0;
ADC12MCTL14 = INCH_0;
ADC12MCTL15 = INCH_0 + EOS; // End of Sequence
```

Writing to the packet:

```
for (i=0;i<N_SAMPLES;i++) {
    pkt->payload[2*i] = (adc_samples[i]>>8)&0xff;
    pkt->payload[2*i+1] = (adc_samples[i]>>0)&0xff;
}
```

Turning off unnecessary components:

```
//first initialize them
gyro_init();
large_range_accel_init();
magnetometer_init();
//sensitive_accel_temperature_init(); //Does not need init

//then turn them off
gyro_disable();
```

```
large_range_accel_disable();
magnetometer_disable();
sensitive_accel_temperature_disable();
radio_rfOff(); // Initialized elsewhere
```

#### Turning on the radio:

```
void radio_rfOn() {
    if (radio_vars.state == RADIOSTATE_RFOFF) {
        PORT_PIN_RADIO_SLP_TR_CNTL_LOW(); //SLP_TR = L, end radio sleep
        while((radio_spiReadReg(RG_TRX_STATUS) & 0x1F) != TRX_OFF); //
        Wait for awake
    }
}
```

#### Turning off the radio:

```
void radio_rfOff() {
    int reg = (radio_spiReadReg(RG_TRX_STATUS) & 0x1F);
    if ((radio_vars.state != RADIOSTATE_RFOFF) && (reg != SLEEP) &&
        (reg != P_ON))
    {
        radio_vars.state = RADIOSTATE_TURNING_OFF;
        radio_spiReadReg(RG_TRX_STATUS);
        // turn radio off
        radio_spiWriteReg(RG_TRX_STATE, CMD_FORCE_TRX_OFF);

        while((radio_spiReadReg(RG_TRX_STATUS) & 0x1F) != TRX_OFF); //
        busy wait until done

        PORT_PIN_RADIO_SLP_TR_CNTL_HIGH(); //SLP_TR = H, radio sleep, In
        SLEEP state register not accessible
        leds_radio_off();

        // change state
        radio_vars.state = RADIOSTATE_RFOFF;
    }
}
```